

LaSalle

Beauvais • Institut Polytechnique
Earth, Life and Environmental Sciences



Spring semester in Nutritional Sciences

January 20th to May 13th, 2016 – All courses are taught in English

Welcome to LaSalle Beauvais
The leading French “Grande Ecole” for Food and Health studies.



Objectives



Students will better understand the complex relationships between food chain, dietary habits, and human health as consumer and public health issue.

Course work includes human physiology, nutrition, nutrigenomics and epidemiology with emphasis on European or Mediterranean nutrition and health.

CREDITS

Choose the number of credits required by your home institution from among the 30 ECTS credits offered
+ 2 ECTS credits for French as a Foreign Language course.
Careful: 2 European credits (ECTS credits) are equivalent to approximately 1 US credit.

Tuition

- Erasmus students (from an Erasmus partner university): tuition waived
- Exchange students (from a partner university/with a cooperation agreement): tuition waived
- Other students: €3500+ €50 (non-refundable application fees)
(field trip and campus fee are included to the program charges)

Fees (2015 - 2016)

- Residence hall: €483/month for a single studio €260 for a shared studio
- Campus Fee: €100/year (Erasmus and Exchange students)
- Room insurance: €39/year
- Health insurance (compulsory for non-European students): ≈ €215/year
- Catering: ≈ €3,20/meal (breakfast is free)
- Transportation/bus: €8/month (monthly pass)
- Equipment to bring: lab coat, laptop, plug adaptor
- 5-day-Field trip in May: €300 (Erasmus and Exchange students)

Admission requirements

Agriculture or Food sciences: juniors, seniors or Master degree students from an accredited institution.

English: an advanced intermediate level is required: 750 TOEIC, 550 TOEFL paper (or 215 TOEFLcibt, 80 TOEFLibt), 6.5 IELTS.



Our LaSalle Beauvais campus

The scenic 25 acre campus, surrounded by 75 acres of private woodland, is located north of Beauvais. Students enjoy a full range of services: a dining hall, open 7 days a week, residence halls with web access, access to laundry facilities, a gymnasium, and a student center where you will meet the members of the student government and the different student organizations. Modern learning facilities include a library, and 150 computer stations, all open 7 days a week.



2016 NUTRITIONAL SCIENCES PROGRAM

JANUARY		FEBRUARY		MARCH		APRIL		MAY		
1		1	Introduction to human nutrition 2 ECTS	1	French family cooking 2 ECTS	1	French paradox	1	Labor Day	
2		2		2			2		2	Value-based agrifood chains 2 ECTS
3		3		3			3		3	
4		4		4			4	Nutritional loss 2 ECTS	4	Ascension
5		5		5		5			5	
6		6		6		6			6	
7		7			7	Diet & Epidemiology	7		7	
8		8	Gut Flora nutrition immunity & health 2 ECTS	8	Gastronomy & Identity 2 ECTS	8		8	V Day	
9		9		9			9		9	Wine and Cheese in the Champagne and Burgandy Regions 1 ECTS*
10		10		10		10		10		
11		11		11		11	Applied molecular biology techniques 2 ECTS	11		
12		12	12		12			12		
13		13		13		13		13		
14		14		14	Health catering and food services 2 ECTS	14		14		
15		15	Diet, nutrition & chronic diseases 2 ECTS	15		15		15		
16		16		16			16		16	Whit Monday
17		17		17		17		17		
18		18		18		18	Introduction to Nutrigenomics 1 ECTS	18		
19		19	Gut Flora nutrition immunity & health	19		19			19	
20	Welcome day	20		20		20			20	
21	Introduction to French culture 1 ECTS	21		21	Clinical studies for the food industry 2 ECTS	21		21		
22		22	Epidemiology & nutrition 2 ECTS	22		22		22		
23		23		23		23		23		
24		24		24		24		24		
25	Cross cultural management 1 ECTS	25		25		25		25		
26		26		26		26	Baking French Bread 1 ECTS	26		
27		27		27		27			27	
28		28		28	Easter	28		28		
29		29	Paris international agriculture fair 1 ECTS	29	French paradox Mediterranean diet & health benefits 2 ECTS	29	Value-based agrifood chains	29		
30		30		30			30		30	
31		31		31		31		31		

2 hours per week of French as a Foreign Language courses (2 ECTS credits)

* Study trip

WE
 Examination day
 National Holiday
 Classes

Examinations are usually planned at the end of each week, except the ones mentioned in red.

Study in France

The “Grandes Ecoles” are unique to France. They were created in the late 18th century in order to offer outstanding scientific education to the country’s future engineers. LaSalle Beauvais, founded in 1854, belongs to this tradition. Studying on our campus will not only give you access to excellence in education; you will also have the opportunity to live in the country that invented “savoir-vivre”, the art of living well! The Picardy region, home of LaSalle Beauvais, is well known for its beautiful villages and its inspiring Gothic cathedrals. No wonder France is the most visited country in the world. Did you know that? Known for its gastronomy, wines and cheeses, France is a large country of amazing geographical variety. You will meet people who are proud of their cultural heritage, their lovely countryside, and their quiet towns and fine restaurants.



Discover France while earning college credits



LaSalle★

Beauvais • Institut Polytechnique

Sciences de la Terre, du Vivant et de l'Environnement

Admissions

- **Deadline for sending application: October 15, 2015**
- **Application forms are available on our website: www.lasalle-beauvais.fr/**
-Study-at-LaSalle-Beauvais-
- **Contact:**
incoming@lasalle-beauvais.fr

International relations

**Institut Polytechnique
LaSalle Beauvais**
19, rue Pierre Waguet
BP 30313
60026 Beauvais Cedex
France

We are already looking forward to welcoming you on our campus!

Beauvais is located in northern France, 50 miles to the north of Paris. Trains to Paris depart every hour. Beauvais is an ideal base for exploring Europe. From Paris Beauvais international airport (5 minutes from LaSalle campus), low cost companies offer regular flights to exciting destinations such as: Italy (Rome, Milan, Venice, Pisa), Spain (Barcelona, Madrid), Great Britain (Manchester), Ireland (Dublin), Sweden (Stockholm), Norway (Oslo), Portugal (Porto), Romania (Bucharest), Poland (Warsaw), or Czech Republic (Prague)...

