Brescia at a Glance

**FOUNDED:** 1919  
**LOCATED:** London, Ontario, Canada  
**AFFILIATED:** with Western University  
**DEGREES:** granted by Western University  
**STUDENT/FACULTY RATIO:** 14:1

**ENROLMENT:** 1,500 full-time students; 200 part-time  
**ENTRANCE SCHOLARSHIPS:** begin at 80% admission average

Programs

**LEADERSHIP STUDIES**  
**ENGLISH**  
Creativity & Literature

**FAMILY STUDIES & HUMAN DEVELOPMENT**  
Nutrition & Families

**FOODS & NUTRITION**  
Nutrition & Dietetics, Foods & Nutrition

**FRENCH**  
French for Teaching

**HEALTH SCIENCES**

**HISTORY**  
Power in History & Politics

**KINESIOLOGY**

**MANAGEMENT & ORGANIZATIONAL STUDIES**  
Accounting, Consumer Behaviour, Food Management & Marketing, Nonprofit Management

**PHILOSOPHY**

**POLITICAL SCIENCE**  
Power in History & Politics

**PRELIMINARY YEAR (FOUNDATION YEAR)**

**PSYCHOLOGY**

**RELIGIOUS STUDIES**

**SOCIOLOGY**  
Crime & Communities, Criminal Justice, Community Development, Community Development in a Global Context

brescia.uwo.ca  
facebook.com/BresciaUniversityCollege  
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/bresciauc
EMPOWERED. THAT’S HOW BRESCIA WILL MAKE YOU FEEL. FROM YOUR FIRST DAY ON CAMPUS, YOU’LL FEEL A GROUNDSWELL OF SUPPORT. IT WON’T COME IN THE WAY OF HAND-HOLDING—YOU DON’T NEED THAT—BUT IT WILL COME IN THE WAY YOU’RE ASKED: WHAT DO YOU THINK? WHAT WOULD YOU DO? WHAT ARE YOUR DREAMS? HOW CAN I HELP? AT BRESCIA, YOU’LL DISCOVER—AND EMBRACE—YOUR OWN BRAND OF BOLD.

I choose to lead with resilience.

I chose Brescia because my stepmom is an alumna and loved her time here. I felt Brescia would give me opportunities to become the person I want to be: confident, bold, and passionate. I never saw myself as a leader, but I now consider “leader” to be one of my defining attributes. After four years at Brescia, I have a unique set of leadership skills, a wide range of passions, and experiences that I want to share with the world. Through Brescia’s small class sizes and supportive environment, I have the confidence to speak my mind and inspire others. I have learned my opinion and my work matter. My thesis explored how characteristics, such as gender and age, influence the sentence given to female offenders. I am passionate about forensic psychology and I want to do research in that area. Some have called me weird because of my love for forensic psychology, but I think being weird is what makes me bold.

MADISON McASKILL (pictured above)
Psychology / London, Ontario

Brescia was founded in 1919 by the Ursuline Sisters of the Chatham Union, pioneering visionaries who set out to create a world-class, post-secondary institution for women at a time in history where that was unheard of. This tenacious spirit of our foundresses lives on at Brescia, reflected by our faculty, staff, administrators, and students. Just as we have since 1919, Brescia provides unparalleled opportunities for students to grow in leadership and self-discovery while staying true to our foundresses’ commitment to social justice and community service.
TAKE YOUR PLACE IN HISTORY

Dr. Susan Mumm
Brescia University College’s 12th Principal

“Brescia shapes women into leaders. While many universities show little interest in the formation of character, Brescia embraces it. We are here to educate the whole person.”

EVERYWHERE YOU LOOK AT BRESCLA, YOU’LL SEE WOMEN—EXTRAORDINARY, PHENOMENAL, REMARKABLE WOMEN—IN LEADERSHIP ROLES.

You’ll be invited, inspired, encouraged, and challenged to join them. Not to imitate them, but to develop your own identity and leader character. Through Brescia, you’ll become a woman of influence, adept at making a positive, meaningful impact. You’ll take your rightful place and be the person you want to be in your community—and the world.

I choose to lead with integrity.

I transferred to Brescia from another Ontario university. When I originally applied to universities, Brescia wasn’t on my radar because I am a homebody and Brescia is over three hours from my hometown. When I visited campus, I was immediately drawn to the sense of community. Everyone at Brescia, from the admissions officers to academic advisors to financial aid officers, was supportive and genuinely invested in my success. They looked out for me even before I applied. Brescia fosters inclusion, support, and acceptance. I felt it on my campus visit and I know it to be true as a student. Brescia’s affiliation with Western offers me the best of both worlds: Brescia’s small community and Western’s advantages as a large university. I’ve learned to let my voice be heard and to stand up for what is right even when it is unpopular. Brescia is shaping me and the next generation of strong women to be great leaders who will shatter the glass ceiling.

AINSLEY LEGUARD
Political Science & Sociology
Cobourg, Ontario

81% of women’s college and university graduates report their institution was “extremely or very effective” in preparing them for future jobs.*

87% of women’s college and university alumni were more likely to graduate in four years or less compared to 54% of public university alumni.*

51% who attended women’s colleges and universities completed graduate degrees vs. 27% of public university alumnae.*

*SOURCE: HARDWICK-DAY REPORT

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I choose to lead with motivation.

Growing up, I was always that outgoing, unique kid who did things differently than others. I have never been scared to speak up or act as a role model. I have never hesitated to lead. That is why I knew Brescia would be an ideal fit for me. I learned about Brescia through my high school basketball coach and from friends who had attended Brescia. I was drawn to Brescia’s leadership opportunities, small class sizes, empowerment of women in academics, and the chance to build relationships with my classmates and professors. I was also ecstatic to have the opportunity to play varsity basketball at Western. I truly do have the best of both worlds. I get to stay in Clare Hall (the best residence in Ontario), eat delicious meals at the Mercato, attend engaging small classes at Brescia, and still have Western’s main campus experience. My dream job is to be a sports psychologist because I want to help athletes with the mental aspect of athletics.

SKYE BARBATO (leftmost) Psychology Burlington, Ontario

WHEN YOU'RE A STUDENT AT BRESICA, YOU ARE ALSO A STUDENT AT WESTERN UNIVERSITY.

That’s because Brescia is affiliated with Western, one of the largest universities in Ontario. You’ll truly benefit from the best of both worlds: Brescia’s close-knit community and access to all that Western and its other affiliates have to offer. When you graduate from Brescia, your degree will be granted by Western University.
DEVELOP YOUR LEADER IDENTITY

BRESCIA CHALLENGES YOU TO EXPLORE YOUR LEADERSHIP POTENTIAL AND PREPARES YOU TO FACE CHALLENGES THAT EXIST IN OUR WORLD.

We prepare you to lead—with wisdom, justice, and compassion—by first preparing you to lead yourself. That means discovering, understanding, and embracing the values that are most important to you, so that when they are challenged (and they will be challenged), you can clearly give voice to them. We will prepare you to be a woman of influence—in law, in medicine, in government, or wherever you choose to make an impact. So that you can tackle what needs to be tackled and make change where it’s needed most.

I choose to lead with action.

During high school, I did not identify as a leader. It was not until I moved across the globe to Canada to attend Brescia that I realized my leadership abilities. The faculty played a major role in my development as a leader. I first attended Brescia as a Preliminary Year student because I wanted to ensure I was equipped to thrive in university. The Preliminary Year Program allowed me to get a feel for university classes and to learn what it is like to live on my own in a new country. I returned to Brescia to study Social Science because I enjoyed the small class sizes and the personal interactions with students and professors. I love the campus diversity and how we all respect one another. Brescia is my family away from home. The relationships I have created, the role models who mentor me, and the lessons I have learned are shaping me into a strong leader capable of making a difference in the world.

JUNISE SHEPPARD
Social Science
St. Johns, Antigua & Barbuda

Major in Leadership

If you aspire to lead, our Leadership Studies degree program will put you at the forefront of leadership learning. By studying leadership, you’ll learn about yourself as a leader and how you interact with others. You’ll come to see how you can help shape the world—for the better.

“Being a ‘bold’ leader isn’t about style or about being the one that clicher than everyone else. It is about the internal, quiet confidence to put yourself out there in the world. Believe anyone can choose to lead in their own way.”

Dr. Marlene Janzen Le Ber
Chair, School of Leadership & Social Change

MARLIES MCCARTNEY
Social Science
Bahamas

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I choose to lead with determination.

At Brescia I have had many opportunities to do what I love: lead and empower women. Whenever I see the potential to speak for women and their rights, I don’t hesitate. For example, during the Open Education Student-Faculty Showcase at Western, I presented a poster highlighting the ways open educational practices in teaching and learning have benefited me. Thanks to Brescia, I took it further to not only advocate for the right to education, but also to make it open and accessible to everyone. I also had the honour of speaking at International Women’s Day alongside Dr. Izzeldin Abuelaish, a five-time Nobel Peace Prize nominee and internationally recognized human rights and peace activist. I spoke about how Brescia gave me hope and exposed me to diverse opportunities, academically, personally and professionally. Brescia helps me grow every day and that is the most rewarding feeling. In the future I want to be a Registered Dietitian and help people to eat healthy and reduce their risk for developing diseases.

ESRAA NAGUIB (pictured at right)
Foods & Nutrition / Al-Sarkia-Zgazig, Egypt

At Brescia, learning is active.

Professors don’t just lecture—they invite you into discussions and dialogue. They’ll ask you questions that are destined to make you think. They expect you to have an opinion and speak your mind—even if you don’t agree with them. They’ll teach in unique ways—whatever it takes to make sure you learn what you need to know. Their passion for teaching will inspire you, and their high expectations will become your own. They will become people you never forget.
I choose to lead with inspiration.

I have grown as a leader at Brescia through so many experiences, especially serving as the Chief Financial Officer (CFO) of the Brescia University College Students’ Council. I also strengthened my leadership skills through my internship at the Canadian Automobile Association (CAA). I worked in their finance department on the accounting and financial reporting team. That experience was invaluable in helping me to gain more experience in the industry as well as to build skills, such as problem solving, communication, and teamwork, that I can take into any career. I am currently pursuing a career in accounting and am on track to earn my CPA designation. My dream job would be either to become a partner at a public accounting firm or the CFO for a company. I want to be known as someone who creates an environment for everyone to give their input. I want to be known as a leader who inspires and embraces growth, diversity, and working together.

NICOLE KEEN
Management & Organization Studies
Niagara Falls, Ontario

CELEBRATE YOUR SUCCESS

WHEN WE SAY YOUR EDUCATION AT BRESCIA IS STUDENT-CENTRED, WE MEAN IT.

Students are truly at the core of every decision we make—from program design to curriculum planning to service offerings. Whenever we face tough decisions, we always ask, “What’s best for our students?” Thanks to small class sizes, you will have direct interaction with your professors. If you’re ever struggling, need direction or support—or want to celebrate your achievements—you can count on your professors and academic advisor to be there for you. You are the reason we are here.

Meeting outside of class is very natural for Brescia faculty and students. It happens because of the relationships we are able to build. We actually know each other’s names and that goes a long way to greeting each other on campus. I am always willing to meet with students because their success is my success. Whenever I can, I want to help guide and coach students.”

MELISSA JEAN
Associate Professor, Management & Organizational Studies, School of Leadership & Social Change

MELISSA JEAN (pictured at right)
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The Hive
We want to make life easy for you. That’s why we created The Hive, your one-stop-shop for all student services. Whenever you need to talk with an academic advisor, financial aid officer, or career advisor, just head to The Hive!

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CULTIVATE YOUR MIND

IT’S IN YOU: THAT SPARK. THAT FIRE. THAT DESIRE TO REALIZE YOUR DREAMS.

Brescia stokes that fire by helping you gain the experiences you need to be whatever you want to be. Because professors and staff actually know you, they can keep their eyes open for opportunities that fit you best—whether that’s an internship, field placement/practicum, or research position.

Through our BE International program, you can study abroad for a term or a full year in places like the Netherlands, France, England, Japan, Ireland, or Barbados. We’ll help you get where you want to go!

Innovative Peer Tutoring

In 2016, eager to help Chinese students succeed in her beginner French class, Professor Nadine de Moras enlisted the help of Ying Chen. A Chinese student in her third year of the French program, Ying agreed to be a work-study student. In October 2016, she began tutoring students. But when funding for Ying’s services had dried up, Professor de Moras went looking for help. She found it with alumna Diane Teetzel. A 1964 alumna who has family in France, Diane contributed to the program in part because of how impressed she was with Ying. “Her knowledge and love of the language just exudes from her,” Diane says. The program proved extremely successful with Chinese students achieving higher grades than their English-speaking counterparts at the end of the 2016–2017 academic year. “This program,” Professor de Moras says, “is indicative of what Brescia is about: the education and empowerment of women.”

Real-World Experience

Our students have completed field placements with Community Partners such as:
- Aberdeen Public School
- Ancaster Media
- Big Brothers Big Sisters
- Chelsey Park Retirement Community
- City of London
- Community Living London
- Dale Brain Injury Services
- Hutton House
- Investing in Children
- London Economic Development Corporation
- London Community Chaplaincy
- London InterCommunity Health Centre
- London Urban Services Organization
- McKenzie Lake Lawyers
- Merry mount Family Support and Crisis Center
- My Sister’s Place-Micro-Enterprise
- My Sister’s Place-Peer Support
- Royal Bank of Canada
- Salvation Army Correctional & Justice Services
- Thames Valley District School Board

Learning to Lead

Even before she graduated from Brescia, Grace Wu (pictured at right) had a full-time position as a banking advisor lined-up with Royal Bank of Canada (RBC) in Toronto. The Nonprofit Management major credits Brescia’s Francolini Summer Leadership Experience Program, through the program, Grace worked at RBC and helped to build awareness of RBC Future Launch, a 10-year, $500-million initiative to help youth prepare for the jobs of the future.

“My summer leadership experience was one of my greatest highlights at Brescia,” says Grace, who is originally from China. “It altered my perceptions of the business world and opened my world to new possibilities.”

I CHOOSE TO LEAD WITH FEARLESSNESS.

I first attended university for health sciences but transferred to Brescia for the Foods & Nutrition program. Brescia is the best place for me to pursue this degree because of the small class sizes and the Brescia faculty who genuinely want to help us succeed. Brescia provides a solid foundation for students to pursue a career in any area of dietetics, from clinical to research to management to community. Being at Brescia has made me realize the importance of being involved in the community. It has given me the skills I need to succeed in my future and to be a leader for others. Brescia has allowed me to participate in activities that have made me step out of my comfort zone and become a more well-rounded individual who is ready for professional practice. My dream job would be working at Health Canada. I want to be known as a strong woman and become a more well-rounded individual who is ready for professional practice. My dream job would be working at Health Canada. I want to be known as a strong woman who leads with confidence to empower others to be the best they can be.

KAITLIN MCCARTHY (quoted above)
Foods & Nutrition / Community Living

Photo courtesy of Grace Wu

Brescia University College
NO DOUBT ABOUT IT: TRANSITIONING TO UNIVERSITY CAN BE CHALLENGING. YOU CAN COUNT ON US TO DO ALL WE CAN TO HELP YOU FEEL AT HOME.

Our staff and faculty will warmly welcome you and encourage you to get involved. Attending Orientation Week is the perfect way to get off to a great start. Brescia’s Soph Peer Mentor Team (we call them “Sophs”) will be there to enthusiastically greet you and support you. These upper-year mentors are dedicated to helping you during O-Week and throughout your first year at Brescia.

TRANSITIONING TO BRESIA

Whether you’re coming to Brescia from another country—or across the city—we have programs in place to help your transition:

Orientation Week: “O-Week” at Brescia and Western is action-packed and known for being amazing. You’ll make new friends, participate in fun activities, and get to know both campuses—before classes even start!

Soph Team: This dedicated group of upper-year students will be there with you during O-Week and beyond—to support and guide you through your first year at Brescia.

International Bridging Program: International and out-of-province students will receive guidance on everything from academics to transportation—even where to eat and shop.

NURTURE YOUR BODY, MIND, AND SPIRIT

Brescia Campus Ministry is with you on your life’s journey, providing the support and encouragement you need as you discern your life’s direction. We offer a variety of spiritual and leadership opportunities, including pastoral counselling, spiritual direction, and faith exploration. While Brescia is rooted in Catholic faith and tradition, we celebrate diversity of faith. All are welcome.

I choose to lead with compassion.

I learned about Brescia from my educational mentor back home in Zimbabwe. I chose Brescia because I was inspired by Brescia’s commitment to educating women and helping them realize their true potential. Being an international student at Brescia has been a great experience. I get a chance to share my culture with others and also learn about their cultures. I have adapted to life in Canada through the support I receive from everyone at Brescia. My classroom experience here has been the best part of my overall college experience. The small class sizes give me the opportunity to have a good relationship with my professors. I can ask them questions whenever I need and get help at each and every step. As a student ambassador, I have gained confidence and improved my communication skills. In the future I want to be known as a leader who brings significant change to the delivery of healthcare to less privileged communities.

PANASHE NYAUDE (pictured at left)
Health Sciences & Community Development / Chitungwiza, Harare, Zimbabwe

MAKE YOUR HOME
WOMEN FROM AROUND THE WORLD ATTEND BRESCIA.

Brescia students come from around the world—from the Caribbean to Asia, the United States to the United Arab Emirates. You’ll collaborate in the classroom, live side-by-side in residence, and connect through clubs and organizations. While your background, culture, and faith may be different, you’ll share the same desire to receive a student-centred education that leads to a rewarding future.

I choose to lead with respect.

Through one of my Foods & Nutrition courses I had the opportunity to learn about the Japanese culture by experiencing it firsthand. Over 10 days in Tokyo and Ichikawa, Japan, I visited many places, including an elementary school lunch program and a nursery school where children grew their own vegetables. I also visited the National Diet Building, the East Gardens of the Imperial Palace, and many temples, shrines, and markets. The experience was unlike anything I could have imagined. By stepping out of my comfort zone to explore a different culture, I grew as a leader. I have experienced many opportunities like this to build on my leadership skills at Brescia, including through various clubs, Students’ Council, and Gen’s LEAD camp. Throughout my life I have been extremely fortunate to be inspired and guided by many wonderful leaders. It has always been my goal to be an inspirational leader, too. In the future I want to be a teacher who can help lead people to accomplish their dreams.

DANA CASAVECCHIA, Nutrition & Families (Human Ecology) / London, Ontario

DISCOVER THE WORLD

Success Overseas

Andrea Zheng, a Food Management & Marketing major from Nanjing, China, wanted to experience other cultures and business markets. Through the BE International Program, she studied in Chiba, Japan; Beijing, China; and at Stenden University in the Netherlands. “It is a global world,” says Andrea, who won an international branding competition at Stenden. “Many companies consider your international experience when you apply for jobs. By studying abroad, you will stand out in your future job search.”

International Opportunities

Through Brescia’s BE International Program, you can enrich your university experience by living and learning in another country. You can choose to spend a few weeks, a term, or a full year studying at one of our partner schools—and earn credits that count toward your degree. Our partner schools include:

- Anton de Kom University Suriname, South America
- Ewha Women’s University Seoul, Korea
- LaSalle Beaux-Arts Institute Polytechnique Beauvais, France
- Mary Immaculate College Limerick, Ireland
- NHL Stenden University The Netherlands
- The University of the West Indies, Cave Hill Barbados
- Universitè Catholique de Lille Lille, France
- Wayo Women’s University Japan
- Zuyd University The Netherlands

Get Connected

The Brescia Student Connector Program pairs incoming international students with “ambassadors” who are upper-year students. Your ambassador will help you transition to Brescia and London by answering your questions, sharing experiences, and showing you around. She also will be interested in learning about you and your culture. The two of you will decide how often to meet and what types of activities to do together. You may even have the opportunity to visit her family home in Canada!
ACTIVATE YOUR BRAINPOWER

[ACADEMIC PROGRAMS]

Leadership Studies

YOU’LL BE EMPOWERED to develop your skills and leader character.

YOU CAN EXPERIENCE the Francolin Summer Leadership Experience and apply skills learned in the classroom to solve a real organizational issue.

YOU’LL BE PREPARED to make positive change in the world around you.

OUR GRADUATES lead in business, government, health care, social services, and media. Their job titles include:

• Community Animator, Pillar Nonprofit Network
• Director, Social Media
• Program Coordinator, YMCA
• Financial Advisor/Regional Leader, Edward Jones
• Program Facilitator, Epilepsy Southwestern Ontario
• Candidate, LLB, Dugdale Law School

English

YOU’LL BE EMPOWERED to write, edit, teach, or pursue a variety of careers.

YOU CAN EXPERIENCE an academic exchange to England.

YOU’LL BE PREPARED to apply your well-developed oral and written communication skills in a workplace or graduate program.

OUR GRADUATES find rewarding careers in positions such as:

• Leader, Health Public Policy, Calgary Health Region
• Director of Communications, Manulife Financial
• Supervisor, Halton Regional Police Service
• Writer/Editor, Canadian Marketing Association
• Enterprise Account Manager, Microsoft Canada

FOCUS YOUR STUDIES by choosing the new Francolin Summer Leadership Experience.

Family Studies & Human Development

YOU’LL BE EMPOWERED to work in a variety of careers, from mediator to educator.

YOU CAN EXPERIENCE remarkable opportunities, such as a hands-on practicum course, that will prepare you for the real world.

YOU’LL BE PREPARED to pursue graduate or professional education in various disciplines.

OUR GRADUATES’ job titles include:

• Relief Counsellor, Elizabeth Fry Society of Peel-Halton
• Executive Director, Meals on Wheels of Ontario
• Community Facilitator, Muslim Resource Centre
• Sales Representative, Piller Canada Inc.

FOCUS YOUR STUDIES by choosing the Nutrition & Families module, which leads to the post-graduation designation of Professional Home Economist (PHEc).

Foods & Nutrition

YOU’LL BE EMPOWERED by experienced, well-known faculty, and hands-on learning (in a brand new facility!) in one of Canada’s most highly regarded nutrition programs.

YOU CAN EXPERIENCE hands-on volunteer activities that can help you land a practicum placement.

YOU’LL BE PREPARED to apply your knowledge of nutrition and food-related subjects to a variety of career and professional programs.

OUR GRADUATES succeed in a variety of roles including:

• Paediatric Dietitian
• Director of Women’s Marketing North America, Adobe America
• Infection Control Practitioner, Blue Water Health
• Cancer Information Specialist, Canadian Cancer Society
• Food Specialist, Canadian Food Inspection Agency
• Neuroscience Specialist, Elizy Cats

FOCUS YOUR STUDIES by choosing from various French-focused modules such as French for Teaching.

French

YOU’LL BE EMPOWERED for various careers, from teacher to translator.

YOU CAN EXPERIENCE observing teachers and working with students in Ontario schools.

YOU’LL BE PREPARED for guaranteed entry into Western’s Bachelor of Education program.

OUR GRADUATES hold a variety of job titles, including:

• Senior Officer, Trade Compliance, Canada Border Services Agency
• Librarian, London District Catholic School Board
• Public Relations Officer, Museum of Ontario Archaeology
• French Language Services Coordinator, Ministry of Transportation
• Core French Teacher, Lambton Kent District School Board
• Digital Engagement Specialist, 3M Canada

FOCUS YOUR STUDIES by choosing from various French-focused modules such as French for Teaching.

NO MATTER THE DEGREE PROGRAM (OR PROGRAMS) YOU CHOOSE, LEARNING AT BRESCIA IS ACTIVE — AND INTERACTIVE.

You will be expected to participate. Required to have an opinion. Challenged to think and to question. Dared to dream—and dream big.

You will learn from professors who not only know their subject matter but also what truly matters in life. You will go beyond preparing for a test to preparing for your future.

Andrea Yam (centre) in a photography session for Brescia University College’s 2021 Viewbook.

I choose to lead with positivity.

I chose Brescia because of the Kinesiology program and because Brescia has always emphasized women empowerment. Brescia also has smaller class sizes compared to other universities, which is the learning environment I prefer. I have had many precious opportunities at Brescia to become a better leader. I took the leadership course at Brescia and was inspired by our class discussions. I believe we can all be leaders. I believe we can all lead change. I hope to be involved in sports science or a community and contribute to inspiring people, even if it is just to make them smile. In the future I hope to be involved in sports science or a medical-related field. My dream job is to be a physiotherapist.

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Political Science

YOU’LL BE EMPOWERED to work in a variety of careers in areas such as public policy

YOU CAN EXPERIENCE a “Women in Civic Leadership” course where you work alongside a local female leader

YOU’LL BE PREPARED to pursue graduate work in politics or public administration.

OUR GRADUATES succeed in a variety of roles, including:

- Assistant VP, e-Commerce Banking
- President and Founder, Cake Beauty Inc.
- Policy Analyst, OCUFA
- Foreign Service Officer, Ministry of Foreign Affairs
- Manager, Investigations, Mutual Fund Dealers Association of Canada
- Director of Communications and Marketing, London Economic Development Corporation

FOCUS YOUR STUDIES in the new Power in History & Politics, which includes an experiential learning course.

Religious Studies

YOU’LL BE EMPOWERED to search the depths of what it is to be human.

YOU CAN EXPERIENCE opportunities to explore important questions about life

YOU’LL BE PREPARED to enter graduate and professional programs.

OUR GRADUATES hold various job titles, including:

- Insurance Processing Associate, Compassion Canada
- Chaplain, Department of National Defence
- Enhanced Language Instructor, London District Catholic School Board
- Social Planner, Social Planning & Research Council of Hamilton
- Teacher, St. Clair Catholic District School Board
- Customer Relations Coordinator, TD Canada Trust

Sociology

YOU’LL BE EMPOWERED to critically evaluate social issues relevant to society.

YOU’LL EXPERIENCE researching social issues of interest to you for your capstone course or complete a practicum placement course.

YOU’LL BE PREPARED to think critically and be socially aware for careers related to policing, corrections, courts, law, social services, and policy, or for further research at the graduate level.

OUR GRADUATES have gone on to rewarding careers as:

- Vice President, Marketing, Banff Television Network
- Representative to the United Nations, Baha’i International Community
- Assistant Manager – Event Planning, London Convention Centre
- Protection and Custodial Care Support Worker, Chatham-Kent Childrens Services
- Compensation Analyst, IBM
- Probation and Parole Officer, Ministry of Children and Youth Services

FOCUS YOUR STUDIES by choosing from modules such as Criminal Justice, Community Development, Community Development in a Global Context, and Crime & Communities.
COMMUNICATION
Excel in oral, written, interpersonal, and group communication skills

CRITICAL THINKING
Rational, informed, independent, and open-minded exploration of issues

INQUIRY AND ANALYSIS
Break down complex issues to arrive at informed decisions

PROBLEM SOLVING
Create and execute strategies to answer questions or achieve goals

SELF AWARENESS AND DEVELOPMENT
Demonstrate honest and fair reflection and self-evaluation

SOCIAL AWARENESS AND ENGAGEMENT
Engage in and contribute to positive change

VALUING
Make decisions and choose actions based on your principles and values

THE BRESCIA COMPETENCIES
FROM YOUR COURSE ASSIGNMENTS TO YOUR VOLUNTEER ACTIVITIES, BRESCIA’S SEVEN COMPETENCIES ARE WOVEN INTO EVERYTHING YOU’LL DO HERE.

What are the Brescia Competencies?
They are attributes that make you an effective leader. Skills that help you solve problems. Abilities that enable you to positively impact the world. Brescia Alumna Lin Yuan-Su explains it best: “What Brescia teaches students is way more than an area of study. When you graduate, you are given wings to fly. Brescia’s Competencies are those wings.”

I choose to lead with focus.
By attending a women’s-only university, I felt more confident. I felt comfortable to raise my hand and ask questions. I was better able to focus on my studies. There is a sense of unity and empowerment among the students that I feel is unique to a female-only campus. I have been both academically and personally successful because of the smaller nature of the campus and the classes. I was able to get more individualized attention and help from my professors. I truly felt like my professors valued me and wanted me to succeed. This network of support empowered me to step outside my comfort zone and pursue two out-of-province educational opportunities. This was a bold step for me. The personal connection at Brescia was especially helpful in my fourth year as my professors were able to write me personalized reference letters. I will be attending Western’s Faculty of Education with a goal of becoming a high school Family Studies and French teacher.

EMILY MURRAY (photograph right)
Biology, Psychology, Philosophy – University / Petrolia, Ontario

SET YOURSELF APART

THE BRESCIA COMPETENCIES

COMMUNICATION
Excel in oral, written, interpersonal, and group communication skills

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Rational, informed, independent, and open-minded exploration of issues

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Make decisions and choose actions based on your principles and values

The Brescia BOLD Course: Your First-Year Seminar Experience
Set the stage for university success with Brescia BOLD IDS 1200A/B, taught by Vice Principal & Academic Dean Dr. Lauretta King, and Associate Academic Dean Dr. John Mitchell. This interdisciplinary course for first-year students prepares you to live well, learn deeply, and lead in service to others.

"Through the Brescia BOLD course, students practice what it means to be part of a civil society and to thrive in a dynamic, diverse, and complex world."

Dr. Lauretta Frederking
Vice Principal, Academic Dean, and co-teacher of the Brescia Bold course
NEED PROOF THAT BRESCIA LISTENS TO ITS STUDENTS? LOOK AT OUR RESIDENCE.

This $31-million facility was created for students by students. They said they wanted big closets; we gave them 2-by-2-metre closets. They said they wanted big beds; we gave them queen-sized ones and even offer some premium king-sized beds now, too. They said they wanted their own sink; they got it—along with Wi-Fi, fridge, desk, and bookshelves. Oh, and room-darkening blinds, heat and AC control, and a window seat with a view (a really, really great view). Live in residence, and you’ll get all of that, too.

“Living in residence has increased my love for Brescia. Being immersed in a community with so many other amazing women is the experience of a lifetime. I have made lifelong best friends by living in residence.”

Georgia Volland
French for Teaching and Family Studies
Belle River, Ontario

KEEPING IT GREEN

We built our residence with you and the environment in mind. From highly efficient heating, cooling, and ventilation equipment to thoughtful placement of operable windows, our residence is a shining example of environmentally responsible development. Our commitment to our students and the planet resulted in an environmental rating of Five Green Globes—the highest possible.

LIVE IN LUXURY
ENJOY YOUR FAVOURITES

FOOD FOR THE SOUL

Ask Brescia students what their favourite Mercato foods are and they will likely say, “Everything.” That’s what happens when your food services manager received his training at top culinary programs and his experience at a five-star hotel in Italy and Michelin-starred restaurants in England. But we did manage to get a few students to narrow their favourites to:

- KOREAN BI BIM BAP
- CUBANO SANDWICH
- STUFFED PASTA BAR
- CAPRESE FOCCACIA
- BUILD YOUR OWN TACO SALAD BAR
- MIDDLE EASTERN SALAD BAR
- TANDOORI PIZZA
- WARM APPLE OATMEAL BREAKFAST BAKE
- FRESH FRUIT SMOOTHIES

“…a great place to study, eat, and just hang out with friends. The food is fresh and tastes wonderful. There are so many healthy options.”

Melissa Milligan
Community Development and Political Science, Bayfield, Ontario

Food allergies or preferences? Miss a dish from home? Let us know. We’ll listen and do our best to accommodate you!
Choose to Serve
You’ll have many opportunities to be of service to others, including such options as:

- **Community Development Program:** Through course practicum placements, you will apply community development skills in local or international agencies.

- **Girls LEAD (Leadership, Education, and Development):** Be a counselor with Girls LEAD and empower young girls to become successful leaders through this unique and fun summer camp.

- **Just Own It!** Facilitate workshops with local female entrepreneurs during this interactive conference designed to inspire high school girls to consider entrepreneurship as a career.

- **SHEA (Students’ Human Ecology Association):** Participate in volunteer opportunities directly related to your career interest in nutrition, dietetics, food science and technology, human ecology, and family studies.

BRESCIA’S FOUNDRERSES, THE URSULINE SISTERS, WERE STRONG WOMEN OF FAITH WHO WERE COMMITTED NOT ONLY TO THE DEVELOPMENT OF WOMEN, BUT ALSO TO SOCIAL JUSTICE AND COMMUNITY SERVICE.

Their vision and values live on at Brescia. By considering Brescia, you’re considering an education that will do more than prepare you for your own personal success. It will prepare you to create a life that has significance—for yourself, your family, your community, and the world.

You’ll grow into a socially responsible citizen—one who leads with wisdom, justice, and compassion.

SHIANNE BRACKENBURY (pictured at right)
Psychology / London, Ontario
They hold. Imagine yourself among them. Few of our inspiring graduates and the positions over Canada—and the world. Here are just extraordinary people as well as extraordinary an impressive alumnae network—women who When you graduate from Brescia, you’ll join FUTURE? WHEREVER YOU WANT TO GO. EDUCATION WILL TAKE YOU IN THE WONDERING WHERE YOUR BRESCIA FUTURE? “Brescia offers relevant courses and real-world learning "Brescia inspired in me a passion for my work and the drive to continually learn. It taught me that building strong relationships is key to success.” “What stays with me about Brescia is the sense of community. From the small classes to the intimate campus, I felt I was part of an inspiring community.” “Emma Hammer-Healy, CLASS OF 2014 Management & Organizational Studies | Financial Analyst, General Dynamics Land Systems—Canada | London, Ontario “Brescia offers relevant courses and real-world learning opportunities. The small class sizes allow for in-depth discussions and interactive learning.” “Ashlan Potts, CLASS OF 2013 Management & Organizational Studies, Human Resources Management & Leadership | Engagement Associate, Children’s Health Foundation | London, Ontario “At Brescia, I learned I was part of something bigger than myself, and that motivates me to give back to my community. That’s unique to Brescia.” define your future rewarding careers Your Brescia education can lead to a fulfilling career, just like it has for: Hien Ngo, CLASS OF 2016 Sociology, Cadet, London Police Service | London, Ontario “Brescia has the support, resources, and guidance you need to be successful.” Emily Kichler, CLASSES OF 2015 & 2016 BSc Foods & Nutrition, 2015; MSc Foods & Nutrition, 2017 Associate Food Editor, Chatelaine | Toronto, Ontario “Brescia is key to success.” Allison Brown, CLASS OF 2015 BSc Foods & Nutrition | Nutrition Specialist (RD), Nestle Canada “What stays with me about Brescia is the sense of community. From the small classes to the intimate campus, I felt part of an inspiring community.” I choose to lead with tenacity. The leadership opportunities I received at Brescia allowed me to develop a sense of confidence that has served me well in my education and in my life. As a student at Brescia, I had research opportunities and gained the practical knowledge needed to enter the graduate program of my dreams. Brescia helped me develop a sense of confidence that has stayed with me beyond my time at Brescia. When I think about my time at Brescia, I remember the personal growth that I experienced over my four years, I remember the kindness and compassion that I was shown from staff, students, and professors, and I remember the ‘sense of home’ I felt when I was on campus.” MALLIKA AUPLISH Sociology / Programme Associate, United Nations MEGHAN VOLLEBREGT Psychology / Programme Associate, United Nations (pictured at left) From New Delhi, India / Pursuing combined Master of Clinical Science and Doctor of Philosophy, Western University I choose to lead with zeal. As a Programme Associate for the United Nations, I provide operational and programmatic support to the U.N. peacekeeping missions across the globe. I’m also working on the Gender Parity Strategy for the Department for Peacekeeping Operations. Brescia prepared me for my career by combining an academically challenging environment with an emphasis on values and leadership and by facilitating holistic development, a thirst for knowledge, and a strong desire to leave a positive imprint on the world. Brescia is known for being a trailblazer, and I wanted an education that would make me question my opinions and beliefs. What stays with me today is the authenticity and engagement of the community, the brilliance and guidance of my professors, and the warmest of memories. MEGHAN VOLLEBREGT / Class of 2015 - Sociology / From: Brantford, Ontario / Pursuing combined Master of Clinical Science and Doctor of Philosophy, Western University CARE PROGRAM The CARE Program, for example, connects you to upper-year student leader who is trained to provide on-the-spot resume, cover letter, and LinkedIn profile reviews. Viewbook | 31 Career Support To help you along your career journey, our Student Life Centre offers workshops, events, programs, and tools, including: - Career Appointments - Career Peers - Classroom to Career Workshop Series - Curricular Career Support - Professional Mentoring Program Help is Here If you get off track at Brescia, we have the resources to help get you right back on. Our CARE Program, for example, connects you to services and supports before difficulties become overwhelming. If you face significant, complex life circumstances, our Case Management Services will provide confidential care, coordination, and support. If you feel stress about your career path, meet one-on-one with a career advisor at the Student Life Centre or a career peer, an upper-year student leader who is trained to provide on-the-spot resume, cover letter, and LinkedIn profile reviews.
Applying to Brescia

TRANSMITTING TO BRESICA

From College: To be considered for admission, you must have:
- Completed or currently completing the first year of a General Arts and Science, Pre-Health Science, or Human Services Foundation Certificate program with a minimum overall average of “B” (3.0 GPA)
- Completed or currently completing a two- or three-year CAAT Diploma program with a minimum overall average of “B” (3.0 GPA)

From University: If you have a minimum overall average of 70% at your previous accredited university, you will be considered for transfer to Brescia:
- We will assess your admission eligibility and your previous course work to determine which credits can be transferred.
- Advanced standing may be granted for courses completed at another university with a minimum mark of 60%.

OUT-OF-PROVINCE HIGH SCHOOL APPLICANTS

- Successful completion of the IB diploma
- Passing a minimum of 6 subjects, of which 3 must be at the higher level
- A grade of 24 (bonus points to a maximum of 3) will be awarded for the successful completion of the Extended Essay and Theory of Knowledge

INTERNATIONAL BACCALAUREATE APPLICANTS

Admission requirements for the International Baccalaureate (IB) program are as follows:
- Successful completion of the IB diploma
- Passes in a minimum of 6 subjects, of which 3 must be at the higher level
- A grade total of 24 (bonus points to a maximum of 3) will be awarded for the successful completion of the Extended Essay and Theory of Knowledge
- No grade less than 4
- Offers of early admission are granted to students registered in the IB diploma program on the basis of interim grades (a grade total of 24) in the final year of the IB diploma program
- Admission scholarships will be based on final examination grades of 4 out of 5.

TRANSFER CREDITS

Transfer credit is subject to department approval.

INTERNATIONAL TRANSFER:

- You must have completed or have already completed a two- or three-year diploma from a college of Applied Arts and Technology (CAAT) with a minimum average of “B” (3.0 GPA).

ENGLISH LANGUAGE PROFICIENCY

You must be proficient in written and spoken English to be admitted to Brescia. If English is not your first language and you have not lived or studied in an English environment, you will be required to provide proof of your English language abilities, such as IELTS, TOEFL, CAEL, MELAB, CanTest, Cambridge English, and PTE Academic. Brescia University College offers conditional admission to our programs after successful completion of English language training through one of our ELI partners: ColumbiaWorks, Fanshawe College, or the English Language Centre at Western University. To learn more, email our Admissions Office at brescia@uwo.ca.

LEARN MORE ON OUR WEB SITE OR CONTACT OUR ADMISSIONS OFFICERS.

Brescia University College

For Ontario High School Students

<table>
<thead>
<tr>
<th>OUAC Code</th>
<th>Min. Admission Avg.*</th>
</tr>
</thead>
<tbody>
<tr>
<td>EBA</td>
<td>79%</td>
</tr>
<tr>
<td>BA. EBF</td>
<td>79%</td>
</tr>
<tr>
<td>BSc. EBZ</td>
<td>79%</td>
</tr>
<tr>
<td>EBH</td>
<td>79%</td>
</tr>
<tr>
<td>EBW</td>
<td>85%</td>
</tr>
<tr>
<td>EBP</td>
<td>85%</td>
</tr>
<tr>
<td>EBO</td>
<td>79%</td>
</tr>
<tr>
<td>EBD</td>
<td>79%</td>
</tr>
<tr>
<td>EBC</td>
<td>70% based on entire high school transcript</td>
</tr>
</tbody>
</table>

*Admission averages are based on the 2019 admissions cycle. Applicants who meet the minimum average are not guaranteed admission.
Money Matters

WE’RE COMMITTED TO PROVIDING THE FINANCIAL ASSISTANCE YOU NEED TO MAKE YOUR BRESCIA EDUCATION AFFORDABLE. IN FACT, WE’RE KNOWN FOR OUR OUTSTANDING SCHOLARSHIP PROGRAM. MOST OF OUR SCHOLARSHIPS ARE AUTOMATIC AND GUARANTEED.

AUTOMATIC PROGRAM AWARDS

- Arts & Humanities Scholarship: $1,500
- Evening Year 1 Scholarship: $1,200
- Evening Year 2 Scholarship: $1,200

Minimum AO average required of 79%
May be held in conjunction with a Brescia Entrance Scholarship

Family Studies, Management & Organizational Studies, Social Sciences Scholarship: $500
- Evening Year 1 of Family Studies, Management & Organizational Studies, or Social Sciences program
- Minimum AO average required
- Automatically awarded with offer of admission

Brescia SHSM Award: $2,000
- Entering Year 1 of a Family Studies, Management & Organizational Studies, or Social Sciences program
- Minimum AO average required
- Automatically awarded with an offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

Foods & Nutrition Scholarship: $1,000
- Evening Year 1 of Foods & Nutrition program
- Minimum AO average required
- Automatically awarded with offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

OTHER SCHOLARSHIPS & AWARDS BY APPLICATION

Community Leader Award: $1,000
- Four awards given
- Minimum AO average required for program of study applied to
- Entering students only for the first time
- Awarded based on extracurricular involvement in school, work, or volunteer positions in the community, leadership experience, a reference received required
- May be held in conjunction with a Brescia Entrance Scholarship

BresciaLEAD Excellence Award: $6,000
- Minimum 70% admission average required
- Entering students only for the first time
- Awarded based on extracurricular involvement in school, volunteer and leadership experience, a reference received required
- May be held in conjunction with a Brescia Entrance Scholarship

Wolfe Family Entrance Scholarship: $4,500
- Possibility to continue for three years (potential total value $13,500)
- Minimum 80% admission average required
- Must be an Ontario high school student
- Entering Year 1 study at Brescia
- Award based on volunteerism and participation in sports and physical forms of training, community service, and physical health
- May be held in conjunction with a Brescia Entrance Scholarship

Brescia Merit Entrance Scholarship: $2,500 – $5,000
- Entering Year 1 of study at Brescia
- Award based on extracurricular involvement in school, work, or community
- May be held in conjunction with a Brescia Entrance Scholarship

For a full list of scholarships go to brerescia.uwo.ca/tuition/scholarships

SCHOLARSHIPS FOR CANADIAN HIGH SCHOOL STUDENTS

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Number Awarded</th>
<th>Academic Requirements</th>
<th>Academic Year</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board of Trustees Continuing Scholarship</td>
<td>Three</td>
<td>-</td>
<td>Fall Full Academic Tuition</td>
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</tr>
<tr>
<td>Principal’s Entrance Scholarship</td>
<td>Unlimited</td>
<td>-</td>
<td>Fall</td>
<td>$500</td>
</tr>
<tr>
<td>Academic Dean’s Entrance Scholarship</td>
<td>Unlimited</td>
<td>-</td>
<td>Fall</td>
<td>$500</td>
</tr>
<tr>
<td>Brescia Faculty Entrance Scholarship</td>
<td>Unlimited</td>
<td>-</td>
<td>Fall</td>
<td>$500</td>
</tr>
<tr>
<td>Brescia Entrance Scholarship for Academic Excellence</td>
<td>Unlimited</td>
<td>-</td>
<td>Fall</td>
<td>$500</td>
</tr>
<tr>
<td>Brescia Merit Entrance Scholarship</td>
<td>Limited</td>
<td>-</td>
<td>Fall</td>
<td>$1,000</td>
</tr>
</tbody>
</table>

*Estimate for residence fees based on 2019-2020 fees; subject to change

I choose to lead with vivacity.

“...I felt so blessed to receive the Residence Community Award. It was very encouraging to me that Brescia had scholarships specifically for international students. That told me that Brescia cares about giving people from all over the world equal opportunities to pursue an education.”

Tori Daniels
Kinesiology, Bermuda

Bursaries

Canadian students who are new to Brescia may apply for a non-repayable entrance bursary of $500 to $2,000.

Work Study Program

Through paid positions on campus, you’ll receive income and valuable work experience.

OSAP (Ontario Student Assistance Program)

If you reside in Ontario, you may apply for a student loan and grants.

INTERNATIONAL BACCALAUREATE STUDENTS

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Number Awarded</th>
<th>Diploma Score</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>International Entrance Scholarship</td>
<td>Unlimited</td>
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<td>$3,500</td>
</tr>
<tr>
<td>IB 90-99</td>
<td>$3,500</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IB 80-89</td>
<td>$2,500</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IB 70-79</td>
<td>$1,500</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

I choose to lead with objectivity.

Receiving the Wolfe Family Entrance Scholarship was an incredible honour. The financial support allowed me to be solely focused on my studies, my volunteering, and my commitment to competitive dance, all of which have been integral elements in my acceptance into graduate studies beyond Brescia. I am forever grateful to Brescia for extending this incredible scholarship to me. It demonstrated that Brescia is truly committed to the success of its students and to helping them realize their potential. They understand the realities that students face and continually work to make university education accessible and affordable for women. Attending Brescia for my undergraduate experience was one of the best decisions I have ever made.

Amanda Kay
Class of 2018 - Community & Criminal Justice
London, Ontario

VISIT BRESCHIA.UWO.CA/TUITION FOR MORE INFORMATION ON TUITION AND SCHOLARSHIPS
OPEN HOUSES
Open Houses are a great way to learn more about Brescia.
We offer:

FALL PREVIEW DAY
Saturday, Nov. 2, 2019

MARCH BREAK OPEN HOUSE
Saturday, March 14, 2020

IMPORTANT DATES
SEPTEMBER 27–29, 2019
Metro Toronto Convention Centre
Toronto, Ontario | ou.ca

SUNDAY, NOVEMBER 17, 2019
Campus Tours

JANUARY 15, 2020
Deadline for OUAC 101
(Ontario High School) applications

MAY 2020
Spring Welcome

JUNE 1, 2020
Deadline for students to accept an
offer of admission (to be guaranteed
a space in your program of choice)

You can take a campus tour Monday
through Friday at 10:30 a.m. and
2:30 p.m. To schedule a tour, contact
us at brescia@uwo.ca or call
519.858.5151. You also can book
a tour online at BRESCIA.UWO.CA/
ADMISSIONS/VISIT-US.