EMPOWERED. THAT’S HOW BRESCIA WILL MAKE YOU FEEL. FROM YOUR FIRST DAY ON CAMPUS, YOU’LL FEEL A GROUNDSWELL OF SUPPORT. IT WON’T COME IN THE WAY OF HAND-HOLDING—YOU DON’T NEED THAT—but it will come in the way you’re asked: What do you think? What would you do? What are your dreams? How can I help? At Brescia, you’ll discover—and embrace—your own brand of bold.

Just like Brescia, I’m incredibly passionate about empowering and encouraging women to realize their purpose and unlock their potential. That’s why I chose to attend Brescia—and why I run SHINECanada, a nonprofit organization that teaches leadership to young girls. While studying in Australia, I became a trained SHINE facilitator and when I returned to Canada, I brought the program with me because I wanted to help Canadian girls know their value and purpose in life, too. The program has been running in London and surrounding areas for two years. Last year, we partnered with an organization to facilitate the program in Northern Ontario and in Moldova in Eastern Europe. As a woman, it’s easy to become discouraged by norms that are embedded into society to hold women back. Brescia has encouraged me to continue pushing back and pursuing my goals so that in the future these norms are no longer a hindrance to women.

MADISON OLSEN
MANAGEMENT & ORGANIZATIONAL STUDIES
ILDERTON, ONTARIO

BUILD YOUR BOLD

CONTENTS
02 • Canada’s Only Women’s University
04 • Western Affiliated
06 • Women’s Leadership
08 • Collaborative Learning
10 • Student-Centred Approach
12 • Real-World Experience
14 • Transitioning to Brescia
16 • International Experiences
18 • Academic Programs
22 • Brescia Competencies
24 • Living in Residence
28 • Being of Service
30 • Outcomes
32 • Applying to Brescia
34 • Money Matters
36 • Visit Campus

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MADISON OLSEN (right)
MANAGEMENT & ORGANIZATIONAL STUDIES
ILDERTON, ONTARIO
THE URSLINE SISTERS OF THE CHATHAM UNION WERE PIONEERING, BOLD WOMEN WHO BELIEVED IN EMPOWERING WOMEN THROUGH EDUCATION.

Their tenacious spirit has lived on since our founding in 1919 and is reflected by our students, faculty, administrators, and staff. Everywhere you look at Brescia, you’ll see women—extraordinary, phenomenal, remarkable women—in leadership roles. You’ll be prepared for any future you envision for yourself—a future that goes beyond just making money to making a positive change in the world. At Canada’s only women’s university, Brescia has been educating bold leaders for close to 100 years. You’ll come to understand not just the importance of tradition, but also the excitement of your own potential.

JULIANA PIEROTTI (center left)
SOCIOLOGY | LONDON, ONTARIO

My mom attended Brescia and loved it, so I had a feeling I would also love it here. I can honestly say that choosing Brescia was one of the best decisions I’ve made. It’s not stigmatizing to attend an all-women’s university. It’s empowering. Everyone is friendly and helpful. The people here are like an extension of my family. When I was 5 years old, I was diagnosed with acute lymphocytic leukemia (ALL), a form of cancer. It’s definitely shaped who I am. I realize how fragile life is, and I don’t take things like my health for granted. I’m stronger for it. It also shaped my interest in medical sociology and pursuing work in health care. I want to help change things in the health care system so that patients have a better experience and get the best health care they can, regardless of their illness or social class.

81% of women’s college and university graduates report their institution was “extremely or very effective” in preparing them for future jobs.*

51% of women’s college graduates completed graduate degrees vs. 27% of public university alumnae.*

87% of women’s college alumnae were more likely to graduate in four years or less compared to 54% of public university alumnae.*

*SOURCE: HARDWICK-DAY REPORT

Dr. Susan Mumm
Brescia University College’s 12th Principal

““There is something incredibly meaningful about receiving your higher education in an environment where young women are not just the majority, but are the norm. Your voice is heard.””

TAKE YOUR PLACE IN HISTORY
WHEN YOU’RE A STUDENT AT BRESCIA, YOU ARE ALSO A STUDENT AT WESTERN UNIVERSITY.

That’s because Brescia is affiliated with Western, one of the largest universities in Ontario. You’ll truly benefit from the best of both worlds: Brescia’s close-knit community and access to all that Western and its other affiliates have to offer. When you graduate from Brescia, your degree will be granted by Western University.

ENJOY THE BEST OF BOTH WORLDS

Brescia offers:
- 14:1 student/faculty ratio
- Innumerable leadership opportunities
- Exceptional community involvement through our Professional Mentoring Program

Western offers:
- 180 student clubs and associations
- 46 varsity sports
- One of the largest intramural sports programs in Canada

Men Welcomed
Although we’re Canada’s only women’s university, we welcome men on campus. Because of our affiliation with Western, you’ll have classes with men. They’re also welcome to use our facilities, such as the library and the Mercato.

Natalie Topp (pictured right)

FOODS & NUTRITION | KINTORE, ONTARIO

My Dad made a grass track for me by cutting a path around our field and along the stream. I spent a lot of time running laps with my dog and timing myself. When I was 11, I began training with the London Western Track and Field Club. My first coaches were Western University athletes. I followed their athletic careers and set a goal of one day being a Mustang. I am so excited to now be running for Western while continuing to work toward my goals of representing Team Canada and competing at the Olympics. I consider my professors and friends at Brescia to be part of my ‘team.’ Community is important to me, and that is something I have felt from the beginning at Brescia. When it comes to academics, I benefit from Brescia’s world-class nutrition expertise and focus on leadership while also being able to take some courses at Western. I’m truly living the best of both worlds.
WE BELIEVE IN BUILDING LEADERS AT BRESCIA, BUT WE DON’T BELIEVE IN DICTATING YOUR PERSONAL LEADERSHIP STYLE.

You determine that. You could be loud or quiet. You could lead from the front of the room or the back. You could be a leader in your home, your church, your company, your community, or the ever-changing world at large. What’s most important to us is that you choose to lead—wherever you are—because you’re driven by a passion to make a difference in your corner of the world.

“...you have access to leadership opportunities you likely wouldn’t have at a co-ed university. At Brescia, you see women in leadership roles because they have to be. The leader will almost always be a ‘she’.”

Dr. Donna M. Rogers
Vice-Principal and Academic Dean

“Brescia not only develops young women to lead but also works towards creating the systemic changes so needed for women to thrive and flourish in all aspects of society.”

Dr. Marlene Janzen Le Ber
Chair, School of Leadership & Social Change

If you aspire to lead, our Leadership Studies degree program will put you at the forefront of leadership learning. By studying leadership, you’ll learn about yourself as a leader and how you interact with others. You’ll come to see how you can help change the world—for the better.
Brescia professors are always exploring new ways of teaching. As a student, you might:

- Learn leadership through an origami frog-folding competition
- Play the game show "Jeopardy" to discuss key concepts
- Role-play job interviews
- Analyze case studies and explore how you might handle a difficult situation
- Design print ads using arts and crafts materials
- Colour a picture to learn about sensory branding

"We encourage our students to find their own voices. It’s gratifying to see so many of them grow from unsure, first-year students to confident, fourth-year students."

Dr. Brian Diemert
Professor, English School of Humanities

“Creative Teaching
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LEADERSHIP STUDIES | ORANGEVILLE, ONTARIO

Leadership is at Brescia’s core and central to everything that we do in the classroom and beyond. I have had countless opportunities to develop my leadership identity. I found my voice at the table in classroom discussions, assignments, and leadership roles on campus. I have been privileged to lead teams and get involved in planning major projects and events. I have learned through the example of other amazing leaders at Brescia, and these experiences have encouraged me to empower others to develop as leaders, too. Through my Leadership Studies Practicum Course, I was given opportunities to explore my interest in law. After my third year at Brescia, I was accepted into Osgoode Hall Law School. My time at Brescia provided me with the perfect combination of challenge and support in order for me to develop the confidence to know I’ll be successful in law school.

JULIA McARTHUR, CLASS OF 2016 (pictured above)

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THE HIVE

We want to make life easy for you. That’s why we created The Hive, your one-stop shop for all student services. Whenever you need to talk with an academic advisor, financial aid officer, or career advisor, just head to The Hive!

WHEN WE SAY YOUR EDUCATION AT BRESCLA IS STUDENT-CENTRED, WE MEAN IT.

Students are truly at the core of every decision we make—from program design to curriculum planning to service offerings. Whenever we face tough decisions, we always ask, “What’s best for our students?” Thanks to small class sizes, you will have direct interaction with your professors. If you’re ever struggling, need direction or support—or want to celebrate your achievements—you can count on your professors and academic advisor to be there for you. You are the reason we are here.

“Meeting outside of class is very natural for Brescia faculty and students. It happens because of the relationships we are able to build. We actually know each other’s names and that goes a long way to greeting each other on campus. I am always willing to meet with students because their success is my success. Whenever I can, I want to help guide and coach students.”

Melissa Jean
Associate Professor, Management and Organizational Studies, School of Leadership & Social Change

QUINCAI DILL

My transition from high school to university was a bit rocky. It was difficult being away from my family in Bermuda and getting out of my comfort zone. But stepping away from my norms allowed me to find myself. It has given me the strength to see how far I can go if I push my limits. I live by this quote from German theoretical physicist Max Planck: “When you change the way you look at things, the things you look at change.” To me that means if I view the things in my life as positive, then my life will be positive. It reminds me that I am the only one who has control over my life and how it unfolds. I want to be a better person than I was yesterday. My ambition is to become a family lawyer. I am studying psychology at Brescia so that I can better understand my future clients.

CELEBRATE YOUR SUCCESS

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IT’S IN YOU: THAT SPARK. THAT FIRE. THAT DESIRE TO REALIZE YOUR DREAMS.

Brescia stokes that fire by helping you gain the experiences you need to be whatever you want to be. Because professors and staff actually know you, they can keep their eyes open for opportunities that fit you best—whether that’s an internship, field placement/practicum, or research position. Through our International Exchange program, you can study abroad for a term or a full year in places like The Netherlands, France, England, Japan, Ireland, or Barbados. We’ll help you get where you want to go!

CULTIVATE YOUR MIND

Real-World Experience

Our students have completed field placements with Community Partners such as:
- Aberdeen Public School
- Aircare Media
- Big Brothers Big Sisters
- Chelsea Park
- Retirement Community
- City of London
- Community Living London
- Dale Brain Injury Services
- Hutton House
- Investing in Children
- London Economic Development Corporation
- London Community Chaplaincy
- London Intercommunity Health Services
- London Urban Services Organization
- McKenzie Lake Lawyers
- Merrymount Family Support and Crisis Centre
- My Sister’s Place–Micro-Enterprise
- My Sister’s Place–Peer Support
- Royal Bank of Canada
- Salvation Army
- Corrections and Justice
- Thames Valley District School Board

Internship Leads to Career

Rosalind Lo’s marketing and sales internship with the MINI Team at BMW Group Canada in Toronto turned into a full-time Marketing Coordinator position with the company. The Management & Organizational Studies and Psychology graduate credits her professors for helping her secure the internship that led to her future career.

“Being at Brescia taught me that being small means you can still have a significant impact.”

MADISON HOLMAN
CLASS OF 2016 (pictured above)

I grew up playing and watching hockey. That’s why I was thrilled to land a marketing internship with the London Knights Hockey Club. My internship gave me the opportunity to combine two things I am most passionate about—sports and marketing. My courses at Brescia prepared me to succeed in my internship. I have taken a variety of courses where I was able to work directly with real clients. These courses were very interactive and eye-opening when it comes to what to expect in the real world. I have been able to leverage things I learned at Brescia in my internship with the London Knights and vice versa. I know in the future I will look back at the experiences Brescia provided me and use what I have gained to be a leader wherever I go.

FOOD MANAGEMENT | HEIDELBERG, ONTARIO

""
FEEL AT HOME

NO DOUBT ABOUT IT: TRANSITIONING TO UNIVERSITY CAN BE CHALLENGING. YOU CAN COUNT ON US TO DO ALL WE CAN TO HELP YOU FEEL AT HOME.

Our staff and faculty will warmly welcome you and encourage you to get involved. Attending Orientation Week is the perfect way to get off to a great start. Brescia’s Soph Peer Mentor Team (we call them “Sophs”) will be there to enthusiastically greet you and support you. These upper-year mentors are dedicated to helping you—throughout “O-Week” and all during your first year at Brescia.

PAIGE WALKER ( pictured left)
PSYCHOLOGY | LONDON, ONTARIO

I remember being told that if I went to Brescia I would be more than just a number and I would have the opportunity to get to know my professors. I am now heading into my fourth year, and I can honestly say the only number I feel here is No. 1. Brescia puts their students first and provides you with the support you need to reach your goals. I am passionate about maintaining the inclusive environment Brescia is known for, which is why I joined the Soph Peer Mentor Team. I am able to help incoming students adjust to campus and welcome them into the Brescia community. When I am not on top of the hill, I am most likely walking down it, on my way over to the Western rec center where I work as a lifeguard. Outside of campus, I love to go out for sushi with my friends or take a yoga class downtown.

The London and Brescia communities have shaped me into the person I am today.

Helping Students “Take a Paws”

At Brescia, we’re always looking for ways to help our students cope with the pressures of university life. One way we do that is by bringing therapy dogs to campus for Puppy Play Dates. These adorable stress relievers support our holistic approach to wellness. Our furry friends help students alleviate anxiety and depression, lower blood pressure and stress hormones, and bring smiles to everyone they meet.

Transitioning to Brescia

Whether you’re coming to Brescia from another country—or across the city—we have programs in place to help your transition.

Orientation Week: “O-Week” at Brescia and Western is action-packed and known for being amazing. You’ll make new friends, participate in fun activities, and get to know both campuses—before classes even start!

Soph Team: This dedicated group of upper-year students will be there with you during O-Week and beyond—to support and guide you through your first year at Brescia.

International Bridging Program: International and out-of-province students will receive guidance on everything from academics to transportation—even where to eat and shop.
DISCOVER THE WORLD

WOMEN FROM AROUND THE WORLD ATTEND BRESCIA.

Brescia students come from around the world—from the Caribbean to Asia, the United States to the United Arab Emirates. You’ll collaborate in the classroom, live side-by-side in residence, and connect through clubs and organizations. While your background, culture, and faith may be different, you’ll share the same desire to receive a student-centred education that leads to a rewarding future.

SYEDA “MARIA” FATIMA, SAUDI ARABIA

I am originally from India, but I was born and raised in Saudi Arabia. I thought I would have problems fitting in at Brescia, but I quickly realized that no one really fits in here. All of us stand out because of our diverse nationalities, faiths, ideologies, and mannerisms. People here love hearing about different countries and cultures. That motivates me to share my experiences from home. The moment you step into Brescia, so many doors of opportunity open wide for you. There’s no telling where they’ll lead you. Brescia is definitely my home away from home now. I tell prospective students, ‘Don’t be afraid to say hello and talk to people you meet in class or on campus. You’ll be surprised at how much you learn from them and how similar you both are.’ I know I’ll never forget Brescia’s rich history, mind-blowing architecture, and the people. Especially the people.

INTernational Opportunities

Through Brescia’s BE International Program, you can enrich your university experience by living and learning in another country. You can choose to spend a few weeks, a term, or a full year studying at one of our partner schools—and earn credits that count toward your degree.

Our partner schools include:

- Anton de Kom University - Suriname
- Ewha Women’s University - Seoul, Korea
- LaSalle Beaconsfield Institute Polytechnique - Beaconsfield, France
- Mary Immaculate College - Limerick, Ireland
- Stenden University - The Netherlands
- Université Catholique de Lille - Lille, France
- Wayo Women’s University - Japan
- The University of the West Indies, Cave Hill - Barbados
- Zuyd University - The Netherlands

Success Overseas

Andrea Zheng, a Food Management major from Nanjing, China, wanted to experience other cultures and business markets. Through the BE International Program she studied in Chiba, Japan; Beijing, China; and at Stenden University in the Netherlands. “It is a global world,” says Andrea, who won an international branding competition at Stenden. “Many companies consider your international experience when you apply for jobs. By studying abroad you will stand out in your future job search.”

Get Connected

The Brescia Student Connector Program pairs incoming international students with “ambassadors” who are upper year students. Your ambassador will help you transition to Brescia and London by answering your questions, sharing experiences, and showing you around. She will also welcome learning about you and your culture. The two of you will decide how often to meet and what types of activities to do together. You may even have the opportunity to visit her family home in Canada!
BRAINPOWER

ELAINE CHEN
(pictured left)

MANAGEMENT & ORGANIZATIONAL STUDIES | WELLAND, ONTARIO

Before I started my undergraduate studies, I enrolled in Brescia’s “Be Ready” program. It is a six-week English language program offered in the summer. I’m originally from China, and it helped me to improve my English skills and also to adapt to the university better. I remember when I received my offer from Brescia—there was a chocolate inside. That melted my heart. Brescia is like a warm family. I feel the love and acceptance. Before I came to Brescia, I was really shy and felt like I had lost my voice. Now I feel I have a connection with others. In the future I am thinking of opening my own flower shop. I think my mom influenced that. When I was little, my mom planted flowers everywhere. Flowers are beautiful, no matter what kind. My favorite flower is the sunflower. It is like me: friendly, optimistic and always smiling.

ACTIVATE

[ ACADEMIC PROGRAMS ]

ELAINE CHEN

BRAINPOWER

ACADEMIC PROGRAMS

Brescia University College

Brescia University College Viewbook

ACTIVATE

[ ACADEMIC PROGRAMS ]

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MANAGEMENT & ORGANIZATIONAL STUDIES | WELLAND, ONTARIO

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Health Sciences
YOU’LL BE EMPOWERED for many different health-related careers.
 YOU CAN EXPERIENCE the flexibility of combining your degree with another area of study.
YOU’LL BE PREPARED to pursue graduate or professional education in various disciplines.
OUR GRADUATES have gone directly into a wide array of careers, including:
- International Funding Coordinator, Barbados Olympic Association
- Marketing Assistant, Pineridge Global Investments
- Sunshine Dream for Kids
- Clinical Director, Pro Function Chiropractic and Sports Injury Clinic

Kinesiology
YOU’LL BE EMPOWERED through one of the most comprehensive programs in Canada.
YOU'LL EXPERIENCE kinesiology courses on Western’s campus and electives at Brescia.
YOU’LL BE PREPARED through this flexible degree to pursue professional programs.
OUR GRADUATES hold various job titles, including:
- Teacher, Peel District School Board
- Primary Response Worker
- Loft EIA Support Services
- Fitness Professional

Management & Organizational Studies
YOU’LL BE EMPOWERED to build a solid business foundation so you can lead boldly.
YOU CAN EXPERIENCE working eight to sixteen months “in industry.”
YOU’LL BE PREPARED to enter your career with well-developed management and leadership skills through your hands-on classroom experiences.
OUR GRADUATES succeed in a variety of positions, including:
- Human Resource Manager, First National Bank
- Talent Strategy and Development Specialist, London Health Sciences Centre
- Senior Associate, PricewaterhouseCoopers LLP
- Market Logistics Manager, Procter & Gamble
- Accountant, Auditor, Canada Revenue Agency
- Director of Healthcare, Sysco Food Services Inc

FOCUS YOUR STUDIES by choosing areas such as Accounting, Consumer Behaviour, Food Management, and Nonprofit Management.

Preliminary Year (Foundation Year) Program
YOU’LL BE EMPOWERED to successfully gain entrance into first-year university studies.
YOU’LL EXPERIENCE a one-year, co-educational foundation year with other students.
YOU’LL BE PREPARED to start your university studies confident in your academic abilities.
OUR GRADUATES have both the academic and study skills needed to succeed in university programs.

Psychology
YOU’LL BE EMPOWERED to understand and explain thought, emotion, and behaviour.
YOU CAN EXPERIENCE a fourth-year thesis option and work on your own research under the guidance of a professor.
YOU’LL BE PREPARED to solve complex problems and exercise excellent decision-making skills in the workplace, graduate schools or professional programs.
OUR GRADUATES succeed in a variety of careers, including:
- Mental Health Worker, Canadian Mental Health Association
- Recreation Coordinator, City of Edmonton Parks and Recreation
- Speech Language Pathologist, Greenwich Hospital
- Special-Parts, Transportation & Logistics, Nidec Canada Inc.
- Primary Crisis Counselor, Violence Against Women Services, Elgin County
- Community Engagement Coordinator, with Immigration Partnership, Region of Waterloo

Sociology
YOU’LL BE EMPOWERED to critically evaluate social issues relevant to society.
YOU’LL EXPERIENCE researching social issues of interest to you for your capstone course or complete a practicum placement course.
YOU’LL BE PREPARED to think critically and be socially aware for careers related to policing, corrections, courts, law, social services, and policy, or for further research at the graduate level.
OUR GRADUATES have gone on to rewarding careers as:
- Vice President, Marketing, Banff Television Network
- Representative to the United Nations, Bahai International Community
- Assistant Manager, Event Planning, London Convention Centre
- Protection and Custody Support Worker, Chatham-Kent Children’s Services
- Compensation Analyst, IBM
- Probation and Parole Officer, Ministry of Children and Youth Services

FOCUS YOUR STUDIES by choosing from modules such as Criminal Justice, Community Development, and Community Development in a Global Context.

Post-Graduate Programs
- DIPLOMA IN MANAGEMENT AND ORGANIZATIONAL STUDIES
- DIPLOMA IN NUTRITION
- DIPLOMA IN DIETETIC EDUCATION AND PRACTICAL TRAINING
COMMUNICATION
Excel in oral, written, interpersonal, and group communication skills

CRITICAL THINKING
Rational, informed, independent, and open-minded exploration of issues

INQUIRY AND ANALYSIS
Break down complex issues to arrive at informed decisions

PROBLEM SOLVING
Create and execute strategies to answer questions or achieve goals

SELF AWARENESS AND DEVELOPMENT
Demonstrate honest and fair reflection and self-evaluation

SOCIAL AWARENESS AND ENGAGEMENT
Engage in and contribute to positive change

VALUING
Make decisions and choose actions based on your principles and values

JOYCELYN HUYNH
FOODS & NUTRITION | MARKHAM, ONTARIO
(pictured left)

I choose Brescia because of its emphasis on female empowerment and because my values align with Brescia’s competencies. Brescia has unlimited opportunities and courses that prepare me to lead. The campus atmosphere is extremely positive, and the entire faculty wants you to succeed. Professors and staff exemplify what it means to be a leader. My goal is to be inspiring to my peers and to create happiness. Through my work-study position at the Student Life Centre, I’m able to use my creativity and knowledge to help students. I am also a research lab assistant and a teacher at Nutrition Ignition, which is an obesity prevention program. I’ve served breakfast to senior citizens at the Victorian Order of Nurses through a program that was started by Brescia students. I am a member of the Students’ Council, the Students’ Human Ecology Association, and the Chinese Students’ Association. By getting involved with many leadership opportunities, I am able to stand out in my own way and be confident.

“By launching our outcomes-based curriculum, Brescia demonstrates its continued commitment to student success. This approach assures our students that they will gain both subject area expertise and a core set of abilities. From communication through valuing, our graduates will be able to articulate exactly what they gained from their Brescia experience.”

Marianne Simm
Vice-Principal, Students

FROM YOUR COURSE ASSIGNMENTS TO YOUR VOLUNTEER ACTIVITIES, BRESIA’S SEVEN COMPETENCIES ARE WOVEN INTO EVERYTHING YOU’LL DO HERE.

What are the Brescia Competencies? They are attributes that make you an effective leader. Skills that help you solve problems. Abilities that enable you to positively impact the world. Brescia Alumnae Lin Yuan-Su explains it best: “What Brescia teaches students is way more than an area of study. When you graduate, you are given wings to fly. Brescia’s Competencies are those wings.”

GROW YOUR WINGS
NEED PROOF THAT BRESICA LISTENS TO ITS STUDENTS? LOOK AT OUR RESIDENCE.

This $31 million facility was created for students by students. They said they wanted big closets; we gave them 2-by-2-metre closets. They said they wanted big beds; we gave them queen-sized ones. They said they wanted their own sink; they got it—along with Wi-Fi, fridge, desk, and bookshelves. Oh, and room-darkening blinds, heat and AC control, and a window seat with a view (a really, really great view). Live in residence, and you’ll get all of that, too.

YOU CAN STORE A SEMESTER’S WORTH OF DIRTY LAUNDRY HERE—JUST DON’T TELL YOUR MOM.

YOU WILL HAVE YOUR OWN ROOM with a queen-size bed, large closets, and lots of storage. While you share a washroom with another student, your room includes a sink. You also will have Wi-Fi, a small refrigerator, desk, and bookshelves.

KEEPING IT GREEN

We built our residence with you and the environment in mind. From highly efficient heating, cooling, and ventilation equipment to thoughtful placement of operable windows, our residence is a shining example of environmentally responsible development. Our commitment to our students and the planet resulted in an environmental rating of Five Green Globes—the highest possible.

LIVE YOUR POTENTIAL

YOU CAN HANG 25 BLOUSES, 15 DRESSES, 10 PANTS, 5 COATS, AND 4 BRESICA SWEATSHIRTS HERE.

KEEPING IT GREEN

We built our residence with you and the environment in mind. From highly efficient heating, cooling, and ventilation equipment to thoughtful placement of operable windows, our residence is a shining example of environmentally responsible development. Our commitment to our students and the planet resulted in an environmental rating of Five Green Globes—the highest possible.
ENJOY YOUR FAVOURITES

“\n“I grew up in a very hospitable and multicultural, food-focused home. I am the beneficiary of some excellent culinary training and experiences. I attended George Brown College in Toronto and graduated from the Culinary Management Program and the exclusive Italian Culinary Arts Program. I’ve run fine-dining kitchens in Toronto and worked at a five-star hotel in Italy and Michelin-starred restaurants in England. My training and experiences inform my approach, but my passion sparks the desire to do things well and to share my joy of cooking. At Brescia, we view our students as customers. My approach is to listen to our customers and then do my best to give them what they want. I don’t take that for granted. Often I tell my staff, ‘Our value to Brescia is in being valued.’ If we deliver inspired food with engaged service, we are valued. We work toward that every day.”

Tim D’Souza
Food Services Manager

Catering to You
Food allergies or preferences? Miss a dish from home? Let us know. We’ll listen and do our best to accommodate you!

Hands-on Learning
Our dining hall doubles as a classroom for Foods & Nutrition students. From cutting-edge research to learning about the importance of locally sourced foods, the Mercato provides a great training ground for your future.

Hands-on Learning
Our dining hall doubles as a classroom for Foods & Nutrition students. From cutting-edge research to learning about the importance of locally sourced foods, the Mercato provides a great training ground for your future.
Brescia's Foundresses, the Ursuline Sisters, were strong women of faith who were committed not only to the development of women, but also to social justice and community service. Their vision and values live on at Brescia. By considering Brescia, you're considering an education that will do more than prepare you for your own personal success. It will prepare you to create a life that has significance—for yourself, your family, your community, and the world. You'll grow into a socially responsible citizen—one who leads with wisdom, justice, and compassion.

Choose to Serve

You'll have many opportunities to be of service to others, including such options as:

- **Community Development Program**: Through course practicum placements you will apply community development skills in local or international agencies.
- **Girls LEAD (Leadership, Education, and Development)**: Be a counsellor with Girls LEAD and empower young girls to become successful leaders through this unique and fun summer camp.
- **SHEA (Students' Human Ecology Association)**: Participate in volunteer opportunities directly related to your career interest in nutrition, dietetics, food science and technology, human ecology, and family studies.

**TYLA HERRERA (pictured left)**

**LEADERSHIP STUDIES & COMMUNITY DEVELOPMENT | TRINIDAD**

My love for volunteering started when I was 12 and living in Jamaica. I volunteered at shelters for men and women, homes for the disabled, abandoned and abused children and elderly homes. Even when I moved to Trinidad, I continued to devote much of my life to aiding these people. Volunteering and athletics became my road to happiness, the one true way of dealing with life's challenges. In 2015, I helped start Making A Difference Everywhere (MADE), a nonprofit organization for youth in Trinidad and Tobago to show them how important it is to help those in need. Today there are almost 200 volunteers who are working in centers, schools and other organizations. MADE is now in St. Kitts, Grenada, and St. Lucia and also in the United States and Canada. I'm determined to continue the organization and spread it to countries around the world. I know that Brescia will help me to accomplish my dreams and goals in life.
WONDERING IF YOUR BREScia EDUCATION WILL LEAD TO A FULFILLING AND REWARDING FUTURE? ABSOLUTELY.

When you graduate from Brescia, you’ll join an impressive alumnae network—women who are extraordinary people as well as extraordinary leaders. They live, work, lead, and learn all over Canada—and the world. Here are just a few of our inspiring graduates and the positions they hold. Imagine yourself among them.

OUR ALUMNAE

Markaysa Allan-Umar, Class of 2014
Assistant Marketing Manager at Weston Bakeries

Brooke Bliss, Class of 2014
Nutrition Consultant at Brooke Bliss Nutrition Consulting

Malika Auplish, Class of 2013
Programme Associate at United Nations

Stefanie Gomez, Class of 2013
Product Development Specialist at Nestle Canada Inc.

Meghan Doll, Class of 2013
Entrepreneur, Registered Holistic Nutritionist

Meagan Zettler, Class of 2013
Public Affairs Coordinator, Tourism Industry Association of Canada

Andra Taylor, Class of 2012
Dietitian, University of Ottawa Heart Institute

Edita Dindic, Class of 2012
Coordinator, International Student Experience, University of Waterloo

WHAT’S SO WONDERFUL ABOUT BREScia IS THAT IT REALY IS AN INCUBATOR FOR WOMEN WHO WANT TO IMPROVE THE WORLD AROUND THEM. THERE’S SOMETHING SO EMPOWERING ABOUT BEING SURROUNDED BY SUCCESSFUL WOMEN WHO ARE EQUALLY AS DRIVEN AS YOU.”

Andra Taylor, Class of 2012
Dietitian, University of Ottawa Heart Institute

CAREER SUPPORT

To help you along your career journey, our Student Life Centre offers workshops, events, programs, and tools, including:

- Career Appointments
- Career Peers
- Classroom to Career Workshop Series
- Curricular Career Support
- Engagement Certificate
- Professional Mentoring Program

DEFINe YOUR FUTURE
Applying to Brescia

All the information you need to apply to Brescia is available online at brescia.uwo.ca/admissions. Our regular academic term begins in September, though select programs offer start times in January and May. You can apply to Brescia year-round.

INTERNATIONAL HIGH SCHOOL APPLICANTS

If you are applying to Brescia and/or outside of Canada, you will be evaluated under the admission requirements unique to your country and your area of study. For more information visit brescia.uwo.ca/admissions/admission_requirements/international_high_schools.

INTERNATIONAL BACCALAUREATE APPLICANTS

Admission requirements for the International Baccalaureate (IB) program are as follows:

- Successful completion of the IB diploma
- Passes in a minimum of 6 subjects, of which 3 must be at the higher level
- A grade total of 24 (bonus points to a maximum of 3 will be awarded for the successful completion of the Extended Essay and Theory of Knowledge)

No grade less than a 4.

Offers of early admission are granted to students registered in the IB diploma program on the basis of interim grades (a grade total of 24) in the final year of the IB diploma program.

Admission scholarships will be based on final diploma results.

OUT-OF-PROVINCE HIGH SCHOOL APPLICANTS

If you’re applying from a Canadian province outside of Ontario, you must present admission requirements specific to your province. Conditional offers are extended if you have a minimum of 78% mid-year average, although limited enrolment programs may require higher admission averages.

Your admission average is calculated based on your best academic courses, including English. Some programs may require background in math and/or science. Please connect with our Admissions Office to confirm your eligibility. For more information, visit our web site at brescia.uwo.ca/admissions/admissions_requirements/out_of_provincial_high_school.

ADVANCED PLACEMENT EXAMS

Transfer credits may be granted for Advanced Placement (AP) courses with qualifying examination grades of 4 or 5. All transfer credits are subject to fees. A maximum of 20 courses may be awarded per student.

HOMESCHOOLED APPLICANTS

Brescia welcomes homeschooled applicants, whom we assess on an individual basis. You will need to submit some or all of the following:

- Transcript of grades
- Standardized testing results (ACT or SAT)
- Portfolio

If you're applying from a Canadian province outside of Ontario, you must determine a course equivalency at Brescia. Please contact our Admissions Office to see if your institution qualifies for transfer to Brescia.

ENGLISH LANGUAGE PROFICIENCY

You must be proficient in written and spoken English to be admitted to Brescia. If English is not your first language and you have not lived or studied in an English environment, you will be required to provide proof of your English language abilities, such as IELTS, TOEFL, CAEL, MELAB, CanTest, Cambridge English, and PTE Academic. Brescia University College offers conditional admission to our programs after successful completion of English language training through one of our ESL partners: CultureWorks, Fanshawe College, and the English Language Centre at Western University. To learn more, email our Admissions Office at brescia@uwo.ca.

LEARN MORE ON OUR WEB SITE OR CONTACT OUR ADMISSIONS OFFICERS

W: BRESCIA.UWO.CA/ADMISSIONS | E: BRESCIA@UWO.CA | T: 519.858.5151

For Ontario High School Students

OUAC Code Min. Admission Avg.** Available Concentrations of Study

<table>
<thead>
<tr>
<th>Arts</th>
<th>EBA</th>
<th>79%</th>
<th>- English Language &amp; Literature</th>
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<tr>
<td>BA, EBF, BSc. EBE</td>
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<tr>
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<tr>
<td>Science</td>
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<td>79%</td>
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<tr>
<td>Organizational &amp; Leadership Studies</td>
<td>EBC</td>
<td>70%</td>
<td>- Pre-university courses in Biology, Chemistry</td>
<td>- EN51U, EN51U, EBF51U, EBF51U</td>
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Viewbook | 33

32 Brescia University College

For Ontario High School Students

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Viewbook | 33

32 Brescia University College
Money Matters

Scholarships for Canadian High School Students

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<th>Number Awarded</th>
<th>Academic Requirements</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board of Trustees Continuing Scholarship</td>
<td>Three</td>
<td>Offered to the top three students in the entering class</td>
<td>Full Academic Tuition</td>
</tr>
<tr>
<td>Principal’s Entrance Scholarship</td>
<td>Unlimited</td>
<td>90.0% +</td>
<td>$3,500</td>
</tr>
<tr>
<td>Academic Dean’s Entrance Scholarship</td>
<td>33–35</td>
<td>$3,000</td>
<td></td>
</tr>
<tr>
<td>Brescia Faculty Entrance Scholarship</td>
<td>30–32</td>
<td>$2,500</td>
<td></td>
</tr>
<tr>
<td>Brescia Entrance Scholarship for Academic Excellence</td>
<td>28–29</td>
<td>$2,000</td>
<td></td>
</tr>
<tr>
<td>Brescia Merit Entrance Scholarship</td>
<td>25–27</td>
<td>$1,500</td>
<td></td>
</tr>
</tbody>
</table>

IB Scholarships are awarded based on final diploma scores (with up to 3 bonus points). All scholarships may continue for up to four years.

Other Entrance Awards

<table>
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<th>Academic Requirements</th>
<th>Value</th>
</tr>
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<tbody>
<tr>
<td>Brescia Community Leader Award</td>
<td>Four</td>
<td>Demonstrating community involvement and leadership</td>
<td>$1,000</td>
</tr>
<tr>
<td>BresciaLEAD Excellence Award</td>
<td>One</td>
<td>78% or above</td>
<td>$5,000</td>
</tr>
<tr>
<td>Wolfe Family General Achievement Entrance Scholarship</td>
<td>One</td>
<td>Coming directly from an Ontario High School</td>
<td>$6,000, with the possibility to continue for three years</td>
</tr>
</tbody>
</table>

We’re committed to providing the financial assistance you need to make your Brescia education affordable. In fact, we’re known for our outstanding scholarship program. Most of our scholarships are automatic and guaranteed.

Bursaries

Canadian students who are new to Brescia may apply for a non-repayable entrance bursary of $500 to $2,000

Scholarships

A wide range of scholarships are available to you—from $1,000 to full tuition

Work Study program

Through paid positions on campus, you’ll receive income and valuable work experience

OSAP

If you reside in Ontario, you may apply for a student loan and grants

For a full list of scholarships available to new students, visit: BRESCLA.UWO.CA/TUITION/SCHOLARSHIPS/ADMISSION-SCHOLARSHIPS

SNAPSHOT OF 2016-17 ACADEMIC YEAR

$1,657,097

in total scholarships and bursaries awarded

(�Bursaries are in the form of Entrance or General Bursaries and range from $200-$2,000 each)

$159,024

in Additional Awards and Bursaries

$1,027,088

in Scholarships

Bursaries Awarded 72% of Year 1 students receive an entrance scholarship

8% Continuing 

58% Entrance 

13% Other

SCHOLARSHIP INFORMATION 2016-2017

TUITION & FEES

Tuition Fees (Full-Time, Canadian Permanent Resident)

Preiminary Year: $7,972.59

Year 1: $8,062.59

Tuition Fees (Full-Time, International*)

Preiminary Year: $17,366.74

Year 1: $29,135.59

Year 1 MOS: $33,302.59

*Estimate for tuition fees based on 2017-2018 fees, subject to change. Tuition fees include all student and ancillary fees, including the university health plan for international students.

Please note the Brescia International Bridging Program is required for all students who are not Canadian citizens or permanent residents living abroad. The program is included in your fees.

Residence Fees*

Single room with shared en suite: $7,720

Double room: $6,170

Premium single: $8,420

Meal Plan A: $3,880

Students are enrolled in Meal Plan A, but for a heartier meal plan, contact the Business Office and enrol in Meal Plan B ($4,080). Meal Plan dollars are nonrefundable.

*Estimate for residence fees based on 2017-2018 fees; subject to change.
OPEN HOUSES

Open Houses are a great way to learn more about Brescia.

We offer:

FALL PREVIEW DAY 2017
Saturday, Nov. 4, 2017

MARCH BREAK OPEN HOUSE 2018
Saturday, March 10, 2018

IMPORTANT DATES

SEPTEMBER 22-24, 2017
Ontario Universities Fair
Metrotoronto Convention Centre
Toronto, Ontario | oufa.ca

SUNDAY, NOVEMBER 12, 2017
Campus Tours

JANUARY 17, 2018
Deadline for OUAC 101
(Ontario High School) applications

MAY 2018
Spring Welcome

JUNE 1, 2018
Deadline for students to accept an offer of admission (to be guaranteed a space in your program of choice)

You can take a campus tour Monday through Friday at 10:30 a.m. and 2:30 p.m. To schedule a tour, contact us at brrescia@uwo.ca or call 519.858.5151. You also can book a tour online at Brescia.uwo.ca

ADMISSIONS/VISIT-US.
Brescia University College

Brescia at a Glance

Founded: 1919

Located: London, Ontario, Canada

Affiliated: with Western University

Degrees: granted by Western University

Student/Faculty Ratio: 14:1

Enrollment: 1,500 full-time students; 200 part-time

Entrance Scholarships: begin at 80% admission average

Programs

Leadership Studies

English

Family Studies
Nutrition & Families

Foods & Nutrition
Nutrition & Dietetics, Food Science & Technology

French
French for Teaching

Health Sciences

Kinesiology

Management & Organizational Studies
Accounting, Consumer Behaviour,
Food Management, Nonprofit Management

Preliminary Year (Foundation Year)

Psychology

Sociology
Criminal Justice, Community Development,
Community Development in a Global Context