



Neuroscience of Motivation and Emotion

Psychology 3209G, section 530

Dr. John Mitchell

2013-14

COURSE DESCRIPTION

An examination of motivation and emotion from a variety of perspectives. Biological, cognitive, developmental, evolutionary, physiological and social approaches to motivation and emotion may be considered.

Antirequisite(s): Psychology 2280E

Extra Information: 3 lecture/discussion hours, 0.5 course.

COURSE INFORMATION

Instructor: Dr. John Mitchell

Office: BR 221 (Merici Wing)

E-mail: jbmitche@uwo.ca

Tele: Ext. 28116

Office Hours: Wednesday 10:00 – 11:00, Thursday, 1:30 – 2:30, and by appointment.

Classes: Wednesday, 11:30 – 1:30, BR 204
Friday, 11:30 – 12:30, BR 204

Textbook (Required): Deckers, Lambert (2014). *Motivation Biological, Psychological, and Environmental, Fourth Edition*, Pearson Canada.

Course OWL Sakai Site: The course website has a copy of the course outline, contact information, announcements, a list of suggested essay topics, and abbreviated copies of slideshows from class. The posted slideshows are meant to be useful as outlines; they will not substitute for class notes and they will not capture discussion points from class. You will also be able to access your course marks from our website.

LEARNING OBJECTIVES

By the end of this course, students should be able to:

- describe internal and external sources of motivation;
- explain the major theoretical perspectives in the study of motivation;
- explain current understanding of motivational processes involved in addiction and addictive behaviours, homeostasis, drives;
- understand the impact of stress and coping on normal, healthy functioning, including motivational processes;

- explain the involvement of arousal, emotion and mood in motivation and their reciprocal relationship with motivation;
- formulate and support an argument in the field of motivation in a written scholarly essay.

CLASS SCHEDULE

<i>Date</i>	<i>Topic</i>	<i>Reading</i>
Jan 8	Opening Class, Introduction to Motivation	1
10, 15	Evolutionary Antecedents of Motivation	3
17, 22	Addictions and Addictive Behaviours	4
24, 29	Homeostasis	5
31	Behavior, Arousal and Affective Valence	6
Feb. 5	Behavior, Arousal and Affective Valence	6
7	Stress, Coping, and Health	7
12	<i>Midterm</i>	-
14	Stress, Coping, and Health	7
19, 21	<i>Reading Week</i>	-
26	Stress, Coping, and Health	7
28	Drives and Psychological Needs	8
Mar. 5	Drives and Psychological Needs	8
7, 12	Personality and Motivation	9
14, 19	Extrinsic and Intrinsic Motivation	10
21, 26	Emotions and Moods	13
28	Emotions as Motives	14
Apr. 2	Emotions as Motives	14
4	Last Class, Summing up	

Topics will be covered in the order given above. Approximate dates are listed so that you can keep up with the readings. Classes and in-class discussions will highlight certain aspects of each topic and may include material that is not in the text to update and expand upon the topic.

EVALUATION & EXAM SCHEDULE
Mid-term Exam

The Mid-term exam is scheduled for Wednesday February 12th in class. The Mid-term will include questions in several formats, including multiple choice, definition, and short answer.

Questions will be based on material from Chapters 1 and 3 – 6 and the corresponding classes. The Mid-term is worth 30% of your course mark.

Final Exam

The Final exam will be scheduled during the Final Examination Period (Apr 11 - 30). The Final Exam is worth 40% and will be based on the material covered after the Mid-term (i.e., it is not cumulative). As with the Mid-term, the Final Exam will include questions in several formats, including multiple choice, definition, and short answer.

Essay

Students are required to prepare and submit an original, thematic, scholarly essay on a topic in motivation. Each essay must be at least 2,500 words, excluding reference list and other end notes. Essays should be printed using a 12 point font, minimum 2.54 cm (1 inch) margins and should be double spaced or printed at 1.5 line spacing. With a 12 point font such as Times New Roman, 2,500 words is approximately 6 pages with 1.5 line spacing, and approximately 8 pages with double spacing. Reference citations should follow APA guidelines. You **must** include references to academic and scholarly sources, most importantly to research articles published in academic journals. Note that references to general and non-peer reviewed sources (e.g., Wikipedia, general websites) are **not** considered scholarly references.

Your essay must be submitted on or before 4:00 pm Friday March 28th. There is a 5% (1.5 marks out of 30) per day **late penalty** for essays submitted after 4:00 pm on the due date. Note that an essay submitted after 4:00 pm on the due date will be counted as late; the late penalty will be applied. Note that for calculating late penalties, the week-end will count as one day.

A list of potential essay topics is posted on the course website. If you are interested in addressing a topic that is not on that list, please see me. Other essay topics may be permitted, but require my approval to insure that the proposed essay topic falls within the area of the course and that there are sufficient sources to support your essay.

You need to submit a printed copy of your essay and a copy of your essay in electronic format or directly to Turnitin. All essays are entered into an electronic database for electronic checking for plagiarism. You will not receive a mark for your essay unless it is also submitted appropriately in electronic form. Instructions for submitting your essay directly to Turnitin will be posted on the course website and announced in class. Note that you need to submit both a printed copy for evaluation and an electronic copy; I will **not** print electronically submitted essays and use that printout as your essay submission.

Evaluation Summary:

Midterm Exam	30%
Final Exam	40%
Essay (due Mar. 28)	<u>30%</u>
	100%

Please note that grades cannot be adjusted on the basis of need. Your mark in the course will be the mark that you earn. Tests and exams cannot be re-written to obtain a higher mark, essays cannot be revised and resubmitted, and there are no extra credit assignments.

The policies governing requests for academic accommodation are outlined in the Academic Policies

and Regulations section included at the end of the course outline. Please note that all requests for academic accommodation for course components worth 10% or more of the course grade **must** be made through an Academic Advisor. Supporting documentation is required in all cases.

OTHER IMPORTANT DATES

February 1 – March 31, Intent to Register (ITR).

March 7, Last day to drop a second-term half course without academic penalty.

March, 15, Last day to apply for graduation: Spring Convocation.

April 8, Classes end.

April 9 – 10, Study Days.

April 11 – 30, Final examination period. (*Pending review*)

(Any University deadline that falls on a Sat., Sun., or Statutory Holiday will be extended to the next working day.)

BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

1. POLICY REGARDING MAKEUP EXAMS AND EXTENSIONS OF DEADLINES

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation. Academic accommodation on medical grounds will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete her academic responsibilities. Appropriate academic accommodation will be determined by the Dean's Office in consultation with the student's instructor(s). Please note that personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are not grounds for academic accommodation.

A UWO Student Medical Certificate (SMC) is **required** if a student is seeking academic accommodation on medical grounds. This documentation should be obtained at the time of the initial consultation with the physician/nurse practitioner or walk-in clinic. A SMC can be downloaded under the Medical Documentation heading of the following website: <https://studentservices.uwo.ca/secure/index.cfm> . If it is not possible to have an SMC completed by the attending physician/nurse practitioner, the student must request documentation sufficient to demonstrate that her ability to meet academic responsibilities was seriously affected. Please note that under University Senate regulations documentation stating simply that the student "was seen for a medical reason" or "was ill" is **not** adequate to support a request for academic accommodation. All documentation is to be submitted to an Academic Advisor.

Whenever possible, requests for academic accommodation should be initiated in advance of due dates, examination dates, etc. Students must follow up with their professors and Academic Advisor in a timely manner.

The full statement of University policy regarding extensions of deadlines or makeup exams can be found at <http://www.westerncalendar.uwo.ca/2013/pg117.html>

2. ACADEMIC CONCERNS

If you feel that you have a medical or personal problem that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds may not be considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult an Academic Advisor. If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines (refer to the Registrar's website, www.registrar.uwo.ca, for official dates). You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

The Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory.

3. ABSENCES

Short Absences: If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

Extended Absences: If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work and arrange academic accommodations, if appropriate.

4. POLICY ON CHEATING & ACADEMIC MISCONDUCT

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Students are urged to read the section on Scholastic Offences in the Academic Calendar. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Academic Misconduct in the Western Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Student Services Centre, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

Plagiarism:

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar).

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

Computer-marked Tests/exams:

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal signed by the student must be sent to the Department Chair. If the response of the department is considered unsatisfactory to the student, she may then submit a signed, written appeal to the Office of the Dean. Only after receiving a final decision from the Dean may a student appeal to the Senate Review Board Academic. A Guide to Appeals is available from the Ombudsperson's Office, or you can consult an Academic Advisor. Students are advised to consult the section on Academic Rights and Responsibilities in the Western Academic Calendar.

6. PREREQUISITES AND ANTIREQUISITES

Unless you have either the prerequisites for a course or written special permission from your Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

Similarly, you will also be deleted from a class list if you have previously taken an antirequisite course unless this has the approval of the Dean. These decisions may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course because you have taken an antirequisite course.

7. SUPPORT SERVICES

The Brescia University College Registrar's website, with a link to Academic Advisors, is at http://www.brescia.uwo.ca/academics/registrar_services/index.html . The Western Registrar's website is at <http://www.registrar.uwo.ca/index.cfm> . The website for the Student Development Centre at Western is at <http://www.sdc.uwo.ca/> . Students who are in emotional/mental distress should refer to Mental Health @ Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.

Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.