

Email Sent January 9, 2017

Resume & Cover Letter Help is NOW OPEN for January-April 2017

Mondays 12:00-2:00pm Wednesdays 1:00-3:00pm Thursdays 10:30am-12:30pm

In the Student Life Centre (next to the Hive in the St. James Building)

- No appointment necessary (just stop by)
 - Multiple visits welcomed
- Please bring a print copy of your Resume or Cover Letter

NEW Food & Nutrition Mock Interviews

- Available to help Food & Nutrition Students better prepare for Internships, graduate school, the work force and volunteer opportunities
- Mock Interviews are 2-hours in length, tailored to the Food & Nutrition Industry, and follow a group interview format
- Participants are able to practice their interview skills and receive individual feedback after the interview

<u>Times have filled up quickly, with only the following openings available:</u>

- WEDNESDAY, January 11th, 2017 2:00-4:00pm ONE SPOT NOW OPEN
- Wednesday, January 25th, 2017 1:30-3:30pm One Spot Open
- Thursday, January 26th, 2017 2:00-4:00pm Two Spots Open
- Tuesday, January 31st, 2017 4:00-6:00pm One Spot Open



- Wednesday, February 1st, 2017 1:30-3:30pm 3 Spots Open
- Tuesday, February 7th, 2017 12:00-2:00pm 4 Spots Open
- Wednesday, February 8th, 2017 2:00-4:00pm 4 Spots Open
- Tuesday, February 14th, 2017 12:00-2:00pm 4 Spots Open
- Wednesday, February 15th, 2017 1:30-3:30pm 4 Spots Open
 Please visit the HIVE to book your Mock Interview!