



EMAIL SENT FEBRUARY 26, 2018

#BeStudentLife18

The Student Life Centre is NOW Recruiting for 2018-19! We are looking for Career Peers, Mentees, Wellness Education Peers & Student Coordinators! Applications are now OPEN!

Become a Wellness Education Peer with the Student Life Centre!

Wellness Peer Educators will participate in developing campus-wide awareness initiatives and key institutional messages using multiple approaches (ie. Websites, social media, workshops, print resources, video) to improve supportive attitudes, awareness of mental health & wellness. Wellness Education Peers will be known as mental health champions at Brescia and will encourage early help-seeking behaviours by teaching students about the mental health continuum, resilience building, increasing knowledge of self-care/self-management strategies and how to recognize when individuals should seek help. The Wellness Education Peers will provide information about mental health resources available on campus and in London, how to access them, and what to expect from them through various forms of resource development. Wellness Education Peers will work closely with the Student Wellness Educator.

For more information, review the [Position Description](#) , then [apply online!](#) *Deadline: Sunday, March 11th, 2018*

Become a Student Coordinator- Wellness Education Peer Team!

The Student Coordinator role is an enhanced volunteer opportunity for an individual from a previous Wellness Peer Program to continue their professional development by assisting the Student Wellness Educator in administering all aspects of the programs. The Student Coordinator will assist with program administration, program development, workshop facilitation, Wellness Education Peer support, and other areas as needed.

For more information, review the [Position Description](#) , then [apply online!](#) *Deadline: Sunday, March 11th, 2018*

Become a Career Peer!

The Career Peers are important members of the Student Life Centre (SLC). This peer program emphasizes a student-driven, peer-to-peer support approach offered through a customized one-on-one setting. As a team of upper-year students, Career peers provide resume, cover letter and Linked-In support to Brescia students and work closely with SLC staff to deliver career-related programming, such as workshops, mock interviews and events. ***Work Study positions available as well, for qualifying candidates.***

For more information, review the [Position Description](#) , then [apply online!](#) *Deadline: Sunday, March 11th, 2018*

Become a Mentee in the Professional Mentoring Program!



The Professional Mentoring Program is an opportunity for a senior student in any discipline to be matched with a mentor, who may be a Brescia alumna or community member. Mentoring is a great way to increase your communication and networking skills, help you prepare for your future career and transition into the professional work force, and an opportunity for you to develop your skills while learning from someone else's experiences. Mentees will work closely with their mentor and the Coordinator, Student Life and Learning from the Student Life Centre (SLC) for the academic year to develop and maintain a positive and supportive mentoring relationship.

For more information, review the [Position Description](#) , then [apply online!](#) *Deadline: Sunday, March 11th, 2018*

Become a Student Coordinator for the Professional Mentoring Program!

This is an opportunity for a past mentee from the program to continue their professional development by assisting the Coordinator, Student Life and Learning in administering all aspects of the Professional Mentoring Program. The Student Coordinator will assist with program administration, curriculum development, workshop facilitation, mentee support, and other areas as needed.

For more information, review the [Position Description](#) , then [apply online!](#) *Deadline: Sunday, March 11th, 2018*

[Questions? Visit the Student Life Centre \(next to the Hive\)!](#)

Student Life Centre
Brescia University College
1285 Western Road
London, Ontario N6G 1H2
Tel: (519) 432-8353 Ext. 28152
bucstudent.life@uwo.ca

Visit the Student Life Centre online slc.bresciauc.ca!