

Psych 3209G, Section 530

## Neuroscience of Motivation and Emotion

Dr. Jennifer Hosholey

2016-17

### COURSE DESCRIPTION

An examination of motivation and emotion from a variety of perspectives. Biological, cognitive, developmental, evolutionary, physiological and social approaches to motivation and emotion may be considered.

**Antirequisite(s):** Psychology 2280E

**Prerequisite(s):** [Psychology 2820E](#), or both [Psychology 2800E](#) and [2810](#), or [Psychology 2850A/B](#) and [Psychology 2855F/G](#) and one of [Psychology 2220A/B](#), [2221A/B](#).

**Extra Information:** 3 lecture/discussion hours, 0.5 course.

### COURSE INFORMATION

Instructor:	Dr. Jennifer Hosholey
Lecture:	Thursdays 2:30 – 5:30pm; BR-19
Office:	UH 356
Email:	jmckay6@uwo.ca
Office Hours:	Thursdays 1:30 – 2:30pm, and by appointment
Course Website:	The course website, on Sakai, will have pages with lecture notes/outlines, exam information, a copy of the course outline and other course information. You will be able to check your test and exam marks on the course website.

**COURSE OBJECTIVES:** By the end of the course, students will be able to:

- Describe internal and external sources of motivation (Communication & Critical Thinking)
- Explain current understanding of motivational processes involved in addiction and addictive behaviours, homeostasis, drives (Communication & Critical Thinking)
- Demonstrate an understanding of the impact of stress and coping on normal, healthy functioning, including motivational processes (Communication & Critical Thinking)
- Explain the involvement of arousal, emotion and mood in motivation and their reciprocal relationship with motivation (Communication & Critical Thinking)
- Formulate and support an argument in the field of motivation in a written scholarly essay (Communication, Inquiry and Analysis, Problem Solving)
- Deliver an organized, interesting and engaging presentation on a topic within the field of motivation and emotion (Communication, Inquiry and Analysis, Problem Solving)

**TEXTBOOK: Required:** Deckers, L. (2014). *Motivation: Biological, Psychological and Environmental, 4th edition*. Pearson Allyn & Bacon.

**CLASS SCHEDULE** (subject to change and the addition of occasional supplementary materials – please visit OWL/Sakai often for important updates)

It is best to read the assigned chapter or reading briefly before class, and then return to the text and reread the material more carefully after we have discussed it. In class, I will discuss those parts of the chapter/reading that I feel are the most important, most difficult, or the most interesting and may update and expand upon the topic. For chapters/readings that are on the class schedule you are responsible for the entire chapter, including sections that we do not cover in class. You are not responsible for chapters that do not appear on the class schedule.

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Date	Topic	Chapter/Reading
Thurs. Jan. 5	<b>Introduction to Course and Motivation and Emotion</b>	<b>1</b>
Thurs. Jan. 12	<b>Essay &amp; Presentation Information / Evolutionary Antecedents of Motivation</b>	<b>3</b>
Thurs. Jan 19	<b>The Brain, Addictions and Addictive Behaviours</b>	<b>4</b>
Thurs. Jan 26	<b>Presentations Homeostasis: Temperature, Thirst, Hunger, and Eating</b>	<b>5</b>
Thurs. Feb. 2	<b>Presentations Behavior, Arousal, and Affective Valence</b>	<b>6</b>
Thurs. Feb. 9	<b>Presentations and Midterm Review Session</b>	
Thurs. Feb. 16	<b>Midterm Exam</b>	<b>Covering Chapters 1, 3, 4, 5, 6</b>
Thurs. Feb. 23	<b>No Class</b>	<b>Reading Week</b>
Thurs. Mar. 2	<b>Presentations Stress, Coping and Health</b>	<b>7</b>
Thurs. Mar. 9	<b>Presentations Personality and Self in Motivation</b>	<b>9</b>
Thurs. Mar. 16	<b>Presentations Aggression and Violence</b>	<b>Supplementary Reading</b>
Thurs. Mar. 23	<b>Emotions and Moods</b>	<b>13</b>
Thurs. Mar. 30	<b>Emotions as Motives</b>	<b>14</b>
Thurs. April 6	<b>Review Session Essays Due</b>	

## EVALUATION & EVALUATION SCHEDULE

Course Component	Date	Weight
Presentation	January - March	15%
Midterm Exam	Thursday February 16	20%
Essay	April 6	35%
Final Exam	TBA	30%

There will be a test on Thursday February 16<sup>th</sup> worth 20% of the final grade. The test will be 2 hours long and occur in class. The final exam, worth 30% of the final grade, will occur in the April exam period as scheduled by the registrar. The final exam will be 2 hours in length. The final exam will not be cumulative. Both the test and exam will cover material from lecture, assigned text readings and **presentations**. The format of both the test and the final exam will be multiple choice, fill-in-the-blank, definitions, label the diagram, and short answer.

In addition to the test and final exam, students will be graded on an in-class group or independent presentation (and accompanying discussion & handout worth 15% of the final grade) and an original brief scholarly essay (worth 35% of the final grade).

For the presentations, each individual or pair of students will select a recent, interesting topic in the area of motivation and emotion to summarize and present to the class (three primary articles must be discussed). Presentations will occur in January - March. Presentation length for one person will be 20 minutes + 10 minutes discussion and presentation length for partners will be 25 minutes + 10 minute discussion. Specific details related to the presentations and their grading will be discussed further in class.

For the original brief scholarly essay students will individually examine, a specific topic/issue in motivation/emotion in a paper to be 10 double spaced pages (can extend on the paper explored in the group presentation). The papers are due on April 8<sup>th</sup> at the beginning of class. Specific details related to the papers and their grading will be discussed further in class. Use of the Brescia Writing Center is encouraged very much – it is always helpful to discuss your writing and writing process with a person who is willing to listen – including me! In addition to the wonderful help provided by the writing center, I am also passionate about helping students develop their writing craft!

## **2016-17 BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS**

### **1. POLICY REGARDING MAKEUP EXAMS AND EXTENSIONS OF DEADLINES**

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation. Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete her academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated. Documentation shall be submitted as soon as possible to the student's Academic Advisor indicating the period of illness and when the student should be able to resume academic responsibilities. Students must submit their documentation along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. Appropriate academic accommodation will be determined by the Dean's Office in consultation with the student's instructor(s). Please note that personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are **not** grounds for academic accommodation.

A UWO Student Medical Certificate (SMC) is **required** if a student is seeking academic accommodation on medical grounds. This documentation should be obtained at the time of the initial consultation with the physician/nurse practitioner or walk-in clinic. A SMC can be downloaded from: <http://www.westerncalendar.uwo.ca/2016/pg117.html> The student must request documentation sufficient to demonstrate that her ability to meet academic responsibilities was seriously affected. Please note that under University Senate regulations documentation stating simply that the student "was seen for a medical reason" or "was ill" is **not** adequate to support a request for academic accommodation.

Whenever possible, requests for academic accommodation should be initiated in advance of due dates, examination dates, etc. Students must follow up with their professors and Academic Advisor in a timely manner.

The full policy on requesting accommodation due to illness can be viewed at:  
[http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/accommodation\\_illness.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/accommodation_illness.pdf)

### **2. ACADEMIC CONCERNs**

If you feel that you have a medical or personal problem that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds may not be considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult an Academic Advisor. If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines (refer to the Registrar's website, [www.registrar.uwo.ca](http://www.registrar.uwo.ca), for official dates). You should consult with the course instructor and the Academic Advisor who can help you

consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

The Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory (<http://www.westerncalendar.uwo.ca/2016/pg130.html> )

### **3. ABSENCES**

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work and arrange academic accommodations, if appropriate.

### **4. POLICY ON CHEATING & ACADEMIC MISCONDUCT**

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:  
<http://www.westerncalendar.uwo.ca/2016/pg113.html>

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Students are urged to read the section on Scholastic Offences in the Academic Calendar. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Academic Misconduct in the Western Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Student Services Centre, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

#### **Plagiarism:**

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar).

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

## **5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS**

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal signed by the student must be sent to the Department Chair. If the response of the department is considered unsatisfactory to the student, she may then submit a signed, written appeal to the Office of the Dean. Only after receiving a final decision from the Dean may a student appeal to the Senate Review Board Academic. A Guide to Appeals is available from the Ombudsperson's Office, or you can consult an Academic Advisor. Students are advised to consult the section on Student Academic Appeals under Academic Rights and Responsibilities in the Western Academic Calendar  
(<http://www.westerncalendar.uwo.ca/2016/pg112.html>)

## **6. PREREQUISITES AND ANTIREQUISITES**

Unless you have either the prerequisites for a course or written special permission from your Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s).

Similarly, you will also be deleted from a class list if you have previously taken an antirequisite course unless this has the approval of the Dean. These decisions may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course because you have taken an antirequisite course.

## **7. SUPPORT SERVICES**

The Brescia University College Registrar's website, with a link to Academic Advisors, is at <http://brescia.uwo.ca/academics/registrar-services/>. The website for the Student Development Centre at Western is at <http://www.sdc.uwo.ca/>. Students who are in emotional/mental distress should refer to Mental Health @ Western [http://uwo.ca/health/mental\\_wellbeing/](http://uwo.ca/health/mental_wellbeing/) for information including a complete list of options about how to obtain help.

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Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.