

FOODS & NUTRITION 3351A
CLINICAL NUTRITION I

COURSE OUTLINE

COURSE DIRECTORS:

- Dr. Janet Madill, Ph.D., R.D. (Section 530)
Office hours: TBA
St James Building, room 181, Tel: 432-8353 ext 28240 Email: jmadill7@uwo.ca

- Dr. Colleen Gobert, Ph.D., R.D. (Sections 531 and 532)
Office hours: Monday 2:30-3:30PM; Wednesday 10-11AM
Ursuline Hall, MRW RM 151.
Tel.: 519-432-8353 ext.28249. Email: cgobert@uwo.ca

COURSE DESCRIPTION:

Introduction to therapeutic nutritional care/service, modifications of normal diet to meet special nutritional needs, menu planning; documentation of nutritional care.

CLASS SCHEDULE: (3 lecture hours, half-course)

Sec 530 (Dr. Madill): Monday, 11:30AM-2:30PM; Rm. 304 – St. James
Sec 531 (Dr. Gobert): Wednesday, 12:30PM-3:30PM; Rm. 19 – St. James
Sec 532 (Dr. Gobert): Tuesday, 8:30AM-11:30AM; Rm. 30 – Ursuline Hall

PREREQUISITE: Foods and Nutrition 2241a/b, or the former Foods and Nutrition 2235a/b.

CO- or PREREQUISITE: Foods and Nutrition 3344a/b

ANTIREQUISITE: The former Foods and Nutrition 451.

OBJECTIVES: At the end of the course, the students will be able to:

1. Demonstrate an understanding of the role of the Foods and Nutrition Services in nutrition management of patients/clients.
2. Demonstrate nutritional interviewing and counseling skills. Identify the nutritional implications of age, economics, physiological and sociocultural characteristics of patients/clients.
3. Assess the quantity and quality of food available to individuals in hospitals, as well as develop an understanding of normal and therapeutic/modified diets.

4. Assess and monitor the nutritional status and needs that hospitalized patients have using appropriate tools and pertinent medical terminology. Be aware of the nutritional implications of drug-nutrient interactions.
5. Use the principles involved in planning and implementing nutrition care, including those necessary for the interpretation of nutrition data, the recommendation of appropriate diet orders and the implementation of physicians' orders.
6. Recognize the principles involved in menu planning for optimum nutrition of individuals in the disease state, including the use of a software program in menu analysis and control.
7. Interpret nutritional prescriptions and translate standard therapeutic diet guidelines into daily food selections. Exhibit knowledge about commercial supplements.
8. Recognize the influence of the psychological, political, social, cultural and economic factors on food consumption, including food habits and preferences, in counseling modified diets.
9. Respect the ethics as applied to personal and professional behavior, especially the confidentiality in patient care management.
10. Develop critical thinking, teamwork and oral communication skills.

FORMAT:

- Three hours of lecture per week, plus supplementary readings and exercises assigned.
- Students will be graded on written assignments (e.g. case study), two exams, and class participation.
- An interactive approach to learning will include individual and group work, patient case studies requiring menu revisions, class discussions, and role-playing.
- Emphasis will be placed on the mechanics involved and skills required to put theory into practice. Please bring a calculator to every lecture.

REQUIRED TEXTS:

- Nelms, M., K.P. Sucher, K. Lacey and S.L. Roth. 2011. Nutrition Therapy & Pathophysiology. 2nd edition. Wadsworth, Belmont, California.
- Pagana, K.D., and T.J. Pagana. 2011. Mosby's Diagnostic and Laboratory Test Reference. 10th edition. Elsevier Mosby, St. Louis, Missouri.
- Recent pocket size medical dictionary, such as the Stedman's Medical Dictionary for The Health Professions and Nursing (6th Edition, 2008) from Lippincott, Williams & Wilkins.
- Steinecke, R. and College of Dietitians of Ontario. 2008. The Jurisprudence Handbook for Dietitians in Ontario. 2nd Edition. The College of Dietitians of Ontario, Toronto, Ontario. (This document is available for consultation online at <http://www.cdo.on.ca>).

- College of Dietitians of Ontario. 2004. Record Keeping Guidelines for Registered Dietitians. College of Dietitians of Ontario, Toronto, Ontario. (This document is available for consultation online at <http://www.cdo.on.ca>).
- Canadian Diabetes Association. 2008. Canadian Diabetes Association 2008 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada. *Canadian Journal of Diabetes* 32 (Supplement 1), September 2008. (This document is available for consultation online at <http://www.diabetes.ca> and can be purchased from the Canadian Diabetes Association at 1-800-BANTING or through their Web site).
- Canadian Diabetes Association. 2005. “Beyond the Basics: Meal Planning for Healthy Eating, Diabetes Prevention and Management.” (poster resource). Canadian Diabetes Association, Toronto, Ontario.
- Health Canada. 2008. Nutrient Value of Some Common Foods. Minister of Health Canada, Ottawa, Ontario. (This document is available for consultation online at <http://www.healthcanada.gc.ca/cnf> and can you can request a copy by phone at 1-866-225-0709 or by emailing publications@hc-sc.gc.ca)

OTHER RECOMMENDED REFERENCES:

- American Dietetic Association and Dietitians of Canada. 2000. Manual of Clinical Dietetics. 6th edition, American Dietetic Association, Chicago, Illinois.
- American Dietetic Association. 2008. Pocket Guide for International Dietetics & Nutrition Terminology (IDNT) Reference Manual: Standardized Language for the Nutrition Care Process. American Dietetic Association, Chicago, Illinois.
- American Dietetic Association. 2006. Nutrition Diagnosis: A Critical Step in the Nutrition Care Process. American Dietetic Association, Chicago, Illinois.
- American Dietetic Association. 2003. Pediatric Manual of Clinical Dietetics. 2nd edition, American Dietetic Association, Chicago, Illinois.
- American Dietetic Association. ADA Nutrition Care Manual. Online resource (<http://www.eatright.org>).
- Bauer, K. and C. Sokolik. 2002. Basic Nutrition Skill Development. Wadsworth / Thomson Learning, Belmont, CA.
- Belton, A.B. and N. Simpson. 2003. The How To of Patient Education. R.J+Associates, Streetsville, Ontario.
- Brown, J.E. 2005. Nutrition Now. 4th edition. Wadsworth Publishing, Thompson Learning, Belmont, CA.

- Canadian Pharmacists Association. 2008. Compendium of Pharmaceuticals and Specialties. The Canadian Drug Reference for Health Professionals. 43rd edition, Canadian Pharmacists Association, Ottawa, Ontario.
- Canadian Public Health Association. 1998. Easy Does It! Plain Language and Clear Verbal Communication. Training Manual. Canadian Public Health Association, Ottawa, Ontario.
- Cataldo, C.B., L.K. DeBruyne, and E.N. Whitney. 2003. Nutrition and Diet Therapy: Principles and Practice. 6th edition. Thomson Brooks/Cole, Thomson/Nelson, Belmont, CA.
- Charney, P. and A. Malone. 2009. ADA Pocket Guide to Nutrition Assessment. 2nd edition. American Dietetic Association, Chicago, Illinois.
- Coulston, A.M., C.L. Rock, and E.R. Mosen. 2001. Nutrition in the Prevention and Treatment of Disease. Academic Press, Elsevier, San Diego, CA.
- Dahl, W.J. and Dietitians of Canada. 2004. Texture-Modified Foods: A Manual for Food Production for Long Term Care Facilities. Dietitians of Canada, Toronto, Ontario.
- DeBruyne, L.K., E.N. Whitney and K. Pinna. 2008. Nutrition and Diet Therapy. 7th edition. Wadsworth/Thomson Learning Publishing Company, Toronto, Ontario.
- Diabetes Care and Education Dietetic Practice Group, T.A. Ross, J.L. Boucher and B.S. O'Connell. 2005. American Dietetic Association Guide to Diabetes Medical Nutrition Therapy and Education. American Dietetic Association, Chicago, Illinois.
- Dietitians of Canada. PEN: Practice-based Evidence in Nutrition. Online resource. (<http://www.dietitians.ca>).
- Escott-Stump, S. 2008. Nutrition and Diagnosis-Related Care. 6th edition, Lippincott, Williams and Wilkins, Baltimore, Maryland.
- Fodor, G.F., J.J. Frohlich, J.J.G. Genest Jr. and P.R. McPherson. 2000. "Recommendations for the management and treatment of dyslipidemia. Report of the Working Group on Hypercholesterolemia and Other Dyslipidemias." *Canadian Medical Association Journal* 162 (10), 1441-1447.
- Foster, G.D. and C.A. Nonas, Editors. 2004. Managing Obesity: A Clinical Guide. American Dietetic Association, Chicago, Illinois.
- Gable, J. 1997. Counselling Skills for Dietitians. Blackwell Science Inc., Malden, MA.
- Genest, J., J. Frohlich, G. Fodor and R. McPherson (The Working Group on Hypercholesterolemia and other Dyslipidemias). 2003. "Recommendations for the management of dyslipidemia and the prevention of cardiovascular disease: 2003 update." *Canadian Medical Association Journal* 168 (9), 921-924. (available online)

- Gibson, S. 2005. Principles of Nutrition Assessment. 2nd edition. Oxford University Press, New York, New York.
- Grodner, M., S. Long, and S. DeYoung. 2004. Foundations and Clinical Applications of Nutrition: A Nursing Approach, 3rd edition. Mosby, Elsevier, St. Louis, Missouri.
- Harris-Davis, E. and B. Haughton. 2000. "Model for multicultural nutrition counseling competencies." *Journal of the American Dietetic Association* 100 (10) 1178-1185.
- Health Canada. 2007. Eating Well with Canada's Food Guide. A Resource for Educators and Communicators. Health Canada, Ottawa, Ontario.
- Hogan, M.A. and D. Wane. 2003. Nutrition & Diet Therapy Reviews & Rationales. Prentice Hall, Pearson Education, Upper Saddle River, N.J.
- Holli, B.B. and R.J. Calabrese. 2003. Communication and Education Skills for Dietetic Professionals. 4th edition. Lippincott, Williams and Wilkins, Baltimore, Maryland.
- Institute of Medicine of the National Academies. 1997. Dietary Reference Intakes for Calcium, Phosphorus, Magnesium, Vitamin D, and Fluoride. The National Academies Press, Washington, D.C. (and other DRI publications available for consultation at <http://www.nap.edu>)
- Institute of Medicine of the National Academies. 1998. Dietary Reference Intakes: Proposed Definition and Plan for Review of Dietary Antioxidants and Related Compounds. The National Academies Press, Washington, D.C.
- Institute of Medicine of the National Academies. 2000a. Dietary Reference Intakes for Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Pantothenic Acid, Biotin, and Choline. The National Academies Press, Washington, D.C.
- Institute of Medicine of the National Academies. 2000b. Dietary Reference Intakes: Applications in Dietary Assessment. The National Academies Press, Washington, D.C.
- Institute of Medicine of the National Academies. 2000c. Dietary Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids. The National Academies Press, Washington, D.C.
- Institute of Medicine of the National Academies. 2001a. Dietary Reference Intakes: Proposed Definition of Dietary Fiber. The National Academies Press, Washington, D.C.
- Institute of Medicine of the National Academies. 2001b. Dietary Reference Intakes for Vitamin A, Vitamin K, Arsenic, Boron, Chromium, Copper, Iodine, Iron, Manganese, Molybdenum, Nickel, Silicon, Vanadium, and Zinc. The National Academies Press, Washington, D.C.
- Institute of Medicine of the National Academies. 2003a. Dietary Reference Intakes: Applications in Dietary Planning. The National Academies Press, Washington, D.C.

- Institute of Medicine of the National Academies. 2003b. Dietary Reference Intakes: Guiding Principles for Nutrition Labeling and Fortification. The National Academies Press, Washington, D.C.
- Institute of Medicine of the National Academies. 2004. Dietary Reference Intakes: Water, Potassium, Sodium, Chloride, and Sulfate. Prepublication copy, The National Academies Press, Washington, D.C.
- Institute of Medicine of the National Academies. 2005. Dietary Reference Intakes: Energy, Carbohydrate, Fiber, Fat, Fatty Acids, Cholesterol, Protein, and Amino Acids (Macronutrients). The National Academies Press, Washington, D.C.
- Institute of Medicine of the National Academies Committee on the Scientific Evaluation of Dietary Reference Intakes. 2006. Dietary Reference Intakes: The Essential Reference for Dietary Planning and Assessment. The National Academies Press, Washington, D.C.
- Kasper, D., E. Braunwald, A. Fauci, S. Hauser, D. Longo and J. Jameson. 2005. Harrison's Principles of Internal Medicine. Vol. 1 & 2. 16th edition, McGraw-Hill Ryerson, Toronto, Ontario.
- Kettenbach, G. 2004. Writing S.O.A.P. Notes. 3rd edition, F.A. Davis Company, Philadelphia, PA.
- Lau, D.C.W., J.D. Douketis, K.M. Morrison, I.M. Hramiak, A.M. Sharma, E. Ur, for the members of the Obesity Canada Clinical Practice Guidelines Expert Panel. 2007. "2006 Canadian clinical practice guidelines on the management and prevention of obesity in adults and children." *Canadian Medical Association Journal* 176 (8 Suppl.), 1-117. (available online at www.cmaj.ca)
- Lutz, C.A. and K.R. Przytulski. 2006. Nutrition and Diet Therapy: Evidence-Based Applications. 4th edition. F.A. Davis Company, Philadelphia, PA.
- Lysen, L.K. 2006. Quick Reference to Clinical Dietetics. 2nd edition. Jones and Bartlett Publishers, Sudbury, MA.
- Mahan, L.K. and S. Escott-Stump, Editors. 2012. Krause's Food and the Nutrition Care Process. 13th edition. W.B. Saunders Company, Philadelphia, PA.
- Martin, K.M. 2002. "Tomorrow's Challenges – Today's Realities: Making the Leap." *Canadian Journal of Dietetic Practice and Research* 63 (3), 134-139.
- McPherson, R., J. Frohlich, G. Fodor and J. Genest. 2006. "Canadian Cardiovascular Society position statement – Recommendations for the diagnosis and treatment of dyslipidemia and prevention of cardiovascular disease." *Canadian Journal of Cardiology* 22 (11), 913-927.
- Moore, M.C. 2005. Pocket Guide to Nutritional Assessment and Care. 5th edition. Mosby Inc., Elsevier Science, St. Louis, Missouri.

- Nix, S. 2009. Williams' Basic Nutrition & Diet Therapy. 13th edition. Mosby Inc., Elsevier Science, St. Louis, Missouri.
- Peckenpaugh, N.J. 2010. Nutrition Essentials and Diet Therapy. 11th edition. Saunders Elsevier, St. Louis, Missouri.
- Pennington, J.A.T. and J. Spungen Douglass. 2005. Bowes & Church's Food Values of Portions Commonly Used. 18th edition. Lippincott, Williams and Wilkins, Baltimore, MD.
- Puckett, R.P. and S.E. Danks. 2002. Nutrition, Diet Modifications and Meal Patterns. 3rd edition. Kendall/Hunt Publishing Company, Dubuque, Iowa.
- Rodwell Williams, S. 2001. Basic Nutrition & Diet Therapy. 11th edition. Mosby/Elsevier Science, St. Louis, Missouri.
- Rodwell Williams, S. and E. Schlenker. 2003. Essentials of Nutrition and Diet Therapy. 8th edition. Mosby, Elsevier, St. Louis, Missouri.
- Roblin, L. 2002. "Preventing Type 2 Diabetes – A National Priority. Part 1 – Incidence and prevalence of diabetes and contributing lifestyle trends" *National Institute of Nutrition Review* 32, 1-8.
- Rolfes, S.R., K. Pinna, and E.N. Whitney. 2006. Understanding Normal and Clinical Nutrition. 7th edition. Wadsworth Publishing, Thompson Learning, Belmont, CA.
- Shils, M.E., M. Shike, A.C. Ross, B. Caballero, and R.J. Cousins, Editors. 2006. Modern Nutrition in Health and Disease. 10th edition, Lippincott, Williams & Wilkins, New York, New York.
- Singh, H., S. Case and D.R. Duerksen. 2003. "An update on celiac disease and the gluten-free diet." *Clinical Nutrition Rounds* 3 (8) 1-6.
- Sizer, F. and E. Whitney. 2005. Nutrition Concepts and Controversies. 10th edition. Wadsworth Publishing, Thompson Learning, Belmont, CA.
- Snetselaar, L. 2006. Nutrition Counseling for Lifestyle Change. CRC Press, New York, NY.
- Stewart, M, J.B. Brown, W.W. Weston, I.R. McWhinney, C.L. McWilliam and T.R. Freeman. 2003. Patient-Centered Medicine Transforming the Clinical Method. 2nd edition. Radcliffe Medical Press, Abingdon, Oxon, United Kingdom.
- Thompson, J. and M. Manore. 2006. Nutrition: An Applied Approach. Pearson Education Inc., Benjamin Cummings, San Francisco, CA.
- Thompson, T. 2006. Celiac Disease Nutrition Guide. 2nd edition. American Dietetic Association, Chicago, Illinois.

- Tierney Jr., L.M., S.J. McPhee and M.A. Papadakis. 2008. Current Medical Diagnosis and Treatment. 47th edition. Lange Medical Books / McGraw-Hill, Toronto, Ontario.
- Wardlaw, G.M. and A.M. Smith. 2007. Contemporary Nutrition. 6th edition. McGraw-Hill Ryerson Ltd, New York, NY.
- Weight Management Dietetic Practice Group, C.K. Biesemeier and J.Garland. 2009. ADA pocket guide to bariatric surgery. The American Dietetic Association, Chicago, Illinois.
- Whitney, E.N., L.K. DeBruyne, K. Pinna and S.R. Rolfes. 2007. Nutrition for Health and Health Care. 3rd Edition. Wadsworth/Thomson Learning Publishing Company, Toronto, Ontario.
- Woolsey, M.M. 2002. Eating Disorders. A Clinical Guide to Counseling and Treatment. The American Dietetic Association, Chicago, Illinois.
- Yamada, T., D.H. Alpers, N. Kaplowitz, L. Laine, C. Owyang, and D.W. Powell, Editors. 2003. Textbook of Gastroenterology. Vol. 1 and 2. 4th edition. Lippincott Williams & Wilkins, Baltimore, MD.
- Yamada, T., D.H. Alpers, A.N. Kalloo, N. Kaplowitz, C. Owyang and D.W. Powell. 2009. Atlas of Gastroenterology. 4th edition. Willey-Blackwell, Toronto, Ontario.
- Yamada, T., W.L. Hasler, J.M. Inadomi, M.A. Anderson, and R.S. Brown Jr., Editors. 2005. Handbook of Gastroenterology. 2nd edition. Lippincott Williams & Wilkins, Baltimore, MD.
- Zgola, J., and G. Bordillon. 2001. Bon appetit!: the joy of dining in long-term care. Health Professions Press, Baltimore, Maryland.

Note: Other interesting references are also available at the Brescia University College library. You are strongly encouraged to consult them. Many of these books will be mentioned throughout the course lectures. A copy of the texts assigned for reading will be placed on library reserve for consultation.

DEPARTMENTAL POLICIES:

Participation/Attendance: Everyone enrolled in the course is expected to participate in class discussions. Attendance at class is mandatory. Students who have not attended at least 75% of the lectures will not be able to write the final exam.

Penalty for late assignments: Assignments are due at class time on the date specified. There will be a deduction of 20% of the value of the assignment for late submission. NO assignment will be accepted one (1) week after due date.

Special examination: NO special examination will be given for a student who has missed a scheduled examination except in cases with proper documentation to show a confirmed personal illness or a death in the student's immediate family.

Note: Participation and attendance in this course are evaluated through in-class assignments. For this reason, missed in-class assignments will not be re-scheduled. However, a student with proper documentation of a confirmed personal illness or a death in the student's immediate family will be excused.

Up to 10% of marks on each assignment and examination can be deducted for lack of proper English communication skills, including errors in spelling or grammar.

SPECIFIC COURSE POLICIES:

For mark components of 9% or less: The student has to request accommodation from the academic counselors for both medical & non-medical reasons with proper documentation.

EVALUATION:

• In-class assignments Two of the small problem-based assignments given throughout the course lectures will be marked. They will involve small group work.	10%
• Mid-term exam This exam will include the material covered in class and the assigned readings and exercises.	35%
• Case study assignment This group assignment will include a written report.	20%
• Final exam This exam will include material covered in class and the assigned reading and exercises after the mid-term exam.	35%
	<hr/> 100%

TENTATIVE SCHEDULE OF LECTURES AND TOPICS:

Lecture 1: Week of September 9-13 (full lecture)

- Course outline
- Overview of clinical nutrition departments
- Role of the Registered Dietitian
- Role of the Dietetic Technician
- Food in the hospital: regular and modified diets
- Explanation of the case study assignment

Lecture 2: Week of September 16-20

- Nutrition care process and standardized language

- Medical nutrition diagnosis
- Nutrition care plan
- Medical record
- Charting
- Interdisciplinary health care team
- Code of ethics and quality of health care
- Scope of practice, privacy and confidentiality

Lecture 3: Week of September 23-27

- Nutritional and dietary assessment
- Nutrition education and counseling
- Drug-nutrient interactions
- Factors affecting food intake

Lecture 4: Week of September 30-October 4

- Diets for Dysphagia

Lecture 5: Week of October 7-11

- Liquid diets
- Oral nutritional supplements and enteral formulas
- High-energy, high-protein diet
- Fat-restricted diet
- Long-chain-triglyceride-restricted, medium-chain-triglyceride diet

Lecture 6: Week of October 14-18

- **NO CLASS DUE TO THANKSGIVING HOLIDAY**
- Independent study week to work on group projects

Lecture 7: Week of October 21-25

- Obesity and weight management
- Metabolic Syndrome
- Eating disorders

**MID-TERM EXAM in the Auditorium for all sections Saturday, October 26th,
9:00am-12:00pm.**

- **Covering weeks 1 to 7 inclusively**

Lecture 8: Week of October 28-November 1

- Nutrition management of Diabetes Mellitus

Lecture 9 Week of November 4-8

- Nutrition management of Diabetes Mellitus continued
- Hands-on carbohydrate counting and menu planning

Lecture 10: Week of November 11-15

- Food intolerances and allergies
- Celiac disease and the gluten-free diet
- Lactose-controlled diet

Lecture 11: Week of November 18-22

- Nutrition management of cardiovascular disease and hyperlipidemias
- Fiber-restricted diet
- High-fiber diet

Lecture 12: Week of November 25-29

- Nutrition management of renal disease
- Protein-restricted diet
- Fluid-restricted diet
- Sodium-restricted diets
- Phosphorus-restricted diet
- Other modified mineral diets

Lecture 13: Week of December 2-6

- Commercial Nutrition Supplements and Formulas – GUEST SPEAKER

FINAL EXAM

- Please see final exam schedule (Examination period: December 8-19).

BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

1. POLICY REGARDING MAKEUP EXAMS AND EXTENSIONS OF DEADLINES

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation. Academic accommodation on medical grounds will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete her academic responsibilities. Appropriate academic accommodation will be determined by the Dean's Office in consultation with the student's instructor(s). Please note that personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are not grounds for academic accommodation.

A UWO Student Medical Certificate (SMC) is **required** if a student is seeking academic accommodation on medical grounds. This documentation should be obtained at the time of the initial consultation with the physician/nurse practitioner or walk-in clinic. A SMC can be downloaded under the Medical Documentation heading of the following website: <https://studentservices.uwo.ca/secure/index.cfm> . If it is not possible to have an SMC completed by the attending physician/nurse practitioner, the student must request documentation sufficient to demonstrate that her ability to meet academic responsibilities was seriously affected. Please note that under University Senate regulations documentation stating simply that the student "was seen for a medical reason" or "was ill" is **not** adequate to support a request for academic accommodation. All documentation is to be submitted to an Academic Advisor.

Whenever possible, requests for academic accommodation should be initiated in advance of due dates, examination dates, etc. Students must follow up with their professors and Academic Advisor in a timely manner.

The full statement of University policy regarding extensions of deadlines or makeup exams can be found at <http://www.westerncalendar.uwo.ca/2013/pg117.html>

2. ACADEMIC CONCERNS

If you feel that you have a medical or personal problem that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds may not be considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult an Academic Advisor. If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines (refer to the Registrar's website, www.registrar.uwo.ca, for official dates). You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

The Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory.

3. ABSENCES

Short Absences: If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

Extended Absences: If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work and arrange academic accommodations, if appropriate.

4. POLICY ON CHEATING & ACADEMIC MISCONDUCT

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Students are urged to read the section on Scholastic Offences in the Academic Calendar. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Academic Misconduct in the Western Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Student Services Centre, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

Plagiarism:

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar).

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the

service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

Computer-marked Tests/exams:

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal signed by the student must be sent to the Department Chair. If the response of the department is considered unsatisfactory to the student, she may then submit a signed, written appeal to the Office of the Dean. Only after receiving a final decision from the Dean may a student appeal to the Senate Review Board Academic. A Guide to Appeals is available from the Ombudsperson's Office, or you can consult an Academic Advisor. Students are advised to consult the section on Academic Rights and Responsibilities in the Western Academic Calendar.

6. PREREQUISITES AND ANTIREQUISITES

Unless you have either the prerequisites for a course or written special permission from your Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

Similarly, you will also be deleted from a class list if you have previously taken an antirequisite course unless this has the approval of the Dean. These decisions may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course because you have taken an antirequisite course.

7. SUPPORT SERVICES

The Brescia University College Registrar's website, with a link to Academic Advisors, is at http://www.brescia.uwo.ca/academics/registrar_services/index.html. The Western Registrar's website is at <http://www.registrar.uwo.ca/index.cfm>. The website for the Student Development Centre at Western is at <http://www.sdc.uwo.ca/>. Students who are in emotional/mental distress should refer to Mental Health @ Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.

Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.