Mercato Week 5 – December 15 to December 21 – 2019-2020, Specials

Sunday-
Grill Special- Sunday- Vegan ‘Chicken Breast” with lettuce, tomato, guacamole, corn and black bean salsa and vegan mayo with fries or salad

Global Interactive Lunch Special- Waffle Bar with choice of fruit and toppings
Global Interactive Dinner Special- Seafood Chowder Bar with seafood blend, haddock, shrimp, potatoes, choice of vegetables and cream based sauce or tomato based sauce

Rotisserie Lunch Special- All day breakfast, ham and mac and cheese casserole, quinoa with curried tempeh, onions, spinach and kale and Chef’s daily special

Rotisserie Dinner Specials- Hunan beef garnished with scallions. Chicken breast baked with mushrooms, thyme, white wine and chicken jus, brown rice, potatoes, steamed carrots and broccoli, Vegan1.Vegan Shepherd’s Pie topped with olive oil mashed potatoes (GF). Vegetarian/vegan 2. Whole wheat pasta with mushrooms, garlic and kale with parmesan and Vegan daiya cheese on the side.

Pizza special- Sunday- BBQ chicken and pineapple pizza- tomato sauce, mozz, diced chicken, BBQ sauce, pineapple

Monday –
Grill Special- Korean Style Beef Rib and Asian Salad

Global Interactive Lunch Special- Cobb salad bar- chopped lettuce, diced tomatoes, hardboiled egg, avocado, grated cheese, green onion, diced chicken, bacon, sliced olives, pumpkin seeds, balsamic vinaigrette, Vegan ranch, ranch dressing

Global Interactive Dinner Special- - Risotto Bar- Arborio rice with choice of broth, vegetables, chicken, shrimp and cheese.

Rotisserie Lunch Special - Joe’s Lunch creations with a vegan option every day

Rotisserie Dinner Special- baked Tilapia with an olive, tomato and caper ragout, lemon. Chicken breast with basil, sun dried tomato and spinach in a cream sauce, steamed new potatoes, basmati rice, sautéed sweet peppers, spinach and zucchini, Vegan-1. Tofu and eggplant katsu with vegan tonkatsu sauce- Vegetarian 2- Cauliflower steak with crispy lentils salsa verde and raisins with feta and Vegan Daiya cheese on the side.

Pizza Special- Monday- Veggie, Bacon and Ranch- Ranch dressing, mozzarella, assorted vegetables and bacon

Sandwich Special- Beef with curried mayo, mango chutney, and goat cheese
**Tuesday –**
Grill Special- “Buffalo Chicken” Cauliflower tossed with Franks Hot sauce- with carrot and celery sticks, choice of Blue cheese dressing or vegan ranch serve with fries or salad

Global Interactive Lunch Special- pasta bar, with spaghetti, penne, whole wheat penne, gluten free penne, ground beef, ground chicken, vegetarian ground round, tofu, tomato sauce, béchamel sauce, olive oil, minced garlic, diced red onions, diced peppers, baby spinach, diced blanched broccoli, parmesan, mozzarella, chopped mixed herbs

Global Interactive Dinner Special- Chili Bar with a choice of beans, vegetarian or with your choice of meat, grated cheddar, sour cream, cilantro corn tortillas and corn salsa

Rotisserie Lunch Special- Joe’s Lunch creations with a vegan option every day

Rotisserie Dinner Special- Skewered shrimp, with sweet pepper and onion Yakitori (soy sauce, brown sugar, garlic, ginger, and mirin). Rosemary chicken skewers with caramelized onion and fennel salsa, roast potatoes, brown rice, roasted root vegetables Vegan/Vegetarian- 1. Cheese ravioli with sautéed butternut squash, zucchini and sweet peppers, 2.-Vegan vegetable biryani with basmati rice- drizzled with lemon garlic tahini sauce and almonds on the side.

Pizza Special- Corfu Pizza- tomato sauce, artichokes, black olives, mozzarella and crumbled feta

Sandwich Special- Cobb Chicken wrap with chicken, bacon, swiss cheese, blue cheese dressing, lettuce and tomato

**Wednesday –**
Grill Special- Crispy Chicken Club wrap, with bacon, lettuce, tomato, guacamole and mayo with fries or salad

Global Interactive Lunch Special- Bao Bar – steamed Chinese buns with Hoisin 5 spice duck, BBQ pork, Ginger sesame chicken, Bulgogi beef, chili garlic mayo, hoisin sauce, Bao sauce, kim chi, pickles, cilantro, jalapenos, green onion, shredded cabbage in rice vinegar

Global Interactive Dinner Special- Gnocchi Bar with mozzarella, parmesan, seasonal vegetables, chicken, bacon, Bolognese, tomato sauce and béchamel sauce

Rotisserie Lunch Special - Joe’s Lunch creations with a vegan option every day

Rotisserie Dinner Special- Rainbow trout fillet with a sundried tomato pesto, slow roasted pork shoulder with BBQ sauce, steamed potatoes with olive oil and parsley, brown rice, steamed carrots,
broccoli and cauliflower, Vegan/Vegetarian-1. Spaghetti squash and zucchini noodles with vegan ground round Bolognese and choice of parmesan or Daiya cheese 2. "Vegan chicken strip" stir fry with soy, chili oil, scallions and sesame seeds on rice noodles

Pizza Special- Ham, Swiss and Mushroom on a creamy béchamel sauce

Sandwich Special- Tempura vegetables with lime miso dressing, chili tofu spread and spinach

Thursday –
Grill Special- Mixed mushroom tempura salad on baby spinach with shaved carrots, sliced radishes, cubed tofu, sesame seeds and rice wine vinaigrette

Global Interactive Lunch Special- Macaroni and cheese bar with a selection of cheeses, ham, bacon, hot dogs, ground beef and seasonal vegetables

Global Interactive Dinner Special- Stuffed Pasta Bar with seasonal vegetables, mozzarella, parmesan, seasonal vegetables, chicken, bacon, tomato sauce and béchamel sauce

Rotisserie Lunch Special- Joe’s Lunch creations with a vegan option every day
Rotisserie Dinner Special- Thursday-Seared Cod (with a paprika and chili powder rub) with a warm lime and cilantro salsa (on the side), roasted chicken with cranberry sauce, gravy, roasted potatoes, confetti cous cous, green beans Vegan/Vegetarian-1. Vegan paella- saffron rice, smoked paprika, roasted peppers, white beans, green beans, peas and almonds on the side-2. Vegetarian Mexican corn tortilla bake with refried beans, warm zucchini and tomato salsa, spinach- garnished with grated cheese or Daiya cheese

Pizza Special- Green Goddess pizza- tomato sauce, spinach, mozzarella, zucchini and broccoli

Sandwich Special - Proscuito, ham and bacon with Swiss cheese and spinach

Friday –
Breakfast till 10:00am.

Merry Christmas!