Brescia
Choose to Lead.

Brescia
BOLD.

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BRESCIA
BOLD.

UNIVERSITY COLLEGE
Brescia
Choose to Lead.
EMPOWERED. THAT’S HOW BRESCIA WILL MAKE YOU FEEL. FROM YOUR FIRST DAY ON CAMPUS, YOU’LL FEEL A GROUNDSWELL OF SUPPORT. IT WON’T COME IN THE WAY OF HAND-HOLDING—YOU DON’T NEED THAT—BUT IT WILL COME IN THE WAY YOU’RE ASKED: WHAT DO YOU THINK? WHAT WOULD YOU DO? WHAT ARE YOUR DREAMS? HOW CAN I HELP? AT BRESCIA, YOU’LL DISCOVER—AND EMBRACE—YOUR OWN BRAND OF BOLD.
THE URSULINE SISTERS OF THE CHATHAM UNION WERE PIONEERING, BOLD WOMEN WHO BELIEVED IN EMPOWERING WOMEN THROUGH EDUCATION.

Their tenacious spirit has lived on since our founding in 1919 and is reflected by our students, faculty, administrators, and staff. Everywhere you look at Brescia, you’ll see women—extraordinary, phenomenal, remarkable women—in leadership roles. You’ll be prepared for any future you envision for yourself—a future that goes beyond just making money to making a positive change in the world. At Canada’s only women’s university, Brescia has been educating bold leaders for close to 100 years. You’ll come to understand not just the importance of tradition, but also the excitement of your own potential.

81% of women’s college and university graduates report their institution was “extremely or very effective” in preparing them for future jobs.*

51% of women’s college graduates and universities completed graduate degrees vs. 27% of public university alumnae.*

87% of women’s college alumnae were more likely to graduate in four years or less compared to 54% of public university alumnae.*

*SOURCE: HARDWICK-DAY REPORT

JULIANA PIEROTTI (Sociology ’23)

SOCIOLOGY | LONDON, ONTARIO

My mom attended Brescia and loved it, so I had a feeling I would love it here. I can honestly say that choosing Brescia was one of the best decisions I’ve made. It’s not stigmatizing to attend an all-women’s university. It’s empowering. Everyone is friendly and helpful. The people here are like an extension of my family. When I was 5 years old, I was diagnosed with acute lymphocytic leukemia (ALL), a form of cancer. It’s definitely shaped who I am. I realize how fragile life is, and I don’t take things like my health for granted. I’m stronger for it. It also shaped my interest in medical sociology and pursuing work in health care. I want to help change things in the health care system so that patients have a better experience and get the best health care they can, regardless of their illness or social class.

Dr. Susan Mumm
Brescia University College’s 12th Principal

“There is something incredibly meaningful about receiving your higher education in an environment where young women are not just the majority, but are the norm. Your voice is heard.”

“Take your place in history”
WHEN YOU’RE A STUDENT AT BRESCIA, YOU ARE ALSO A STUDENT AT WESTERN UNIVERSITY.

That’s because Brescia is affiliated with Western, one of the largest universities in Ontario. You’ll truly benefit from the best of both worlds: Brescia’s close-knit community and access to all that Western and its other affiliates have to offer. When you graduate from Brescia, your degree will be granted by Western University.

Men Welcomed

Although we’re Canada’s only women’s university, we welcome men on campus. Because of our affiliation with Western, you’ll have classes with men. They’re also welcome to use our facilities, such as the library and the Mercato.

Western offers:

- 180 student clubs and associations
- 46 varsity sports
- One of the largest intramural sports programs in Canada

Brescia offers:

- 14:1 student/faculty ratio
- Innumerable leadership opportunities
- Exceptional community service programs through our Professional Mentorship Program

NATALIE TOPP (pictured right)

FOODS & NUTRITION | KINTORE, ONTARIO

My Dad made a grass track for me by cutting a path around our field and along the stream. I spent a lot of time running laps with my dog and timing myself. When I was 8, I began training with the London Western Track and Field Club. My first coaches were Western University athletes. I followed their athletic careers and set a goal of one day being a Mustang. I am so excited to now be running for Western while continuing to work toward my goals of representing Team Canada and competing at the Olympics. I consider my professors and friends at Brescia to be part of my ‘team.’ Community is important to me, and that is something I have felt from the beginning at Brescia. When it comes to academics, benefit from Brescia’s world-class nutrition expertise and focus on leadership while also being able to take some courses at Western. I’m truly living the best of both worlds.

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LEAD YOUR WAY

WE BELIEVE IN BUILDING LEADERS AT BRESCIA, BUT WE DON’T BELIEVE IN Dictating YOUR PERSONAL LEADERSHIPSTYLE.

You determine that. You could be loud or quiet. You could lead from the front of the room or the back. You could be a leader in your home, your church, your company, your community, or the ever-changing world at large. What’s most important to us is that you choose to lead—wherever you are—because you’re driven by a passion to make a difference in your corner of the world.

“In an all-women’s learning environment, you have access to leadership opportunities you likely wouldn’t have at a co-ed university. At Brescia, you see women in leadership roles because they have to be. The leader will almost always be a ‘she.’”

Dr. Donna M. Rogers
Vice-Principal and Academic Dean

JANAE SEYMOUR
MANAGEMENT & ORGANIZATIONAL STUDIES | NASSAU, THE BAHAMAS

In high school, I won an essay and speech contest with a large scholarship to attend a college in New York. But I chose Brescia after meeting my future academic advisor when she visited my high school in The Bahamas. I realized Brescia was a place I could call home. I love experiencing Brescia’s small class sizes and close-knit community while still having access to Western University. Brescia is a community that empowers women and encourages us to unlock our potential and take the lead. I’ve learned that being a leader is more than just having authority. It’s about using your knowledge, skills, and experience to motivate and inspire others. It’s about taking initiative. Even if we do not have a formal leadership role, we take on leadership in everyday life. It’s important to have the tools and understanding of what being a leader really means. Brescia makes certain you have that.

Major in Leadership

If you aspire to lead, our Leadership Studies degree program will put you at the forefront of leadership learning. By studying leadership, you’ll learn about yourself as a leader and how you interact with others. You’ll come to see how you can help change the world—for the better.
Brescia professors are always exploring new ways of teaching. As a student, you might:

• Learn leadership through an origami frog-folding competition
• Play the game show “Jeopardy” to discuss key concepts
• Role-play job interviews
• Analyze case studies and explore how you might handle a difficult situation
• Design print ads using arts and crafts materials
• Colour a picture to learn about sensory branding

“We encourage our students to find their own voices. It’s gratifying to see so many of them grow from unsure, first-year students to confident, fourth-year students.”

Dr. Brian Diemert
Professor, English School of Humanities

JULIA McARTHUR, CLASS OF 2016 (pictured above)

Leadership is at Brescia’s core and central to everything that we do in the classroom and beyond. I have had countless opportunities to develop my leadership identity. I found my voice at the table in classroom discussions, assignments, and leadership roles on campus. I have been privileged to lead teams and get involved in planning major projects and events. I have learned through the example of other amazing leaders at Brescia, and these experiences have encouraged me to empower others to develop as leaders, too. Through my Leadership Studies Practicum Course, I was given opportunities to explore my interest in law. After my third year at Brescia, I was accepted into Osgoode Hall Law School. My time at Brescia provided me with the perfect combination of challenge and support in order for me to develop the confidence to know I’ll be successful in law school.

AT BRESCEIA, LEARNING IS ACTIVE.

Professors don’t just lecture—they invite you into discussions and dialogue. They expect you to have an opinion and speak your mind—even if you don’t agree with them. They’ll lead you in role-play, challenge you to debate, and ask you questions that are destined to make you think. They’ll teach in unique ways—whatever it takes to make sure you learn what you need to know. Their passion for teaching will inspire you, and their high expectations will become your own. They will become people you never forget.
We want to make life easy for you. That’s why we created The Hive, your one-stop shop for all student services. Whenever you need to talk with an academic advisor, financial aid officer, or career advisor, just head to The Hive!

WHEN WE SAY YOUR EDUCATION AT BREScia IS STUDENT-CENTRED, WE MEAN IT.

Students are truly at the core of every decision we make—from program design to curriculum planning to service offerings. Whenever we face tough decisions, we always ask, “What’s best for our students?” Thanks to small class sizes, you will have direct interaction with your professors. If you’re ever struggling, need direction or support—or want to celebrate your achievements—you can count on your professors and academic advisor to be there for you. You are the reason we are here.

“My transition from high school to university was a bit rocky. It was difficult being away from my family in Bermuda and getting out of my comfort zone. But stepping away from my norms allowed me to find myself. It has given me the strength to see how far I can go if I push my limits. I live by this quote from German theoretical physicist Max Planck: ‘When you change the way you look at things, the things you look at change.’ To me that means if I view the things in my life as positive, then my life will be positive. It reminds me that I am the only one who has control over my life and how it unfolds. I want to be a better person than I was yesterday. My ambition is to become a family lawyer. I am studying psychology at Brescia so that I can better understand my future clients.”

Melissa Jean
Associate Professor, Management and Organizational Studies, School of Leadership & Social Change

QUINCAI DILL

My transition from high school to university was a bit rocky. It was difficult being away from my family in Bermuda and getting out of my comfort zone. But stepping away from my norms allowed me to find myself. It has given me the strength to see how far I can go if I push my limits. I live by this quote from German theoretical physicist Max Planck: ‘When you change the way you look at things, the things you look at change.’ To me that means if I view the things in my life as positive, then my life will be positive. It reminds me that I am the only one who has control over my life and how it unfolds. I want to be a better person than I was yesterday. My ambition is to become a family lawyer. I am studying psychology at Brescia so that I can better understand my future clients.
CULTIVATE YOUR MIND

IT’S IN YOU: THAT SPARK. THAT FIRE. THAT DESIRE TO REALIZE YOUR DREAMS.

Brescia stokes that fire by helping you gain the experiences you need to be whatever you want to be. Because professors and staff actually know you, they can keep their eyes open for opportunities that fit you best—whether that’s an internship, field placement/practicum, or research position. Through our International Exchange program, you can study abroad for a term or a full year in places like The Netherlands, France, England, Japan, Ireland, or Barbados. We’ll help you get where you want to go!

Real-World Experience

Our students have completed field placements with Community Partners such as:

- Aberdeen Public School
- Arcare Media
- Big Brothers Big Sisters
- Chelsey Park Retirement Community
- City of London
- Community Living London
- Dale Brain Injury Services
- Hutton House
- Investing in Children
- London Economic Development Corporation
- London Community Chaplaincy
- London Intercommunity Health Services
- London Urban Services Organization
- McKenzie Lake Lawyers
- Merrymount Family Support and Crisis Centre
- My Sister’s Place—Micro-Enterprise
- My Sister’s Place—Peer Support
- Royal Bank of Canada
- Salvation Army Corrections and Justice
- Thames Valley District School Board

Internship Leads to Career

Rosalind Lo’s marketing and sales internship with the MINI Team at BMW Group Canada in Toronto turned into a full-time Marketing Coordinator position with the company. The Management & Organizational Studies and Psychology graduate credits her professors for helping her secure the internship that led to her future career. "Being at Brescia taught me that being small means you can still have a significant impact."

MADISON HOLMAN
CLASS OF 2016

FOOD MANAGEMENT | HEIDELBERG, ONTARIO

I grew up playing and watching hockey. That’s why I was thrilled to land a marketing internship with the London Knights Hockey Club. My internship gave me the opportunity to combine two things I am most passionate about—sports and marketing. My courses at Brescia prepared me to succeed in my internship. I have taken a variety of courses where I was able to work directly with real clients. These courses were very interactive and eye-opening when it comes to what to expect in the real world. I have been able to leverage things I learned at Brescia in my internship with the London Knights and vice versa. I know in the future I will look back at the experiences Brescia provided me and use what I have gained to be a leader wherever I go.

""
FEEL AT HOME

NO DOUBT ABOUT IT: TRANSITIONING TO UNIVERSITY CAN BE CHALLENGING. YOU CAN COUNT ON US TO DO ALL WE CAN TO HELP YOU FEEL AT HOME.

Our staff and faculty will warmly welcome you and encourage you to get involved. Attending Orientation Week is the perfect way to get off to a great start. Brescia’s Soph Peer Mentor Team (we call them “Sophs”) will be there to enthusiastically greet you and support you. These upper-year mentors are dedicated to helping you—throughout “O-Week” and all during your first year at Brescia.

Helping Students “Take a Paws”

At Brescia, we’re always looking for ways to help our students cope with the pressures of university life. One way we do that is by bringing therapy dogs to campus for Puppy Play Dates. These adorable stress relievers support our holistic approach to wellness. Our furry friends help students alleviate anxiety and depression, lower blood pressure and stress hormones, and bring smiles to everyone they meet.

Transitioning to Brescia

Whether you’re coming to Brescia from another country—or across the city—we have programs in place to help your transition:

Orientation Week: “O-Week” at Brescia and Western is action-packed and known for being amazing. You’ll make new friends, participate in fun activities, and get to know both campuses—before classes even start!

Soph Team: This dedicated group of upper-year students will be there with you during O-Week and beyond—to support and guide you through your first year at Brescia.

International Bridging Program: International and out-of-province students will receive guidance on everything from academics to transportation—even where to eat and shop.

PAIGE WALKER

PSYCHOLOGY | LONDON, ONTARIO

I remember being told that if I went to Brescia I would be more than just a number and I would have the opportunity to get to know my professors. I am now heading into my fourth year, and I can honestly say the only number I feel here is No. 1. Brescia puts their students first and provides you with the support you need to reach your goals. I am passionate about maintaining the inclusive environment Brescia is known for, which is why I joined the Soph Peer Mentor Team. I am able to help incoming students adjust to campus and welcome them into the Brescia community. When I am not on top of the hill, I am most likely walking down it, or my way over to the Western rec center where I work as a lifeguard. Outside of campus, I love to go out for sushi with my friends or take a yoga class downtown.

The London and Brescia communities have shaped me into the person I am today.
SYEDA “MARIA” FATIMA

FOODS & NUTRITION | SAUDI ARABIA

I am originally from India, but I was born and raised in Saudi Arabia. I thought I would have problems fitting in at Brescia, but I quickly realized that no one really fits in here. All of us stand out because of our diverse nationalities, faiths, ideologies, and mannerisms. People here love hearing about different countries and cultures. That motivates me to share my experiences from home. The moment you step into Brescia, so many doors of opportunity open wide for you. There’s no telling where they’ll lead you. Brescia is definitely my home away from home now. I tell prospective students, ‘Don’t be afraid to say hello and talk to people you meet in class or on campus. You’ll be surprised at how much you learn from them and how similar you both are.’ I know I’ll never forget Brescia’s rich history, mind-blowing architecture, and the people. Especially the people.

WOMEN FROM AROUND THE WORLD ATTEND BRESCEA.

Brescia students come from around the world—from the Caribbean to Asia, the United States to the United Arab Emirates. You’ll collaborate in the classroom, live side-by-side in residence, and connect through clubs and organizations. While your background, culture, and faith may be different, you’ll share the same desire to receive a student-centred education that leads to a rewarding future.

DISCOVER THE WORLD
BRAINPOWER

ACTIVATE YOUR BRAINPOWER

[ ACADEMIC PROGRAMS ]

ELAINE CHEN

MANAGEMENT & ORGANIZATIONAL STUDIES | WELLAND, ONTARIO

Before starting my undergraduate studies, I enrolled in Brescia’s ‘Be Ready’ program. It is a six-week English language program offered in the summer. I’m originally from China, and it helped me to improve my English skills and also to adapt to the university better. I remember when I received my offer from Brescia—there was a chocolate inside. That melted my heart. Brescia is like a warm family. I feel the love and acceptance. Before I came to Brescia, I was really shy and felt like I had lost my voice. Now I feel I have a connection with others. In the future I am thinking of opening my own flower shop. I think my mom influenced that. When I was little, my mom planted flowers everywhere. Flowers are beautiful, no matter what kind. My favorite flower is the sunflower. It is like me: friendly, optimistic and always smiling.

Dimensions of Leadership

YOU’LL BE EMPOWERED to develop as a leader so you can inspire others.

YOU CAN EXPERIENCE completing a course-based placement in the local community.

YOU’LL BE PREPARED to make positive change in the world around you.

OUR GRADUATES lead in business, government, health care, social services, and media. Their job titles include:
- Bayfield Financial Advisor, Edward Jones Financial Advisor
- TD Canada Trust Community Animator, Pillar Nonprofit Network

English

YOU’LL BE EMPOWERED to write, edit, teach, or pursue a variety of careers.

YOU CAN EXPERIENCE amazing internships and an academic exchange to England.

YOU’LL BE PREPARED to apply your well-developed oral and written communication skills in a workplace or graduate program.

OUR GRADUATES find rewarding careers in positions, such as:
- Loader, Health Public Policy, Calgary Health Region
- Director of Communications, Manulife Financial
- Health and Safety Coordinator, Beaver Valley Ski Club
- Supervisor, Communications Bureau, Halton Regional Police Service
- Writer/Editor, Canadian Marketing Association
- Enterprise Account Manager, Microsoft Canada

Family Studies

YOU’LL BE EMPOWERED to work in a variety of careers, from mediator to educator.

YOU CAN EXPERIENCE remarkable opportunities, such as a hands-on practicum course, that will prepare you for the real world.

YOU’LL BE PREPARED to pursue graduate or professional education in various disciplines.

OUR GRADUATES’ job titles include:
- Business Analyst, Bank of Montreal (BMO) Financial Group
- Director, Marketing and Communications, Sun Life Financial
- Volunteer Coordinator, Elizabeth Fry Society of Peel-Halton
- Executive Director, Meals on Wheels of Ontario

Foods & Nutrition

YOU’LL BE EMPOWERED by a dietetic education program that is accredited by the Partnership for Dietetic Education and Practice (PDEP) and prepares students for eligibility for registration with a provincial dietetics regulatory body.

YOU CAN EXPERIENCE volunteer activities that can help you land a coveted internship.

YOU’LL BE PREPARED to apply your knowledge of nutrition and food-related subjects to a variety of career and professional programs.

OUR GRADUATES succeed in a variety of roles, including:
- Pandemic Dietitian
- Director of Women’s Marketing North America, Adobe America
- Infection Control Practitioner, Blue Water Health
- Cancer Information Specialist, Canadian Cancer Society
- Food Specialist, Canadian Food Inspection Agency
- Neuroscience Specialist, Eli-Lilly Canada

FOCUS YOUR STUDIES by choosing from modules, such as Nutrition & Dietetics and Food Science & Technology.

French

YOU’LL BE EMPOWERED for various careers, from teacher to translator.

YOU CAN EXPERIENCE observing teachers and working with students in Ontario schools.

YOU’LL BE PREPARED for guaranteed entry into Western’s Bachelor of Education program (BEd).

OUR GRADUATES hold a variety of job titles, including:
- Senior Officer, Trade Compliance, Canada Border Services Agency (CBSA)
- Librarian, London District Catholic School Board
- Public Relations Officer, Museum of Ontario Archaeology
- French Language Services Coordinator, Ministry of Transportation
- CoreFrench Teacher, Lambton Kent District School Board
- Digital Engagement Specialist, 3M Canada

FOCUS YOUR STUDIES by choosing from various French-focused modules such as French for Teaching.
**Academic Programs (Cont.)**

**Health Sciences**

**You’ll be empowered** for many different health-related careers.

**You can experience** the flexibility of combining your degree with another area of study.

**You’ll be prepared** to pursue graduate or professional education in various disciplines.

Our graduates have gone directly into a wide array of careers, including:

- International Fundraising Coordinator, Barbados Olympic Association
- Marketing Assistant, Pioneers Global Investments
- Sunshine Dream for Kids
- Clinical Director, Pro Function Chiropractic and Sports Injury Clinic

**Kinesiology**

**You’ll be empowered** through one of the most comprehensive programs in Canada.

**You can experience** kinesiology courses on Western’s campus and electives at Brescia.

**You’ll be prepared** through this flexible degree to pursue professional programs.

Our graduates hold various job titles, including:

- Teacher, Peel District School Board
- Fitness Response Worker
- LOFT Employment Support Services
- Fitness Professional

**Management & Organizational Studies**

**You’ll be empowered** to build a solid business foundation so you can lead boldly.

**You can experience** working eight to sixteen months “in industry.”

**You’ll be prepared** to enter your career with well-developed management and leadership skills through your hands-on classroom experiences.

Our graduates succeed in a variety of positions, including:

- Human Resource Manager, First National Bank
- Talent Strategy and Development Specialist, London Health Sciences Centre
- Senior Associate, PricewaterhouseCoopers LLP
- Market Logistics Manager, Procter & Gamble
- Accountant, Auditor, Canada Revenue Agency
- Director of Healthcare, Sysco Food Services Inc

**Focus Your Studies by choosing areas such as:**

- Accounting
- Consumer Behaviour
- Food Management
- Nonprofit Management

**Preliminary Year (Foundation Year) Program**

**You’ll be empowered** to successfully gain entrance into first-year university studies.

**You’ll be prepared** to solve complex problems and exercise excellent decision-making skills in the workplace, graduate schools or professional programs.

**Our graduates** have both the academic and study skills needed to succeed in university programs.

**Psychology**

**You’ll be empowered** to understand and explain thought, emotion, and behaviour.

**You can experience** a four-year thesis option and work on your own research under the guidance of a professor.

**You’ll be prepared** to solve complex problems and exercise excellent decision-making skills in the workplace, graduate schools or professional programs.

**Our graduates** in a variety of careers, including:

- Mental Health Worker, Canadian Mental Health Association
- Recreation Coordinator, City of Edmonton Parks and Recreation
- Speech Language Pathologist, Greenwich Hospital
- Speech-Language Pathologist, Greenwich Hospital
- Transportation & Logistics, Mars Canada Inc.
- Primary Crisis Counsellor, Violence Against Women Services, Elgin County
- Community Engagement Coordinator, with Immigration Partnership, Region of Waterloo

**Post-Graduate Programs**

- Diploma in Management and Organizational Studies
- Diploma in Nutrition
- Diploma in Dietetic Education and Practical Training

**Sociology**

**You’ll be empowered** to critically evaluate social issues relevant to society.

**You’ll experience** researching social issues of interest to you for your capstone course or complete a practicum placement course.

**You’ll be prepared** to think critically and be socially aware for careers related to policing, corrections, courts, law, social services, and policy, or for further research at the graduate level.

Our graduates have gone on to rewarding careers as:

- Vice President, Marketing, Banff Television Network
- Representative to the United Nations, Bahá’í International Community
- Assistant Manager – Event Planning, London Convention Centre
- Protection and Customary Care Support Worker, Chatham-Kent Children’s Services
- Compensation Analyst, IBM
- Probation and Parole Officer, Ministry of Children and Youth Services

**Focus Your Studies** by choosing from modules such as Criminal Justice, Community Development, and Community Development in a Global Context.
COMMUNICATION
Excel in oral, written, interpersonal, and group communication skills

CRITICAL THINKING
Rational, informed, independent, and open-minded exploration of issues

INQUIRY AND ANALYSIS
Break-down complex issues to arrive at informed decisions

PROBLEM SOLVING
Create and execute strategies to answer questions or achieve goals

SELF AWARENESS AND DEVELOPMENT
Demonstrate honest and fair reflection and self evaluation

SOCIAL AWARENESS AND ENGAGEMENT
Engage in and contribute to positive change

VALUING
Make decisions and choose actions based on your principles and values

FROM YOUR COURSE ASSIGNMENTS TO YOUR VOLUNTEER ACTIVITIES, BRESCIA’S SEVEN COMPETENCIES ARE WOVEN INTO EVERYTHING YOU’LL DO HERE.

What are the Brescia Competencies? They are attributes that make you an effective leader. Skills that help you solve problems. Abilities that enable you to positively impact the world. Brescia Alumnae Lin Yuan-Su explains it best: “What Brescia teaches students is way more than an area of study. When you graduate, you are given wings to fly. Brescia’s Competencies are those wings.”

JOYCELYN HUYNH
FOODS & NUTRITION | MARKHAM, ONTARIO
(pictured left)

I chose Brescia because of its emphasis on female empowerment and because my values align with Brescia’s competencies. Brescia has unlimited opportunities and courses that prepare me to lead. The campus atmosphere is extremely positive, and the entire faculty wants you to succeed. Professors and staff exemplify what it means to be a leader. My goal is to be inspiring to my peers and to create happiness. Through my work-study position at the Student Life Centre, I’m able to use my creativity and knowledge to help students. I am also a research lab assistant and a teacher at Nutrition Ignition, which is an obesity prevention program. I’ve served breakfast to senior citizens at the Victorian Order of Nurses through a program that was started by Brescia students. I am a member of the Students’ Council, the Students’ Human Ecology Association, and the Chinese Students’ Association. By getting involved with many leadership opportunities, I am able to stand out in my own way and be confident.

To launch our outcomes-based curriculum, Brescia demonstrates its continued commitment to student success. This approach assures our students that they will gain both subject area expertise and a core set of abilities. From communication through valuing, our graduates will be able to articulate exactly what they gained from their Brescia experience.

Marianne Simm
Vice-Principal, Students

“GROW YOUR WINGS”

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NEED PROOF THAT BRESCIA LISTENS TO ITS STUDENTS? LOOK AT OUR RESIDENCE.

This $31 million facility was created for students by students. They said they wanted big closets; we gave them 2-by-2-metre closets. They said they wanted big beds; we gave them queen-sized ones. They said they wanted their own sink; they got it—along with Wi-Fi, fridge, desk, and bookshelves. Oh, and room-darkening blinds, heat and AC control, and a window seat with a view (a really, really great view). Live in residence, and you’ll get all of that, too.

KEEPING IT GREEN
We built our residence with you and the environment in mind. From highly efficient heating, cooling, and ventilation equipment to thoughtful placement of operable windows, our residence is a shining example of environmentally responsible development. Our commitment to our students and the planet resulted in an environmental rating of Five Green Globes—the highest possible.

LIVE YOUR POTENTIAL

YOU CAN STORE A SEMESTER’S WORTH OF DIRTY LAUNDRY HERE—JUST DON’T TELL YOUR MOM.

YOU WILL HAVE YOUR OWN ROOM with a queen-size bed, large closets, and lots of storage. While you share a washroom with another student, your room includes a sink. You also will have Wi-Fi, a small refrigerator, desk, and bookshelves.

YOU CAN HANG 25 BLOUSES, 15 DRESSES, 10 PANTS, 5 COATS, AND 4 BRESCIA SWEATSHIRTS HERE.

ABIGAIL NEAL

PSYCHOLOGY | YOUNGSTOWN, NEW YORK

The residence is beautiful. I love having a queen-size bed. And because I live in residence, I quickly and easily hear about events and opportunities to take advantage of. I love that the Mercato is right here. The food is always so delicious! We have such a close-knit environment at Brescia. I’ve made so many amazing friends from all over the world, including Trinidad, Montreal, Toronto, British Columbia, Jamaica, and China. They call me the New York girl! There is no other place I could have become such fast and close friends with so many diverse people. The memories I’ve made at Brescia are memories that will last forever—and my new friends will be friends for life.

I volunteer at the Boys and Girls Club downtown London, which I also did in New York City. I love kids, and I love going back. Brescia has inspired me to be bold by introducing me to new opportunities to step out of my comfort zone.
ENJOY YOUR FAVOURITES

“I grew up in a very hospitable and multicultural, food-focused home. I am the beneficiary of some excellent culinary training and experiences. I attended George Brown College in Toronto and graduated from the Culinary Management Program and the exclusive Italian Culinary Arts Program. I've run fine-dining kitchens in Toronto and worked at a five-star hotel in Italy and Michelin-starred restaurants in England. My training and experiences inform my approach, but my passion sparks the desire to do things well and to share my joy of cooking. At Brescia, we view our students as customers. My approach is to listen to our customers and then do my best to give them what they want. I don’t take that for granted. Often I tell my staff, ‘Our value to Brescia is in being valued. If we deliver inspired food with engaged service, we are valued. We work toward that every day.’”

Tim D’Souza
Food Services Manager

Catering to You
Food allergies or preferences? Miss a dish from home? Let us know. We’ll listen and do our best to accommodate you!

Hands-on Learning
Our dining hall doubles as a classroom for Foods & Nutrition students. From cutting-edge research to learning about the importance of locally sourced foods, the Mercato provides a great training ground for your future.

Food allergies or preferences? Miss a dish from home? Let us know. We’ll listen and do our best to accommodate you!

Hands-on Learning
Our dining hall doubles as a classroom for Foods & Nutrition students. From cutting-edge research to learning about the importance of locally sourced foods, the Mercato provides a great training ground for your future.
Brescia’s Foundresses, the Ursuline Sisters, were strong women of faith who were committed not only to the development of women, but also to social justice and community service. Their vision and values live on at Brescia. By considering Brescia, you’re considering an education that will do more than prepare you for your own personal success. It will prepare you to create a life that has significance—for yourself, your family, your community, and the world. You’ll grow into a socially responsible citizen—one who leads with wisdom, justice, and compassion.

Choose to Serve

You’ll have many opportunities to be of service to others, including such options as:
- Community Development Program: Through course practicum placements you will apply community development skills in local or international agencies.
- Girls LEAD (Leadership, Education, and Development): Be a counsellor with Girls LEAD and empower young girls to become successful leaders through this unique and fun summer camp.
- SHEA (Students’ Human Ecology Association): Participate in volunteer opportunities directly related to your career interests in nutrition, dietetics, food science and technology, human ecology, and family studies.

TYLA HERRERA (pictured left)

Leadership Studies & Community Development | Trinidad

My love for volunteering started when I was 12 and living in Jamaica. I volunteered at shelters for men and women, homes for the disabled, abandoned and abused children and elderly homes. Even when I moved to Trinidad, I continued to devote much of my life to aiding these people. Volunteering and athletics became my road to happiness, the true way of dealing with life’s challenges. In 2015, I helped start Making A Difference Everywhere (MADE), a nonprofit organization for youth in Trinidad and Tobago to show them how important it is to help those in need. Today there are almost 200 volunteers who are working in centers, schools, and other organizations. MADE is now in St. Kitts, Grenada, and St. Lucia and also in the United States and Canada. I’m determined to continue this organization and spread it to countries around the world. I know that Brescia will help me to accomplish my dreams and goals in life.
WONDERING IF YOUR BRESCEA EDUCATION WILL LEAD TO A FULFILLING AND REWARDING FUTURE? ABSOLUTELY.

When you graduate from Brescia, you’ll join an impressive alumnae network—women who are extraordinary people as well as extraordinary leaders. They live, work, lead, and learn all over Canada—and the world. Here are just a few of our inspiring graduates and the positions they hold. Imagine yourself among them.

OUR ALUMNAE

Markaysa Allan-Umar, Class of 2014
Assistant Marketing Manager at Weston Bakeries

Brooke Bliss, Class of 2014
Nutrition Consultant at Brooke Bliss
Nutrition Consulting

Malika Auplish, Class of 2013
Programme Associate at United Nations

Stefanie Gomez, Class of 2013
Product Development Specialist at Nestle Canada Inc.

Meghan Doll, Class of 2013
Entrepreneur, Registered Holistic Nutritionist

Meagan Zettler, Class of 2013
Public Affairs Coordinator, Tourism Industry Association of Canada

Andra Taylor, Class of 2012
Dietitian, University of Ottawa Heart Institute
Edita Dindic, Class of 2012
Coordinator, International Student Experience, University of Waterloo

“WHAT’S SO WONDERFUL ABOUT BRESCEA IS THAT IT REALLY IS AN INCUBATOR FOR WOMEN WHO WANT TO IMPROVE THE WORLD AROUND THEM. THERE’S SOMETHING SO EMPOWERING ABOUT BEING SURROUNDED BY SUCCESSFUL WOMEN WHO ARE EQUALLY AS DRIVEN AS YOU.”

Andra Taylor, Class of 2012
Dietitian, University of Ottawa Heart Institute

DEFINE YOUR FUTURE

Career Support

To help you along your career journey, our Student Life Centre offers workshops, events, programs, and tools, including:

- Career Appointments
- Career Peers
- Classroom to Career Workshop Series
- Curricular Career Support
- Engagement Certificate
- Professional Mentoring Program
Applying to Brescia

All the information you need to apply to Brescia is available online at brescia.uwo.ca/admissions. Our regular academic term begins in September, though select programs offer start times in January and May. You can apply to Brescia year-round.

INTERNATIONAL HIGH SCHOOL APPLICANTS
If you are applying to Brescia and outside of Canada, you will be evaluated under the admission requirements unique to your country and area of study. For more information visit brescia.uwo.ca/admissions/admission-requirements/international_high_schools.

INTERNATIONAL BACCALAUREATE APPLICANTS
Admission requirements for the International Baccalaureate (IB) programs are as follows:
• Successful completion of the IB diploma
• A grade total of 24 (bonus points to a maximum of 3) will be awarded for the successful completion of the Extended Essay and Theory of Knowledge (TOK)
• No grade less than 4
• Offers of early admission are granted to students registered in the IB diploma program on the basis of interim grades (a grade total of 24) in the final year of the IB diploma program
• Admission scholarships will be based on final diploma results

OUT-OF-PROVINCE HIGH SCHOOL APPLICANTS
If you’re applying from a Canadian province outside of Ontario, you must present admission requirements specific to your province. Conditional offers are extended if you have a minimum of a 75% mid-year average, although limited enrollment programs may require higher admission averages. Your admission average is calculated based on your best academic courses, including English. Some programs may require background in math and/or science. Please connect with our Admissions Office to confirm your eligibility. For more information, visit our web site at www.brescia.uwo.ca/admissions/admission-requirements_of_provincial_high_school.

ADVANCED PLACEMENT EXAMS
Transfer credits may be granted for Advanced Placement (AP) courses with final examination grades of 4 or 5. All transfer credits are subject to faculty approval. A maximum of 20 credits may be awarded per student.

HOMESCHOoled APPLICANTS
Brescia welcomes homeschooled applicants, whom we assess on an individual basis. You will need to submit at least the following:
• Transcript of grades
• Standardized testing results (ACT or SAT)
• Portfolio

LEARN MORE ON OUR WEBSITE OR CONTACT OUR ADMISSIONS OFFICERS
W. BRESCIA@UWO.CA / E. BRESCIA@UWO.CA / T. 519.858.5151

For Ontario High School Students

<table>
<thead>
<tr>
<th>OUAC Code</th>
<th>Min. Admission Avg.**</th>
<th>Available Concentrations of Study</th>
<th>Ontario High School Requirements and Recommendations</th>
</tr>
</thead>
<tbody>
<tr>
<td>EBA</td>
<td>79%</td>
<td>- English Language &amp; Literature</td>
<td>- French for Teaching Specialty &amp; Community Leadership</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- French Language &amp; Literature</td>
<td>- ENGL 4U</td>
</tr>
<tr>
<td>BA-EBF</td>
<td>79%</td>
<td>- Family Studies</td>
<td>- ENGL 4U, MATH 4U recommended for Nutrition &amp; Family</td>
</tr>
<tr>
<td>85% EBE</td>
<td></td>
<td>- Family &amp; Communities</td>
<td>- ENGL 4U, SCH 4U, MCR 4U w/ MCT 4U required for Bio</td>
</tr>
<tr>
<td>EBF</td>
<td>79%</td>
<td>- Nutrition &amp; Diets</td>
<td>- ENGL 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Foods &amp; Nutrition</td>
<td>- SCH 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Food Science &amp; Technology</td>
<td>- MATH 4U as MCRU strongly recommended (MATH 4U recommended for Food Science &amp; Technology)</td>
</tr>
<tr>
<td>EBH</td>
<td>85%</td>
<td>- Health Sciences</td>
<td>- ENGL 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Gil, Health Sciences</td>
<td>- SCH 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Gerontology</td>
<td>- MATH 4U as MCRU recommended (MATH 4U recommended for Food Science &amp; Technology)</td>
</tr>
<tr>
<td>EBP</td>
<td>85%</td>
<td>- Gil, Kinesiology</td>
<td>- ENGL 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Leadership Studies, apply under Social Sciences</td>
<td>- ENGL 4U</td>
</tr>
<tr>
<td>EBO</td>
<td>79%</td>
<td>- Accounting</td>
<td>- ENGL 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Food Management</td>
<td>- SCH 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Consumer Behavior</td>
<td>- MATH 4U as MCRU recommended (MATH 4U recommended for Food Management)</td>
</tr>
<tr>
<td>EBD</td>
<td>79%</td>
<td>- Community Development</td>
<td>- ENGL 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Community Development in Global Context</td>
<td>- MATH 4U as MCRU recommended for Food Management</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Community &amp; Criminal Justice</td>
<td>- MATH 4U as MCRU recommended for Food Management</td>
</tr>
<tr>
<td>EBO</td>
<td>79%</td>
<td>- Pre-university course in Biology</td>
<td>- ENGL 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Chemistry</td>
<td>- SCH 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- English</td>
<td>- MATH 4U as MCRU recommended for Food Management</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Geography</td>
<td>- MATH 4U as MCRU recommended for Food Management</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- History</td>
<td>- MATH 4U as MCRU recommended for Food Management</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Foods &amp; Nutrition</td>
<td>- MATH 4U as MCRU recommended for Food Management</td>
</tr>
<tr>
<td>EBC</td>
<td>70% based on entire high school transcript</td>
<td>- Pre-university course in History</td>
<td>- SCH 4U</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Physics</td>
<td>- MATH 4U as MCRU recommended for Food Management</td>
</tr>
</tbody>
</table>

**Admission averages are based on the 2017 admissions cycle. Applicants who meet the minimum average are not guaranteed admission.
Money Matters

**Scholarships for Canadian High School Students**

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Number Awarded</th>
<th>Diploma Score</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board of Trustees Continuing Scholarship</td>
<td>Three</td>
<td>90.0+</td>
<td>$3,500</td>
</tr>
<tr>
<td>Principal's Entrance Scholarship</td>
<td>Unlimited</td>
<td>88.0–90.9%</td>
<td>$3,000</td>
</tr>
<tr>
<td>Academic Dean's Entrance Scholarship</td>
<td>33–35</td>
<td>$2,500</td>
<td></td>
</tr>
<tr>
<td>Brescia Faculty Entrance Scholarship</td>
<td>30–32</td>
<td>$2,000</td>
<td></td>
</tr>
<tr>
<td>Brescia Entrance Scholarship for Academic Excellence</td>
<td>28–29</td>
<td>$1,500</td>
<td></td>
</tr>
<tr>
<td>Brescia Merit Entrance Scholarship</td>
<td>25–27</td>
<td>$1,000</td>
<td></td>
</tr>
</tbody>
</table>

IB Scholarships are automatically assessed based on final diploma scores (with up to 3 bonus points). All scholarships may continue for up to four years.

**International Entrance Scholarship**

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Number Awarded</th>
<th>Diploma Score</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Principal’s Entrance Scholarship</td>
<td>Unlimited</td>
<td>86.0–87.9%</td>
<td>$3,500</td>
</tr>
<tr>
<td>Academic Dean’s Entrance Scholarship</td>
<td></td>
<td>83.0–84.9%</td>
<td>$3,000</td>
</tr>
<tr>
<td>Brescia Faculty Entrance Scholarship</td>
<td></td>
<td>80.0–82.9%</td>
<td>$2,500</td>
</tr>
</tbody>
</table>

Canadian students who are new to Brescia may apply for a non-repayable entrance bursary of $500 to $2,000.

**Scholarships**

A wide range of scholarships are available to you—from $1,000 to full tuition.

**Work Study program**

Through paid positions on campus, you’ll receive income and valuable work experience.

**OSAP**

If you reside in Ontario, you may apply for a student loan and grants.

For a full list of scholarships available to new students, visit: BRESCIA.UWO.CA/TUITION/SCHOLARSHIPS/ADMISSION-SCHOLARSHIPS

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**International Baccalaureate Students**

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Number Awarded</th>
<th>Diploma Score</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Principal’s Entrance Scholarship</td>
<td></td>
<td>91.0+</td>
<td>$3,500</td>
</tr>
<tr>
<td>Academic Dean’s Entrance Scholarship</td>
<td></td>
<td>88.0–90.9%</td>
<td>$3,000</td>
</tr>
<tr>
<td>Brescia Faculty Entrance Scholarship</td>
<td></td>
<td>85.0–87.9%</td>
<td>$2,500</td>
</tr>
<tr>
<td>Brescia Entrance Scholarship for Academic Excellence</td>
<td></td>
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<td>$2,000</td>
</tr>
<tr>
<td>Brescia Merit Entrance Scholarship</td>
<td></td>
<td>80.0–82.9%</td>
<td>$1,500</td>
</tr>
</tbody>
</table>

**Sister St. Anne Lachance International Student Scholarship**

One 80% or above $6,000 and a double room in Brescia residence

All scholarships may continue for up to four years and will be based on final grades.

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**Other Entrance Awards**

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Number Awarded</th>
<th>Academic Requirements</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brescia Community Leader Award</td>
<td>Four (based on application demonstrating community involvement and leadership)</td>
<td>Applicant must have an offer of admission from Brescia</td>
<td>$1,000</td>
</tr>
<tr>
<td>Brescia LEAD Excellence Award</td>
<td>One</td>
<td>78% or above</td>
<td>$5,000</td>
</tr>
<tr>
<td>Wide Family General Achievement Entrance Scholarship</td>
<td>One</td>
<td>80% and coming directly from an Ontario High School</td>
<td>$6,000 with the possibility to continue for three years</td>
</tr>
</tbody>
</table>

For a full list of scholarships available to new students, visit: BRESCIA.UWO.CA/TUITION/SCHOLARSHIPS/ADMISSION-SCHOLARSHIPS

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**SNAPSHOT OF 2016-17 ACADEMIC YEAR**

$1,657,097 in total scholarships and bursaries awarded

$490,308 in Brescia Bursaries

$152,824 in Additional Awards and Bursaries

$1,027,088 in Scholarships

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**SCHOLARSHIP INFORMATION 2016-2017**

**TUITION & FEES**

**Tuition Fees (Full-Time, Canadian Permanent Resident)**

- Preliminary Year: $7,972.59
- Year 1: $29,135.59
- Year 1 MOS: $33,302.59

*Estimate for tuition fees based on 2017–2018 fees; subject to change. Tuition fees include all student and ancillary fees, including the university health plan for international students.

*Please note the Brescia International Bridging Program is required for all students who are not Canadian citizens or permanent residents living abroad. The program is included in your fees.

**Residence Fees**

- Single room with shared en suite: $7,720
- Double room: $6,170
- Premium single: $8,420

**Meal Plan A**: $3,880

Students are enrolled in Meal Plan A, but for a heartier meal plan, contact the Business Office and enrol in Meal Plan B ($4,010). Meal Plan dollars are nonrefundable.

*Estimate for residence fees based on 2017–2018 fees; subject to change.
OPEN HOUSES
Open Houses are a great way to learn more about Brescia. We offer:

FALL PREVIEW DAY 2017
Saturday, Nov. 4, 2017

MARCH BREAK OPEN HOUSE 2018
Saturday, March 10, 2018

IMPORTANT DATES
SEPTEMBER 22-24, 2017
Ontario Universities Fair
Metro Toronto Convention Centre
Toronto, Ontario | ouf.ca

SUNDAY, NOVEMBER 12, 2017
Campus Tours

JANUARY 17, 2018
Deadline for OUAC 101
(Ontario High School) applications

MAY 2018
Spring Welcome

JUNE 1, 2018
Deadline for students to accept an offer of admission (to be guaranteed a space in your program of choice)

You can take a campus tour Monday through Friday at 10:30 a.m. and 2:30 p.m. To schedule a tour, contact us at brescia@uwo.ca or call 519.858.5151. You also can book a tour online at brerescia.uwo.ca/admissions/visit-us.

VISIT BRESCLA
Brescia University College

1285 Western Road | London, ON Canada N6G 1H2

The Hive: Inquiries, Admissions, and Tours
Tel: 519.858.5151 Fax: 519.858.5157 Email: brescia@uwo.ca

FACEBOOK.COM/BRESCIAUNIVERSITYCOLLEGE @BRESCIAUC /BRESCIAUC BRESCIAUC

Brescia at a Glance

Founded: 1919

Located: London, Ontario, Canada

Affiliated: with Western University

Degrees: granted by Western University

Student/Faculty Ratio: 14:1

Enrollment: 1,500 full-time students; 200 part-time

Entrance Scholarships: begin at 80% admission average

Programs

Leadership Studies

English

Family Studies
Nutrition & Families

Foods & Nutrition
Nutrition & Dietetics, Food Science & Technology

French
French for Teaching

Health Sciences

Kinesiology

Management & Organizational Studies
Accounting, Consumer Behaviour, Food Management, Nonprofit Management

Preliminary Year (Foundation Year)

Psychology

Sociology
Criminal Justice, Community Development, Community Development in a Global Context