Brescia at a Glance

FOUNDED: 1919
LOCATED: London, Ontario, Canada
AFFILIATED: with Western University
DEGREES: granted by Western University
STUDENT/FACULTY RATIO: 14:1
ENROLLMENT: 1,600 full-time students; 200 part-time
ENTRANCE SCHOLARSHIPS: begin at 80% admission average

Programs

ENGLISH
Creativity & Literature

FAMILY STUDIES & HUMAN DEVELOPMENT
Nutrition & Families

FOODS & NUTRITION
Nutrition & Dietetics, Foods & Nutrition

FRENCH
French for Teaching

HEALTH SCIENCES

HISTORY
Power in History & Politics

KINESIOLOGY

LEADERSHIP STUDIES

MANAGEMENT & ORGANIZATIONAL STUDIES
Accounting, Consumer Behaviour, Food Management & Marketing, Nonprofit Management

PHILOSOPHY

POLITICAL SCIENCE
Power in History & Politics

PRELIMINARY YEAR (FOUNDATION YEAR)

PSYCHOLOGY

RELIGIOUS STUDIES

SOCIOLGY
Crime & Communities, Criminal Justice, Community Development, Community Development in a Global Context

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London, Canada
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CHOOSE TO LEAD.
EMPOWERED. THAT’S HOW BRESCIA WILL MAKE YOU FEEL. FROM YOUR FIRST DAY ON CAMPUS, YOU’LL FEEL A GROUNDSWELL OF SUPPORT. IT WON’T COME IN THE WAY OF HAND-HOLDING—YOU DON’T NEED THAT—but IT WILL COME IN THE WAY YOU’RE ASKED: WHAT DO YOU THINK? WHAT WOULD YOU DO? WHAT ARE YOUR DREAMS? HOW CAN I HELP? AT BRESCIA, YOU’LL DISCOVER—AND EMBRACE—YOUR OWN BRAND OF BOLD.

I CHOOSE TO LEAD WITH PERSEVERANCE.

I am proud to attend a university that has championed women and our right to an education for more than 100 years. I love contributing to Brescia’s rich history through my involvement in the Brescia University College Student Council (BUCSC). Through the BUCSC, I can help my peers create and promote events, and help make the Brescia community safe and welcoming. As the BUCSC’s Environmental Commissioner, I coordinate an Environmental Awareness Week, which showcases the importance of our surroundings and the impact our actions have on our environment. In my role, I go beyond the physical environment, such as making sure Brescia recycles, to ensuring Brescia is a hospitable place for all. Through this position, I have learned how to be a better leader because of my experiences at Brescia.

CLARA PRENTICE
Nutrition & Dietetics / London, Ontario
81% of women’s college and university graduates report their institution was “extremely or very effective” in preparing them for future jobs.*

87% of women’s college and university alumnae were more likely to graduate in four years or less compared to 54% of public university alumnae.*

51% who attended women’s colleges and universities completed graduate degrees vs. 27% of public university alumnae.*

*SOURCE: HARDWICK-DAY REPORT

I choose to lead with compassion.

When I was considering universities, it became undeniable that Brescia was where I was meant to be. The focus on empowerment of women and the opportunity to be seen and heard within a small community while having access to a large university was all very appealing. Having my sister nearby was a bonus. My experience has been immensely positive. I have grown in ways I don’t believe I would have anywhere else and I have met so many wonderful people on my journey. Brescia offers such a sense of community and belongingness. I am incredibly happy with my choice.

SAYANNA SEYMOUR  (pictured at left)
Management & Organizational Studies; Consumer Behaviour & Psychology / Nassau, Bahamas

I choose to lead with empathy.

I chose Brescia because I liked the idea of having a smaller campus community with the resources of a large university. I also really liked Brescia’s emphasis on female leadership, which was unique among the other universities I considered. From day one at Brescia, I felt very welcomed and there was a lot of emphasis on ensuring I made a smooth transition. I quickly felt immersed in a supportive, welcoming community, which made Canada and Brescia feel like my home away from home. It made it easy for me to wholeheartedly recommend Brescia to my sister.

JANAE SEYMOUR  (pictured at left)
Class of 2020/Management & Organizational Studies; Consumer Behaviour & Finance / Nassau, Bahamas

EVERYWHERE YOU LOOK AT BRESICA, YOU’LL SEE WOMEN—EXTRAORDINARY, PHENOMENAL, REMARKABLE WOMEN—IN LEADERSHIP ROLES. You’ll be invited, inspired, encouraged, and challenged to join them. Not to imitate them, but to develop your own identity and leader character. Through Brescia, you’ll become a woman of influence, adept at making a positive, meaningful impact. You’ll take your rightful place and be the person you want to be in your community—and the world.
WHEN YOU’RE A STUDENT AT BRESCIA, YOU ARE ALSO A STUDENT AT WESTERN UNIVERSITY.

That’s because Brescia is affiliated with Western, one of the largest universities in Ontario. You’ll truly benefit from the best of both worlds: Brescia’s close-knit community and access to all that Western and its other affiliates have to offer. When you graduate from Brescia, your degree will be granted by Western University.

I choose to lead with heart.

As a Brescia student I truly have the best of both worlds. With Brescia’s small class sizes, I can develop a close bond with professors and students. As a varsity swimmer, I benefit from using Western’s recreational facilities and other resources you would expect at a large university. Being a student-athlete is challenging at times but it is also rewarding. I have taught myself to be organized and to manage my time. My goal for swimming is to lead and help the next generation of swimmers as a captain or coach. Through my commitment and performances, I have earned my spot on the varsity team. My team mates know they can talk to me about anything going on in their lives.

BRIGITTE RYAN
French / London, Ontario

Men Welcomed:

Although we’re Canada’s only women’s university, we welcome men on campus. Because of our affiliation with Western, you’ll have classes with men. They’re also welcome to use our facilities, such as the library and the Mercato.
DEVELOP YOUR LEADER IDENTITY

We prepare you to lead—with wisdom, justice, and compassion—by first preparing you to lead yourself. That means discovering, understanding, and embracing the values that are most important to you, so that when they are challenged (and they will be challenged), you can clearly give voice to them. We will prepare you to be a woman of influence—in law, in medicine, in government, or wherever you choose to make an impact. So that you can tackle what needs to be tackled and make change where it’s needed most.

Major in Leadership

If you aspire to lead, our Leadership Studies degree program will put you at the forefront of leadership learning. By studying leadership, you’ll learn about yourself as a leader and how you interact with others. You’ll come to see how you can help shape the world—for the better.

I choose to lead with confidence.

For three years I was a facilitator for Brescia’s International Bridging Program. I got involved because I remembered how scared I felt when I came to Brescia from China and I wanted to help other international students adapt. By being a Bridging facilitator I learned about different cultures and traditions. I worked collaboratively with and supported other facilitators. I felt a sense of achievement when new students said how much they benefited from the program.

Being involved in the Bridging Program and on Brescia University College Students’ Council (BUCSC) enriched my life. I improved my leadership and organizational skills and expanded my network. I now have friends from all over the world. The variety of my experiences and the leadership I developed and demonstrated at Brescia helped me become a competitive candidate for the Master of Food Science program at the University of British Columbia. I want to become a quality assurance coordinator and directly impact people’s health by providing them with healthy and safe food products.

MARLIES MCCARTNEY
Social Science / Bahamas

BRESCIA CHALLENGES YOU TO EXPLORE YOUR LEADERSHIP POTENTIAL AND PREPARES YOU TO FACE CHALLENGES THAT EXIST IN OUR WORLD.

“Being a ‘bold’ leader isn’t about style or about being the one that’s louder than everyone else. It’s about the internal, quiet confidence to put yourself out there in the world. I believe anyone can choose to lead in their own way.”

Dr. Marlene Janzen Le Ber
Chair, School of Leadership & Social Change

CONFIDENCE
Brescia professors are always exploring new ways of teaching. As a student, you might:

• Learn leadership through an origami frog-folding competition
• Play the game show "Jeopardy" to discuss key concepts
• Analyze case studies and explore how to handle difficult situations
• Design a restaurant, including the menu and the floor plan
• Interview representatives of non-profit organizations
• Prepare and present brief skits about key course concepts
• Debate women’s roles in dystopian books like The Hunger Games or The Handmaid’s Tale
• Attend a presentation from a Brescia alumna working at the United Nations

HAWAZIN ALOTAIBI
Nutrition & Dietetics / Medina, Saudi Arabia

"At Brescia, my peers, faculty, and staff empowered me to try new opportunities. I learned what it means to be bold, strong, and courageous."

Anita Alabi
Family Studies and Human Development
Toronto, Ontario

“I choose to lead with purpose.”

Through Brescia’s engaging classes, faculty mentors, and volunteer opportunities, I learned to be my authentic self and not be afraid to use my voice. By watching other students demonstrate great leadership skills, I was motivated to actively participate in class discussions and to seek leadership opportunities. I served as the International Student Representative on the Brescia University College Students’ Council (BUCSC), which gave me the opportunity to speak up for international students and make recommendations. As a facilitator for the Leadership Education Program (LEP), I gave leadership workshops to Western students. This experience also helped me develop my leadership and public speaking skills as well as grow my courage and confidence. I widened my worldview right on the Brescia campus by getting to know students from around the world—and by exploring Japan for 10 days through Brescia’s BE International Program. I’m grateful I chose Brescia for my undergraduate degree. Brescia went above and beyond to provide the services I needed to succeed in university life as an international student away from home.

HAWAZIN ALOTAIBI
Nutrition & Dietetics / Medina, Saudi Arabia

“At Brescia, learning is active. Professors don’t just lecture—they invite you into discussions and dialogue. They’ll ask you questions that are destined to make you think. They expect you to have an opinion and speak your mind—even if you don’t agree with them. They’ll teach in unique ways—whatever it takes to make sure you learn what you need to know. Their passion for teaching will inspire you, and their high expectations will become your own. They will become people you never forget.”

Anita Alabi
Family Studies and Human Development
Toronto, Ontario
I choose to lead with action.

I have had a unique experience, starting university when I was 21 and now finishing my degree as a part-time student while running three businesses with my sister, Jenessa. Like Brescia, I am passionate about building strong female leaders. I want to build businesses that allow women to develop their leadership skills and empower them to lead in every sphere of life. I love the energy that comes with ideating, conceptualizing, and implementing projects that impact people in meaningful ways. This is one reason why my sister and I run our own businesses and why the process of growing businesses has been natural for me. Our main company, STMNT (pronounced 'Statement'), is a digital clothing rental company rooted in social and environmental impact. Our goal is to decrease the demand for fast-fashion to create a more sustainable and equitable world. My experience as a student and business owner has been incredibly uplifting and empowering. Brescia provides a fun, educational, and supportive environment to learn and develop skills to become an effective leader.

MADISON OLSON

Business Management & Organizational Behaviour specializing in Consumer Behaviour / Ilderton, Ontario
In 2016, eager to help Chinese students succeed in her beginner French class, Professor Nadine de Moras enlisted the help of Ying Chen. A Chinese student in her third year of the French program, Ying agreed to be a work-study student. In October 2016, she began tutoring students. But when funding for Ying’s services had dried up, Professor de Moras went looking for help. She found it with alumna Diane Teetzel. A 1964 alumna who has family in France, Diane contributed to the program in part because of how impressed she was with Ying. “Her knowledge and love of the language just exudes from her,” Diane says. The program proved extremely successful with Chinese students achieving higher grades than their English-speaking counterparts at the end of the 2016–2017 academic year. “This program,” Professor de Moras says, “is indicative of what Brescia is about: the education and empowerment of women.”
Choose to Serve
You’ll have many opportunities to be of service to others, including such options as:

- **Community Development Program:** Through course practicum placements, you will apply community development skills in local or international agencies.

- **Girls LEAD (Leadership, Education, and Development):** Be a counsellor with Girls LEAD and empower young girls to become successful leaders through this unique and fun summer camp.

- **SHEA (Students’ Human Ecology Association):** Participate in volunteer opportunities directly related to your career interest in nutrition, dietetics, food science and technology, human ecology, and family studies.

Faculty Research
You can bring classroom discussions to life by conducting research alongside Brescia’s expert faculty, just like Brescia student Stephanie Wong did. Stephanie joined Brescia faculty Dr. Jasna Twynstra and Dr. Jamie Seabrook on research examining the extent to which socioeconomic status, mental health, and substance use are associated with teenage pregnancies in Southwestern Ontario (SWO), and whether these pregnancies are at an elevated risk for adverse birth outcomes.

I choose to lead with grace.
When I came to Brescia’s Open House, I knew my choice was clear. I loved the comfort and warmth I felt from faculty and students. I was also attracted to the small class sizes and the financial support Brescia offered. I decided to major in Psychology and minor in Family Studies after taking general courses during my first year. These two areas blend together so well and allow me to understand myself and others better so I can be of service. What’s special about Brescia is that the professors genuinely care about you. It is a wonderful feeling to walk on campus and have professors wave or stop to chat with you. Having the support and respect of the Brescia community makes me feel like I can do anything. Brescia instilled in me a confidence I never knew I had. It presented me with opportunities to share my voice with others. I graduate knowing I am a stronger, smarter, and bolder woman because of Brescia.

SHIANNE BRACKENBURY (pictured at right)
Psychology / London, Ontario

Brescia University College

Brescia’s Foundresses, the Ursuline Sisters, were strong women of faith who were committed not only to the development of women, but also to social justice and community service. Their vision and values live on at Brescia. By considering Brescia, you’re considering an education that will do more than prepare you for your own personal success. It will prepare you to create a life that has significance—for yourself, your family, your community, and the world. You’ll grow into a socially responsible citizen—one who leads with wisdom, justice, and compassion.
I choose to lead with respect.

I incorporated a love for new knowledge with a desire for adventure by traveling abroad to Holguín, Cuba, three summers in a row for four to six weeks to study at La Universidad de Holguín. My experiences in Cuba (as well as five-week summer study programs in Moncton, Ottawa, and Montreal) will be with me forever. When I was away from home, I felt like all eyes were on me and every wrong step I took would be irremediable. I was wrong. I learned to take life a little less seriously. I learned the world doesn’t revolve around me. I learned that sometimes you need to take a step back and look at the bigger picture. Exposing myself to the unknown and learning about other cultures forever changed me. I am humbler and more aware of my thinking and actions. I am more considerate. Studying abroad and also being on Western’s varsity fencing team have made an enormous impact on my college experience. I am so glad I took a chance on these experiences.

MAGDALENA MASCiantonio
Nutrition & Dietetics; Spanish Language and Hispanic Cultures / London, Ontario

Success Overseas

Andrea Zheng, a Food Management & Marketing major from Nanjing, China, wanted to experience other cultures and business markets. Through the BE International Program, she studied in Chiba, Japan; Beijing, China; and Stenden University in the Netherlands. “It is a global world,” says Andrea, who won an international branding competition at Stenden. “Many companies consider your international experience when you apply for jobs. By studying abroad, you will stand out in your future job search.”

International Opportunities

Through Brescia’s BE International Program, you can enrich your university experience by living and learning in another country. You can choose to spend a few weeks, a term, or a full year studying at one of our partner schools—earn credits that count toward your degree.

Our partner schools include:

- Anton de Kom University Suriname, South America
- Ewha Women’s University Seoul, Korea
- LaSalle Beausoleil Institut Polytechnique Beauvais, France
- Mary Immaculate College Limerick, Ireland
- NHL Stenden University The Netherlands
- The University of Western India, Cave Hill Barbados
- Université Catholique de Lille Lille, France
- Wayo Women’s University Japan
- Zuyd University The Netherlands

Get Connected

The Brescia Student Connector Program pairs incoming international students with “ambassadors” who are upper-year students. Your ambassador will help you transition to Brescia and London by answering your questions, sharing experiences, and showing you around. She also will be interested in learning about you and your culture. The two of you will decide how often to meet and what types of activities to do together. You may even have the opportunity to visit her family home in Canada!

DISCOVER THE WORLD

Women from Around the World Attend Brescia.

Brescia students come from around the world—from the Caribbean to Asia, the United States to the United Arab Emirates. You’ll collaborate in the classroom, live side-by-side in residence, and connect through clubs and organizations. While your background, culture, and faith may be different, you’ll share the same desire to receive a student-centred education that leads to a rewarding future.

RESPECT
I was honored to speak at the opening ceremony and offer my congratulations for Brescia's new Academic Pavilion in 2019. With this new facility students will receive a world-class educational experience and be well prepared to contribute to society. I am so proud to be a Brescia student. Brescia helps students build their self-confidence and prepares them to become leaders. I feel comfortable and safe here. When I do struggle, I don’t feel alone as I know all faculty and staff are there as a strong backup. I came to Brescia for the Preliminary Program so I could learn to adapt to university life earlier. As a newcomer to Canada, the program created a supportive environment for me to learn and integrate into this new culture. It also prepared me well for the Nutrition and Diets program. I love that my classes are mostly small so I can develop close relationships with my professors and feel comfortable asking questions and expressing my thoughts and opinions.

KARINA CHEUNG KA YAN
Nutrition & Dietetics / Hong Kong

Leadership Studies
YOU’LL BE EMPOWERED to develop your skills and leader character.
YOU CAN EXPERIENCE the Francolin Summer Leadership Experience and apply skills learned in the classroom to solve a real organizational issue.
YOU’RE PREPARED to make positive change in the world around you.
OUR GRADUATES lead in business, government, health care, social services, and media. Their job titles include:
• Community Animator/Piller Nonprofit Network
• Director, Social Media
• Program Coordinator, YMCA
• Financial Advisor/Regional Leader, Edward Jones
• Program Facilitator, Epilepsy Southwestern Ontario
• Candidate, LII, Dogwood Law School

English
YOU’LL BE EMPOWERED to write, edit, teach, or pursue a variety of careers.
YOU CAN EXPERIENCE an academic exchange to England.
YOU’RE PREPARED to apply your well-developed oral and written communication skills in a workplace or graduate program.
OUR GRADUATES find rewarding careers in positions, such as:
• Leader, Health Public Policy, Calgary Health Region
• Director of Communications, Manulife Financial
• Supervisor, Hamilton Regional Police Service
• Writer/Editor, Canadian Marketing Association
• Enterprise Account Manager, Microsoft Canada

FOCUS YOUR STUDIES by choosing the accredited Nutrition & Dietetics module or choose the Food & Nutrition module which allows you more flexibility in your coursework. Narrow your interests by taking courses in the areas of Community & Population Nutrition including Food Safety and Regulation, Food Policy, Food Service Management and Distribution, Food Science, Food Processing, or Food Safety and Regulation.

French
YOU’LL BE EMPOWERED for various careers, from teacher to translator.
YOU CAN EXPERIENCE observing teachers and working with students in Ontario schools.
YOU’RE PREPARED for guaranteed entry into Western's Bachelor of Education program.
OUR GRADUATES hold a variety of job titles, including:
• Senior Officer, Trade Compliance, Canada Border Services Agency
• Librarian, London District Catholic School Board
• Public Relations Officer, Museum of Ontario Archaeology
• French Language Services Coordinator, Ministry of Transportation
• Core French Teacher, Lambton Kent District School Board
• Digital Engagement Specialist, 3M Canada

FOCUS YOUR STUDIES by choosing from various French-focused modules such as French for Teaching.

FOODS & NUTRITION
YOU’LL BE EMPOWERED by experienced, well-known faculty and hands-on learning (in a brand new facility!) in one of Canada’s most highly regarded nutrition programs.
YOU CAN EXPERIENCE hands-on volunteer activities that can help you land a practicum placement.

YOU’RE PREPARED to apply your knowledge of nutrition and food-related subjects to a variety of career and professional programs.
OUR GRADUATES succeed in a variety of roles, including:
• Paediatric Dietitian
• Director of Women’s Marketing, North America, Adobe America
• Infection Control Practitioner, Blue Water Health
• Cancer Information Specialist, Canadian Cancer Society
• Food Specialist, Canadian Food Inspection Agency
• Neuroscience Specialist, Lilly Canada

FOCUS YOUR STUDIES by choosing the accredited Nutrition & Dietetics module or choose the Food & Nutrition module which allows you more flexibility in your coursework. Narrow your interests by taking courses in the areas of Community & Population Nutrition including Food Safety and Regulation, Food Policy, Food Service Management and Distribution, Food Science, Food Processing, or Food Safety and Regulation.

Family Studies & Human Development
YOU’LL BE EMPOWERED to work in a variety of careers, from mediator to educator.
YOU CAN EXPERIENCE remarkable opportunities, such as a hands-on practicum course, that will prepare you for the real world.
YOU’RE PREPARED to pursue graduate or professional education in various disciplines.
OUR GRADUATES hold a variety of job titles, including:
• Relif Counsellor, Elizabeth Fry Society of Peel-Halton
• Executive Director, Meals on Wheels of Ontario
• Family Animator, Pillar Nonprofit Network
• Supervisor, Halton Regional Police Service
• Student Representative, Microsoft Canada

FOCUS YOUR STUDIES by choosing the Nutrition & Families module, which leads to the post-graduation designation of Professional Home Economist (PHEC).
Political Science

YOU’LL BE EMPOWERED to work in a variety of careers in areas such as public policy.

YOU CAN EXPERIENCE a “Women in Civic Leadership” course where you work alongside a local female leader.

YOU’LL BE PREPARED to pursue graduate work in politics or public administration.

OUR GRADUATES succeed in a variety of roles, including:
- Assistant VP, e-Commerce Banking
- President and Founder, Cake Beauty Inc.
- Policy Analyst, DCGFA
- Foreign Service Officer, Ministry of Foreign Affairs
- Manager, Investigations, Mutual Fund Dealers Association of Canada
- Director of Communications and Marketing, London Economic Development Corporation

FOCUS YOUR STUDIES in the new Power in History & Politics, which includes an experiential learning course.

Religious Studies

YOU’LL BE EMPOWERED to search the depths of what it is to be human.

YOU CAN EXPERIENCE opportunities to explore important questions about life.

YOU’LL BE PREPARED to enter graduate and professional programs.

OUR GRADUATES hold various job titles, including:
- Income Processing Associate, Compassion Canada
- Chaplain, Department of National Defence
- Enhanced Language Instructor, London District Catholic School Board
- Social Planner, Social Planning & Research Council of Hamilton
- Teacher, St. Clair Catholic District School Board
- Customer Relations Coordinator, TD Canada Trust

Sociology

YOU’LL BE EMPOWERED to critically evaluate social issues relevant to society.

YOU’LL EXPERIENCE researching social issues of interest to you for your capstone course or complete a practicum placement course.

YOU’LL BE PREPARED to think critically and be socially aware for careers related to policing, corrections, courts, law, social services, and policy, or for further research at the graduate level.

OUR GRADUATES have gone on to rewarding careers as:
- Vice President, Marketing, Banff Television Network
- Representative to the United Nations, Baha’i International Community
- Assistant Manager – Event Planning, London Convention Centre
- Protection and Custodial Care Support Worker, Chatham-Kent Children’s Services
- Compensation Analyst, IBM
- Probation and Parole Officer, Ministry of Children and Youth Services

FOCUS YOUR STUDIES by choosing from modules such as Criminal Justice, Community Development, Community Development in a Global Context, and Crime & Communities.
COMMUNICATION
Excel in oral, written, interpersonal, and group communication skills

CRITICAL THINKING
Rational, informed, independent, and open-minded exploration of issues

INQUIRY AND ANALYSIS
Break down complex issues to arrive at informed decisions

PROBLEM SOLVING
Create and execute strategies to answer questions or achieve goals

SELF AWARENESS AND DEVELOPMENT
Demonstrate honest and fair reflection and self-evaluation

SOCIAL AWARENESS AND ENGAGEMENT
Engage in and contribute to positive change

VALUING
Make decisions and choose actions based on your principles and values

THE BRESCIA COMPETENCIES

FROM YOUR COURSE ASSIGNMENTS TO YOUR VOLUNTEER ACTIVITIES, BRESCIA’S SEVEN COMPETENCIES ARE WOVEN INTO EVERYTHING YOU’LL DO HERE.

What are the Brescia Competencies?
They are attributes that make you an effective leader. Skills that help you solve problems. Abilities that enable you to positively impact the world. Brescia Alumna Lin Yuan-Su explains it best: “What Brescia teaches students is way more than an area of study. When you graduate, you are given wings to fly. Brescia’s Competencies are those wings.”

I choose to lead with kindness.
Every single syllabus at Brescia includes the Brescia Competencies touched on in the course. As a French major, the competencies ‘communication’ and ‘inquiry and analysis’ are especially important to me. I learned quickly that simply translating directly from English into French is not understandable by most native French speakers. I was able to turn to my French classes and teachers at Brescia to learn proper French communication. Of course, as a language major, I am always focusing on the best form of communication in the target language. As for ‘inquiry and analysis,’ I am going to be a secondary school teacher and I plan to use this competency in my own teaching to encourage my students to always ask questions, explore the evidence, and ultimately gain a larger perspective on the world. I feel as though I was born to be a teacher. I found refuge at school. I still remember the teachers who showed passion and empathy for me. They are the reason I strive to be the best teacher I can be.

ANDREA GORDON
Class of 2020 / French / Kingston, Ontario
Faculty of Education, Western University

“Youth are the hope of the future; young people are the leaders of tomorrow.”

Dr. Lauretta Frederking
Vice Principal, Academic Dean, and co-teacher of the Brescia Bold course

THE Brescia BOLD Course: Your First-Year Seminar Experience
Set the stage for university success with Brescia BOLD. IDS 1200A/B, taught by Vice Principal & Academic Dean Dr. Lauretta Frederking, and Associate Academic Dean Dr. John Mitchell. This interdisciplinary course for first-year students prepares you to live well, learn deeply, and lead in service to others.

“I choose to lead with kindness.”

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ANDREA GORDON
Class of 2020 / French / Kingston, Ontario
Faculty of Education, Western University

“They are attributes that make you an effective leader. Skills that help you solve problems. Abilities that enable you to positively impact the world.”

Brescia Alumna Lin Yuan-Su

“Through the Brescia BOLD course, students practice what it means to be part of a civil society and to thrive in a dynamic, diverse, and complex world.”

Dr. Lauretta Frederking
Vice Principal, Academic Dean, and co-teacher of the Brescia Bold course
NEED PROOF THAT BRESCKA LISTENS TO ITS STUDENTS? LOOK AT OUR RESIDENCE.

This $31-million facility was created for students by students. They said they wanted big closets; we gave them 2-by-2-metre closets. They said they wanted big beds; we gave them queen-sized ones and even offer some premium king-sized beds now, too. They said they wanted their own sink; they got it—along with Wi-Fi, fridge, desk, and bookshelves. Oh, and room-darkening blinds, heat and AC control, and a window seat with a view (a really, really great view). Live in residence, and you’ll get all of that, too.

LIVE IN LUXURY

Keeping It Green

We built our residence with you and the environment in mind. From highly efficient heating, cooling, and ventilation equipment to thoughtful placement of operable windows, our residence is a shining example of environmentally responsible development. Our commitment to our students and the planet resulted in an environmental rating of Five Green Globes—the highest possible.

“Living in residence has increased my love for Brescia. Being immersed in a community with so many other amazing women is the experience of a lifetime. I have made lifelong best friends by living in residence.”

Georgia Volland
French for Teaching and Family Studies
Belle River, Ontario

Keeping It Green

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Ask Brescia students what their favourite Mercato foods are and they will likely say, "Everything." That’s what happens when your food services manager received his training at top culinary programs and his experience at a five-star hotel in Italy and Michelin-starred restaurants in England. But we did manage to get a few students to narrow their favourites to:

- KOREAN BI BIM BAP
- CUBANO SANDWICH
- STUFFED PASTA BAR
- CAPRESE FOCCACIA
- BUILD YOUR OWN TACO SALAD BAR
- MIDDLE EASTERN SALAD BAR
- TANDOORI PIZZA
- WARM APPLE OATMEAL BREAKFAST BAKE
- FRESH FRUIT SMOOTHIES

"The Mercato’s welcoming atmosphere makes it a great place to study, eat, and just hang out with friends. The food is fresh and tastes wonderful. There are so many healthy options."

Melissa Milligan
Community Development and Political Science, Bayfield, Ontario

Food allergies or preferences? Miss a dish from home? Let us know. We’ll listen and do our best to accommodate you!
MAKE YOUR HOME

I choose to lead with commitment.

My experience at Brescia has been amazing; I have had the opportunity to interact with people from different countries with different backgrounds and learn a lot of new things from them. Brescia helped me transition to life in Canada through the Bridging Program. I came to campus a week early to get familiar with campus, meet other students, learn to navigate the city and how to get to shopping centres, and get as much settled as I could. Faculty and staff were always ready to help with anything I needed. Brescia really makes sure that every student gets the individual attention they need. All of your professors know you by name, your strengths and weaknesses, and their doors are always open if you need any extra help. Everyone from librarians to academic advisors is there to help you individually and to make sure you succeed in your classes. Brescia helped me get outside of my comfort zone and believe in myself.

PANASHE NYAUDE (pictured above)
Management & Organizational Studies, Health Science / Chitungwiza, Harare, Zimbabwe

Nurture Your Body, Mind, and Spirit

Brescia Campus Ministry is with you on your life’s journey, providing the support and encouragement you need as you discern your life’s direction. We offer a variety of spiritual and leadership opportunities, including pastoral counseling, spiritual direction, and faith exploration. While Brescia is rooted in Catholic faith and tradition, we celebrate diversity of faith. All are welcome.

NO DOUBT ABOUT IT: TRANSITIONING TO UNIVERSITY CAN BE CHALLENGING. YOU CAN COUNT ON US TO DO ALL WE CAN TO HELP YOU FEEL AT HOME.

Our staff and faculty will warmly welcome you and encourage you to get involved. Attending Orientation Week is the perfect way to get off to a great start. Brescia’s Soph Peer Mentor Team (we call them “Sophs”) will be there to enthusiastically greet you and support you. These upper-year mentors are dedicated to helping you during OWeek and throughout your first year at Brescia.

TRANSITIONING TO BREScia

Whether you’re coming to Brescia from another country—or across the city—we have programs in place to help your transition:

Orientation Week: “OWeek” at Brescia and Western is action-packed and known for being amazing. You’ll make new friends, participate in fun activities, and get to know both campuses—before classes even start!

Soph Team: This dedicated group of upper-year students will be there with you during OWeek and beyond—to support and guide you through your first year at Brescia.

International Bridging Program: International and out-of-province students will receive guidance on everything from academics to transportation—even where to eat and shop.

I choose to lead with commitment.

My experience at Brescia has been amazing; I have had the opportunity to interact with people from different countries with different backgrounds and learn a lot of new things from them. Brescia helped me transition to life in Canada through the Bridging Program. I came to campus a week early to get familiar with campus, meet other students, learn to navigate the city and how to get to shopping centres, and get as much settled as I could. Faculty and staff were always ready to help with anything I needed. Brescia really makes sure that every student gets the individual attention they need. All of your professors know you by name, your strengths and weaknesses, and their doors are always open if you need any extra help. Everyone from librarians to academic advisors is there to help you individually and to make sure you succeed in your classes. Brescia helped me get outside of my comfort zone and believe in myself.

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COMMITMENT
they hold. Imagine yourself among them. Sadly, few of our inspiring graduates and the positions over Canada—and the world. Here are just a few leaders. They live, work, lead, and learn all over Canada—and the world. When you graduate from Brescia, you’ll join them. Imagine yourself among them.

Your Brescia education can lead to a fulfilling career, just like it has for:

Hien Ngo, CLASS OF 2016
Sociology | Constable, London Police Service | London, Ontario
“Brescia provided me with many opportunities to grow as a leader. Brescia has the support, resources, and guidance you need to be successful.”

Emily Kichler, CLASSES OF 2015 & 2016
BSc Foods & Nutrition, 2015; MSc Foods & Nutrition, 2017
Associate Food Editor, Chatelaine | Toronto, Ontario
“Brescia inspired in me a passion for my work and the drive to continually learn. It taught me that building strong relationships is key to success.”

Allison Brown, CLASS OF 2015
BSc Foods & Nutrition | Nutrition Specialist (RD), Nestlé Canada
“What stays with me about Brescia is the sense of community. From the small classes to the intimate campus, I felt part of an inspiring community.”

Emma Hammer-Healy, CLASS OF 2014
Management & Organizational Studies | Financial Analyst, General Dynamics Land Systems-Canada | London, Ontario
“Brescia offers relevant courses and real-world learning opportunities. The small class sizes allow for in-depth discussions and interactive learning.”

Ashlan Potts, CLASS OF 2013
Volunteer Program Manager, Feed Nova Scotia | Dartmouth, Nova Scotia
“At Brescia, I learned I was part of something bigger than myself, and that motivates me to give back to my community. That’s unique to Brescia.”

I choose to lead with passion.
My science degree from Brescia is invaluable in my career as a lawyer, particularly as a lawyer in the electrical industry. At Brescia, I was encouraged to look outside the typical career paths for my major and pursue my best fit. I learned leadership skills as the VP of Residence Council in first year and as a representative on Western’s student council. These experiences exposed me to formal, board of director processes, and I gained the confidence to voice my opinion and those of my constituents. I received a supportive, personalized experience at Brescia, which gave me the confidence, knowledge, and skills to pursue my career. What stands out to me are the strong, female friendships that I made at Brescia. I maintain and rely upon those friendships now, more than a decade later. As Data, Strategy and Innovation Consultant with the World Health Organization, I facilitate and implement strategic dialogues with Member States in the Western Pacific Region to develop longer-term health system transformation plans and provide support to the COVID-19 research work. Brescia prepared me for my career by combining an academically challenging environment with an emphasis on values and leadership and by facilitating holistic development, a thirst for knowledge, and a strong desire to leave a positive imprint on the world. Brescia is known for being a trailblazer, and I wanted an education that would make me question my assumptions and beliefs. What stays with me today is the authenticity and engagement of the community, the brilliance and guidance of my professors and the warmest of memories.

Mallika Auplish
Class of 2013 | Sociology from New Delhi, India, currently residing in Manila, Data, Strategy, and Innovation Consultant, World Health Organization

Help Is Here
If you get off track at Brescia, we have the resources to help get you right back on. Our CARE Program, for example, connects you to services and supports before difficulties become overwhelming. If you face significant, complex life circumstances, our Case Management Services will provide confidential care, coordination, and support. If you feel stress about your career path, meet one-on-one with a career advisor at the Student Life Centre or a career peer, an upper-year student leader who is trained to provide on-the-spot resume, cover letter, and LinkedIn profile reviews.
Applying to Brescia

All the information you need to apply to Brescia is available online at brescia.uwo.ca/admissions. Our regular academic term begins in September, although select programs offer start dates in January and May. You can apply to Brescia year-round.

INTERNATIONAL HIGH SCHOOL APPLICANTS

If you’re applying to Brescia from outside of Canada, you will be evaluated under the admission requirements unique to your country and your area of study. For more information, visit brescia.uwo.ca/admissions/international/international_admissions/brescia_requirements.php

INTERNATIONAL BACCALAUREATE APPLICANTS

Admission requirements for the International Baccalaureate (IB) program are as follows:

- Successful completion of the IB diploma
- 8 grades of 7 or above, of which 3 must be at the higher level
- A total grade of 24 (bonus points to a maximum of 3 for the successful completion of the Extended Essay and Theory of Knowledge)
- No grade less than 4
- Offers of early admission are granted to students registered in the IB diploma program in the final year of grade 11 or 12
- Admissions scholarships will be awarded on final diploma results

OUT-OF-PROVINCE HIGH SCHOOL APPLICANTS

If you’re applying from a Canadian province outside of Ontario, you must present admission requirements specific to your province. Conditional offers are extended if you have a minimum of 70% mid-year average. Although limited enrollment programs may require higher admission averages, your admission average is calculated based on your best academic courses, including English. Some programs may require a high grade in math and/or science. Please connect with our Admissions Office to confirm your eligibility. For more information, visit brescia.uwo.ca/admissions/requirement_of_province_high_school.php

ADVANCED PLACEMENT EXAMS

Transfer credits may be granted for Advanced Placement (AP) courses with final examination grades of 4 out of 5. All transfer credits are subject to faculty approval. A maximum of 2.0 courses may be awarded per student.

HOMESCHOOLED APPLICANTS

Brescia welcomes homeschooled applicants, who we assess on an individual basis. You will need to submit the following:

- Transcript of grades
- Standardized testing results (ACT or SAT)
- Portfolio

ENGLISH LANGUAGE PROFICIENCY

You must be proficient in the written and spoken English to be admitted to Brescia. If English is not your first language and you have not lived or studied in an English environment, you will need to provide proof of your English language abilities, such as IELTS, TOEFL, CILS, Cambridge English, and IELTE Academic. Brescia University College offers conditional admission to students who can demonstrate successful completion of English language training through one of our ESL partners, CulturalWorks, Fanshawe College, or the English Language Centre at Western University. To learn more, email our Admissions Office at brescia@uwo.ca.

TRANSFER TO BRESCIA

From College: To be considered for admission, you must have:

- Completed or are currently completing the first year of a General Arts and Science, Pre-Health Science, or Human Service Science Foundations Program with a minimum overall average of 79.5% (3.0 GPA)
- Completed or are currently completing the first year of a General Arts and Science, Pre-Health Science, or Human Service Science Foundations Program with a minimum overall average of 79.5% (3.0 GPA)
- Have necessary prerequisites requirements in math or science, depending on the program to which you apply. Please contact our Admissions team for more information if you are applying to Family Studies (BSc), Foods & Nutrition, Kinesiology, or Management & Organizational Studies

To be considered for potential transfer credit, you must be currently completing or have already completed a two- or three-year diploma from a College of Applied Arts and Technology (CAAT) with a minimum average of 79.5% (3.0 GPA)

From University: If you have a minimum average of 70% at your previous accredited university, you will be considered for transfer to Brescia.

- We will assess your admission eligibility and your previous course work to determine which credits can be transferred.
- Advanced standing may be granted for courses completed at another university with a minimum mark of 70%

- Offers of early admission are granted to students registered in the IB diploma program in the final year of grade 11 or 12
- Admissions scholarships will be awarded on final diploma results

INTERNATIONAL TRANSFER:

- You must have a minimum overall average of 70% at your previous accredited university, you will be considered for transfer to Brescia.
- We will assess your admission eligibility and your previous course work to determine which credits can be transferred.
- Transfer credit is subject to departmental approval

INTERNATIONAL TRANSFER:

- You must have a minimum overall average of 70% at your previous accredited university, you will be considered for transfer to Brescia.
- We will assess your admission eligibility and your previous course work to determine which credits can be transferred.
- Transfer credit is subject to departmental approval

**Admission averages are based on the 2020 admissions cycle. Applicants who meet the minimum average are not guaranteed admission.

<table>
<thead>
<tr>
<th>OUAC Code</th>
<th>Min. Admission Avg.</th>
<th>Available Concentrations of Study</th>
<th>Ontario High School Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>EBA</td>
<td>79.5%</td>
<td>Arts &amp; Humanities</td>
<td>ENB</td>
</tr>
<tr>
<td>BA-EBF</td>
<td>79.5%</td>
<td>Family Studies &amp; Human Development</td>
<td>ENB</td>
</tr>
<tr>
<td>BSc.EBZ</td>
<td>79.5%</td>
<td>Criminal Justice</td>
<td>ENB</td>
</tr>
<tr>
<td>EBH</td>
<td>79.5%</td>
<td>Foods &amp; Nutrition</td>
<td>ENB</td>
</tr>
<tr>
<td>EBP</td>
<td>85%</td>
<td>Physical Education</td>
<td>ENB</td>
</tr>
<tr>
<td>EBO</td>
<td>79.5%</td>
<td>Leadership Studies</td>
<td>ENB</td>
</tr>
<tr>
<td>EBD</td>
<td>79.5%</td>
<td>Community Development</td>
<td>ENB</td>
</tr>
<tr>
<td>EBC</td>
<td>70% based on entire high school transcript</td>
<td>Pre-university courses in</td>
<td>ENB</td>
</tr>
</tbody>
</table>

LEARN MORE ON OUR WEBSITE OR CONTACT OUR ADMISSIONS OFFICERS: W. BRESCIA@UWO.CA/ADMISSIONS | E. BRECIA@UWO.CA | T. 519.858.5151

Brescia University College

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Money Matters

We’re committed to providing the financial assistance you need to make your Brescia education affordable. In fact, we’re known for our outstanding scholarship program. Most of our scholarships are automatic and guaranteed.

AUTOMATIC PROGRAM AWARDS

Art & Humanities Scholarship: $1,500
- Entering Year 1 in an Art & Humanities program
- Minimum 63% average
- Must register in a 0.5 Art & Humanities course at Brescia
- Automatically awarded with offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

Family Studies, Management & Organizational Studies, Social Sciences Scholarships: $250
- Entering Year 1 in Family Studies, Management & Organizational Studies, or Social Sciences program
- Minimum 40% average
- Automatically awarded with offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

Foods & Nutrition Scholarship: $1,000
- Entering Year 1 in Foods & Nutrition program
- Minimum 80% average
- Automatically awarded with offer of admission
- May be held in conjunction with a Brescia Entrance Scholarship

Brescia Entrance Scholarship: $2,000
- Unlimited number of awards given
- Minimum 79.5% average and successful completion of Specialist High Skills Major (SHSM)
- Application required

Brescia LEAD Excellence Award: $5,000
- Unlimited number of awards given
- Minimum 79.5% admission average required
- Application required for Year 2 and onwards

OTHER SCHOLARSHIPS & AWARDS BY APPLICATION

Community Leader Award: $1,000
- Four awards given
- Minimum admission average required for program of study application
- Entering studies at Brescia for the first time
- Awarded to an entering student who demonstrates exceptional volunteer work or leadership roles in their community
- Reference letters required
- May be held in conjunction with a Brescia Entrance Scholarship

Application deadline: June 1, 2021

Brescia Leadership Award: $5,000
- Minimum 79.5% admission average required
- Entering studies at Brescia for the first time
- Awarded on the basis of leadership roles, community service, and academic achievement
- Reference letters required
- May be held in conjunction with a Brescia Entrance Scholarship

Application deadline: May 1, 2021

Bursaries

Canadian students who are new to Brescia may apply for a non-repayable entrance bursary of $500 to $2,000.

Work Study Program

Through paid positions on campus, you’ll receive income and valuable work experience.

OSAP (Ontario Student Assistance Program)

If you reside in Ontario, you may apply for a student loan and grants.

Tuition & Fees

Tuition Fees (Full-Time, Canadian Permanent Resident*)

Preliminary Year: $7,878.15
Year 1: $7,878.15

Tuition Fees (Full-Time, International*)

Preliminary Year: $20,690.75
Year 1: $34,574.15
Year 1 MOS: $42,492.15

* Estimate for tuition fees based on 2020-2021 fees, subject to change. Tuition fees include all student and ancillary fees, including the university health plan for international students.

IB Scholarships are awarded based on final diploma scores (with up to 3 bonus points). All scholarships may continue for up to four years and will be based on final grades.

Residence Fees*

Private room with shared en-suite washroom: $8,570
Private room with private washroom: $9,520
Premium private room (king bed) with private washroom: $9,720
Meal Plan A: $4,320
Meal Plan B: $4,520

Bursaries

Canadian students who are new to Brescia may apply for a non-repayable entrance bursary of $500 to $2,000.

Work Study Program

Through paid positions on campus, you’ll receive income and valuable work experience.

OSAP (Ontario Student Assistance Program)

If you reside in Ontario, you may apply for a student loan and grants.

International Baccalaureate Students

Scholarship Number
Scholarship
Minimum Admission Average
Minimum Diploma Score
Value
Principal’s Entrance Scholarship
Minimum 79.5%
40+
$4,000
Academic Dean’s Entrance Scholarship
Minimum 76.0–79.9%
37–39
$3,500
Brescia Faculty Entrance Scholarship
Minimum 76.0–79.9%
35–36
$3,000
Brescia Entrance Scholarship for Academic Excellence
Minimum 76.0–79.9%
30–34
$2,500
Brescia Scholarship Entrance Scholarship
Minimum 80.0–81.9%
27–29
$1,500
Brescia Merit Entrance Scholarship
Minimum 82.0–83.9%
25–26
$1,000

All scholarships are automatically reassessed based on final grades and may continue up to four years.

I choose to lead with objectivity.

Receiving the Wolfe Family Entrance Scholarship was an incredible honour. The financial support allowed me to be solely focused on my studies, my volunteerism, and my commitment to competitive dance, all of which have been integral elements in my acceptance into graduate studies beyond Brescia. I am forever grateful to Brescia for extending this incredible scholarship to me. It demonstrated that Brescia is truly committed to the success of its students and to helping them realize their potential. They understand the realities that students face and continually work to make university education accessible and affordable for women. Attending Brescia for my undergraduate experience was one of the best decisions I have ever made.

Brescia is a very special place that has left a lasting impact on my life. Tori Daniels

Kinesiology, Bermuda

I choose to lead with objectivity.
OPEN HOUSES
Open Houses are a great way to learn more about Brescia.
We offer:
FALL PREVIEW DAY
Saturday, November 7, 2020
MARCH BREAK OPEN HOUSE
Saturday, March 13, 2021
IMPORTANT DATES
SUNDAY, NOVEMBER 15, 2020
Campus Tours
JANUARY 15, 2021
Deadline for OUAC 101
(Ontario High School) applications
MAY 2021
Brunch with Brescia
JUNE 1, 2021
Deadline for students to accept an
offer of admission (to be guaranteed
a space in your program of choice)

You can take a campus tour Monday
through Friday at 10:30 a.m. and
2:30 p.m. To schedule a tour, contact
us at brescia@uwo.ca or call
519.858.5151. You also can book
a tour online at BREScia.UWOC.A
ADMISSIONS/VISIT_CAMPUS/CAMPUS_ TOURS.PHP

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