

## **Communications (Human Ecology 2266G (536))**

### **CONTACT INFORMATION**

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### **CLASS INFORMATION**

Lecture 536: W 5:30-7:30, BR 204  
Lab 537: T 5:30-7:30, MRW 153  
Lab 538: T 7:30-9:30, MRW 153

### **COURSE DESCRIPTION**

A social-psychological analysis of communication theory in the context of interpersonal, small-group and large-group dynamics. Group exercises to improve communication skills and to stimulate discussion. Assignments and laboratories to provide an opportunity to prepare and present written and oral information within a professional context.

### **COURSE LEARNING OBJECTIVES**

This course will help students to:

1. Demonstrate knowledge of the communication theories used in human communications, mediated communications, small groups, counseling, and advocacy;
2. Assess communication strengths and weaknesses;
3. Critically evaluate messages to assess the strengths/weaknesses of the appeal;
4. Develop and deliver effective oral, written, and visual communications in a variety of contexts; and
5. Improve their confidence in communicating in a variety of contexts.

### **ANTIREQUISITE(S)**

Management and organizational Studies 2205F/G, Health Sciences 3620A/B.

### **PREREQUISITE (S)**

Registration in the Foods and Nutrition or Nutrition and Families modules (Honors Specialization, Specialization, Major).  
2 lecture hours, 2 laboratory hours, 0.5 course

## **COURSE STRUCTURE AND CONTENT**

Lectures will be integrated with reading materials, visual presentations, individual assignments and group cases or discussions. The laboratory period will provide students with practical experience in presenting information to an audience, and in interviewing clients. Please turn off all electronic devices that are not being used for educational purposes, for the duration of the class/lab.

## **COURSE MATERIALS**

### **Required texts:**

Adler RB, Rodman G, Sévigny, A. *Understanding Human Communication Second Canadian Ed.* Don Mills, ON: Oxford University Press; 2011.

Holli BB and Beto JA. *Nutrition Counseling and Education Skills for Dietetics Professionals* (6<sup>th</sup> Ed). Baltimore, MD: Lippincott Williams & Wilkins; 2014.

### **Readings [Available on OWL/Sakai]:**

Vahabi M. The impact of health communication on health-related decision making: A review of evidence. *Health Comm.* 2007;107(1):27-41.

Hoffmann T, Worrall L. Designing effective written health education materials: Considerations for health professionals. *Disability Rehab.* 2004;26(19):1166-73.

Cohen D. Social Media and Dietetic Practice. *Resume* 2013, Summer: 10-13.

Wiley, E. J., Irwin, J. D., and Morrow, D. Health Care Practitioners' Perceptions of Motivational Interviewing Training for Facilitating Behaviour Change among Patients. *J. Allied Health* 2012;41(3):131-139.

Newnham-Kanas, C., Irwin J.D., Morrow, D., and Battram, D. The quantitative assessment of motivational interviewing using co-active life coaching skills as a treatment for adults struggling with obesity. *Int. Coach. Psych. Rev.*, 2011;6(2):211-225.

## **COURSE REQUIREMENTS**

Lab Assignments	60%
Final Exam	40%

## EVALUATION

### Lab Assignments

There are no labs the first and last week of classes and the week of Thanksgiving. Specific details concerning the lab assignments will be posted on OWL. The 60% grade will be allocated as follows:

Op-Ed submission:	15%
Demonstration:	15%
Nutrition Interview:	15%
Persuasive Presentation:	15%

### Final Exam

The format will be multiple choice and essay. Further details will be provided to the class later in the term.

## ACADEMIC ACCOMMODATION

If, on medical or compassionate grounds, a student is unable to complete a course component worth **10 per cent or greater** of the final course grade, it is the responsibility of the student to consult with an Academic Advisor per Brescia's Academic Policies and Regulations, a summary of which is attached. In all other cases, please approach the instructor in a timely fashion.

## BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

### 1. POLICY REGARDING MAKEUP EXAMS AND EXTENSIONS OF DEADLINES

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation. Academic accommodation on medical grounds will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete her academic responsibilities. Appropriate academic accommodation will be determined by the Dean's Office in consultation with the student's instructor(s). Please note that personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are not grounds for academic accommodation.

A UWO Student Medical Certificate (SMC) is **required** if a student is seeking academic accommodation on medical grounds. This documentation should be obtained at the time of the initial consultation with the physician/nurse practitioner or walk-in clinic. A SMC can be downloaded under the Medical Documentation heading of the following website: <https://studentservices.uwo.ca/secure/index.cfm>. If it is not possible to have an SMC completed by the attending physician/nurse practitioner, the student must request documentation sufficient to demonstrate that her ability to meet academic responsibilities was seriously affected. Please note that under University Senate regulations documentation stating simply that the student “was seen for a medical reason” or “was ill” is **not** adequate to support a request for academic accommodation. All documentation is to be submitted to an Academic Advisor.

Whenever possible, requests for academic accommodation should be initiated in advance of due dates, examination dates, etc. Students must follow up with their professors and Academic Advisor in a timely manner.

The full statement of University policy regarding extensions of deadlines or makeup exams can be found at <http://www.westerncalendar.uwo.ca/2012/pg117.html>

## **2. ACADEMIC CONCERNS**

If you feel that you have a medical or personal problem that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds may not be considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult an Academic Advisor. If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines (refer to the Registrar's website, [www.registrar.uwo.ca](http://www.registrar.uwo.ca), for official dates). You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

The Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory.

## **3. ABSENCES**

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work and arrange academic accommodations, if appropriate.

#### **4. POLICY ON CHEATING & ACADEMIC MISCONDUCT**

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Students are urged to read the section on Scholastic Offences in the Academic Calendar. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Academic Misconduct in the Western Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Student Services Centre, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

#### **Plagiarism:**

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar).

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

#### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score

computermarked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

## **5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS**

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal signed by the student must be sent to the Department Chair. If the response of the department is considered unsatisfactory to the student, she may then submit a signed, written appeal to the Office of the Dean. Only after receiving a final decision from the Dean may a student appeal to the Senate Review Board Academic. A Guide to Appeals is available from the Ombudsperson's Office, or you can consult an Academic Advisor. Students are advised to consult the section on Academic Rights and Responsibilities in the Western Academic Calendar.

## **6. PREREQUISITES AND ANTIREQUISITES**

Unless you have either the prerequisites for a course or written special permission from your Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

Similarly, you will also be deleted from a class list if you have previously taken an antirequisite course unless this has the approval of the Dean. These decisions may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course because you have taken an antirequisite course.

## **7. SUPPORT SERVICES**

The Brescia University College Registrar's website, with a link to Academic Advisors, is at [http://www.brescia.uwo.ca/academics/registrar\\_services/index.html](http://www.brescia.uwo.ca/academics/registrar_services/index.html). The Western Registrar's website is at <http://www.registrar.uwo.ca/index.cfm>. The website for the Student Development Centre at Western is at <http://www.sdc.uwo.ca/>. Students who are in emotional/mental distress should refer to Mental Health @ Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.

Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.