



EMAIL SENT SEPTEMBER 17, 2018

Dear Students,

As you start your academic year at Brescia, I imagine you're experiencing both excitement and nervousness at this busy time of year. Whether this is your first year at Brescia or your fourth, the transition into the new academic year can be. During the first six weeks of classes, you may be asking yourselves:

- Am I meeting my academic expectations?
- Do I feel connected to the Brescia community?
- Is university really for me?
- Is Brescia right for me?
- Can I find answers and support when I seek it out?

Asking these questions makes sense and is part of the student experience, but finding the answers can be stressful and often confusing. One way that Brescia is able to support our students is through the Care Program. The Care Program has been developed to support any student who might need assistance because of a temporary setback or ongoing difficulty that has put their academic success at risk.

How will the Care Program work? What happens if you're contacted?

Our faculty and staff are here to support your learning and success. When you're facing difficulties, they may reach out to you directly or they may identify their concerns through the Care Program. Trained advisors review the information sent by faculty and staff, and identify the most appropriate resources to support you. This reach-out may come from your professor, academic advisor, Residence Manager, or other staff or faculty who are the most natural point of contact with you.

During this month of transition, we are offering a welcoming space for students to come to connect with other students, student leaders and staff. We have a myriad of self-care resources and access to a counsellor in the Cypress Room on the main floor of Clare Hall at the following times:

- Sunday, September 16th from 4:00pm to 8:00pm
- Tuesday, September 18th from 6:00pm to 10:00pm
- Thursday, September 20th from 6:00pm to 10:00pm
- Sunday, September 23rd from 6:00pm to 10:00pm
- Tuesday, September 25th from 6:00pm to 10:00pm
- Thursday, September 27th from 6:00pm to 10:00pm

For our new students, we also have an exciting run down of activities and programming through the "My First Six Weeks" program, information found at: <http://brescia.uwo.ca/life/student-life/orientation-and-transition/my-first-six-weeks/>.

For more information on the Care Program and additional supports, see <http://brescia.uwo.ca/life/care-program/>.



Sincerely,
Marianne

Brescia Care Team members:

Jennifer Coghlin, Associate Registrar Student Success

Pam Haley, Senior Academic Advisor

Sheldon Hill, Student Wellness Educator

Sarah Innes, Senior Academic Advisor

Courtney McDonald, Manager Student Life

Jessica Patterson, Senior Academic Advisor

Marianne Simm, Vice-Principal Students (Chair)

Carolyn Temple, Residence Manager