

**PSYCHOLOGY 2301B***Introduction to Clinical Psychology***Lauren Giugno, M.A., RP, CCC****Winter 2018**

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**COURSE INFORMATION****Course Instructor:** Professor Lauren Giugno**Email:** [lgiugno@uwo.ca](mailto:lgiugno@uwo.ca)**Office:** UH 354**Office hours:** Monday 5:30- 6:30pm, after class, or by appointment**Class time and location:** Monday 6:30- 9:30pm, Rm. BR-304, St. James Building**COURSE DESCRIPTION**

This course is intended to introduce students to clinical psychology. Topics covered will include: an overview of the discipline, various aspects of assessment in clinical psychology, treatments and therapies, research and experimentation, ethical and professional considerations, theoretical and emerging paradigms and perspectives.

**Prerequisites:** At least 60% in Psychology 1000.**TEXTBOOK**

Hunsley, J. & Lee, C. M. (2017). *Introduction to Clinical psychology: An evidence-based approach* (4th Ed.). Etobicoke, ON: Wiley. (Required)

- Printed copies of this text are available at the UWO bookstore.
- Electronic copies may be purchased/rented via various online services. Students are responsible to ensure the reliability & legality of these sources.
- A copy of this text will be available on 2-hour reserve at the Beryl Ivey Library

Course readings are drawn primarily from this book. Students are responsible for all content in assigned chapters. Additional readings may be provided as links on course website. Students are strongly encouraged to read all assigned readings prior to the lecture for which they are assigned.

Caution: Previous editions may be in circulation. Please be careful! Course content – including examination material – will rely on the 4th edition.

## Course Website and Emails

Registered students will see the course listed on the course Owl site. Information, handouts, PowerPoint slides, etc., will be posted to the course site. It is the student's responsibility to check the site regularly. You are also required to have an active UWO email account and to use this or to link it to your regularly used email address. **Please note that the primary form of contact for this course will be announcements on Owl, also delivered as email.** You **must**, therefore, make sure that your UWO email account is functioning. Note also that official communications from the university are sent to students' registered UWO email addresses. Not using UWO email is not considered an excuse for not receiving such notifications.

You are responsible for checking the course Owl site and your UWO email on a regular basis for information including requirements for this course. Not receiving an announcement because your email is over quota or a message did not forward from your UWO email account, or because you did not check your email in a timely fashion will not be accepted as an excuse for missing a deadline or failing to complete a course responsibility.

If you need to ask questions it is better to talk to me, so come and see me at classes or in my office. If you choose to use email to contact me, please note that a reply may not be immediate. I do have other responsibilities, and you need allow time for an email to be received and dealt with; this usually will be within 24 hours.

## LEARNING OBJECTIVES

By the end of this course, among other skills and objectives, students should be able to:

- An understanding of clinical psychology as a distinct sub-discipline within the broader field of psychology, and have a foundational understanding of some of the critical issues that are relevant to the various professional and practice considerations of clinical psychologists. **Competencies: Inquiry & Analysis, Problem Solving, Critical Thinking, Communication.**
- Develop a foundational understanding of the assessment, diagnosis, and treatment of various psychological disorders and conditions, from the perspective of clinical psychology, and have a foundational understanding of various psychotherapeutic frameworks. **Competencies: Inquiry & Analysis, Problem Solving, Critical Thinking, Communication.**
- Establish an introductory understanding of research and experimentation, and the relevance of these to Clinical Psychology. **Competencies: Inquiry & Analysis, Problem Solving, Critical Thinking, Communication.**
- Use critical thinking skills to put privileged assumptions up to question, and exercise and strengthen various skills related to the review, critical analysis, and presentation of topics of interest to course content. **Competencies: Critical Thinking, Self-Awareness and**

**Development, Communication, Inquiry & Analysis, Problem Solving, Social Awareness and Engagement, Valuing.**

- Establish a collaborative learning environment that welcomes and encourages group dialogues that are dynamic, passionate, and open-minded **Competencies:**

**Communication, Social Awareness and Engagement, Valuing, Self-Awareness and Development.**

**Notes:**

- (i) "Students may vary in their competency levels on these outcomes. They can expect to achieve these outcomes if they honor course policies, attend classes regularly, complete all assigned work in good faith and on time, and meet all other course expectations of them as students" (Nilson, 2010, p.37).
- (ii) For description of Brescia Competencies, see:  
<http://brescia.uwo.ca/academics/bresciacompetencies/>

**LEARNING ENVIRONMENT**

As an instructor, I will aim to provide students with classes that are optimally engaging, motivating and interesting. In return, I expect students will attend classes and contribute to a collaborative learning experience through completing assigned readings, and engaging in active participation and discussion. I am committed to your learning experience and welcome questions and constructive feedback to ensure the course is valued as useful and rewarding.

**CLASS SCHEDULE**

| <b>Date</b>       | <b>Topic</b>         | <b>Readings</b>   |
|-------------------|----------------------|---|
| <b>January 8</b>  | Introduction         | Chapter 1: The Evolution of Clinical Psychology<br>Chapter 2: Contemporary Clinical Psychology  |
| <b>January 15</b> | Diagnosis            | Chapter 3: Classification and Diagnosis   |
| <b>January 22</b> | Research and Ethics  | Chapter 4: Research Methods in Clinical Psychology<br>Canadian Code of Ethics for Psychologists |
| <b>January 29</b> | <b>EXAM #1 (20%)</b> |   |
| <b>February 5</b> | Assessment I         | Chapter 5: Assessment Overview<br>Chapter 6: Interviewing and Observation                       |

|                    |                                       |  |
|--------------------|---------------------------------------|--|
| <b>February 12</b> | Assessment II                         | Chapter 7: Intellectual and Cognitive Measures<br>Chapter 8: Self-report and Projective Measures |
| <b>February 19</b> | <b>READING WEEK<br/>NO CLASS</b>      |  |
| <b>February 26</b> | Assessment III<br>&<br>Prevention     | Chapter 9: Integration and Clinical Decision- Making<br>Chapter 10: Prevention                   |
| <b>March 5</b>     | <b>EXAM # 2 (25%)</b>                 |  |
| <b>March 12</b>    | Intervention Part I                   | Chapter 11: Intervention Overview  |
| <b>March 19</b>    | Intervention Part II                  | Chapter 12: Adults & Couples<br>Chapter 13: Children & Adolescents                               |
| <b>March 26</b>    | Intervention Part III                 | Chapter 14: Identifying Key Elements of Change   |
| <b>April 2</b>     | Special Topics in Clinical Psychology | Chapter 15: Clinical Health Psychology, Clinical Neuropsychology, and Forensic Psychology        |
| <b>April 9</b>     | <b>Course review</b>                  |  |

## EVALUATION & EXAM SCHEDULE

1. **Exam # 1:** (20%), **Exam # 2:** (25%)

There will be 2 in class examinations, the first on **Monday, January 29th** and the second on **Monday, March 5th**. The exams will cover the lecture material and the assigned readings. The format of the exams will be multiple choice.

2. **Presentation:** 25%

Students will be assigned a group. Together they will investigate a psychotherapy technique/theory. More information will be provided in class and posted to the OWL webpage. Presentations will be assigned throughout the term.

3. **Final Exam:** 30%

The final exam will take place during the April exam period (April 14-30). The format will be multiple-choice, similar to the in-class exams, and will not be cumulative.

Please note that grades **cannot** be adjusted on the basis of need. Your mark in the course will be the mark that you earn. Tests and exams cannot be re-written to obtain a higher mark.

For questions regarding missed tests or exams, see the academic policies section, attached, or consult the professor or an Academic Advisor.

For academic accommodation to be considered for any course component worth less than 10% of the final course grade, it is the responsibility of the student to approach the course instructor(s) in a timely fashion. Documentation may be required to be submitted to the academic advisor. If documentation is required, the request for accommodation will be decided by the academic advisor in consultation with the instructor. If documentation is not required, the instructor will make the final decision. The policies governing requests for academic accommodation for course components worth 10% or more of the course grade are outlined in the Academic Policies section included at the end of the course outline.

## **2017-18 BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS**

### **1. POLICY REGARDING MAKEUP EXAMS AND EXTENSIONS OF DEADLINES**

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation. Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete her academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated. Documentation shall be submitted as soon as possible to the student's Academic Advisor indicating the period of illness and when the student should be able to resume academic responsibilities. Students must submit their documentation along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. Appropriate academic accommodation will be determined by the Dean's Office in consultation with the student's instructor(s). Please note that personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are **not** grounds for academic accommodation.

A UWO Student Medical Certificate (SMC) is **required** if a student is seeking academic accommodation on medical grounds. This documentation should be obtained at the time of the initial consultation with the physician/nurse practitioner or walk-in clinic. A SMC can be downloaded from: [http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/medicalform.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf). The student must request documentation sufficient to demonstrate that her ability to meet academic responsibilities was seriously affected. Please note that under University Senate regulations documentation stating simply

that the student “was seen for a medical reason” or “was ill” is **not** adequate to support a request for academic accommodation.

Whenever possible, requests for academic accommodation should be initiated in advance of due dates, examination dates, etc. Students must follow up with their professors and Academic Advisor in a timely manner.

The full policy on requesting accommodation due to illness can be viewed at:  
<http://westerncalendar.uwo.ca/2017/pg117.html>

## 2. ACADEMIC CONCERNS

If you feel that you have a medical or personal problem that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds may not be considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult an Academic Advisor. If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines (refer to the Registrar's website, <http://brescia.uwo.ca/academics/registrar-services/> or the list of official dates <http://westerncalendar.uwo.ca/2017/pg7.html> ). You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

The Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory (<http://westerncalendar.uwo.ca/2017/pg130.html> )

## 3. ABSENCES

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work and arrange academic accommodations, if appropriate.

## 4. POLICY ON CHEATING & ACADEMIC MISCONDUCT

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:  
[http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf).

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Students are urged to read the section on Scholastic Offences in the Academic Calendar. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Academic Misconduct in the Western Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Student Services Centre, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

### **Plagiarism:**

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar).

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>).

### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

## **5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS**

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal signed by the student must be sent to the Department Chair. If the response of the department is considered unsatisfactory to the student, she may then submit a signed, written appeal to the Office of the Dean. Only after receiving a final decision from the Dean may a student appeal to the Senate Review Board Academic. A Guide to Appeals is available from the Ombudsperson's Office, or you can consult an Academic Advisor. Students are advised to consult the section on Student Academic Appeals under Academic Rights and Responsibilities in the Western Academic Calendar (<http://westerncalendar.uwo.ca/2017/pg112.html>).

Note that final course marks are not official until the Academic Dean has reviewed and signed the final grade report for the course. If course marks deviate from acceptable and appropriate standards, the Academic Dean may require grades to be adjusted to align them with accepted grading practices ([http://www.uwo.ca/univsec/pdf/academic\\_policies/exam/evaluation\\_undergrad.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/exam/evaluation_undergrad.pdf) and [http://www.uwo.ca/univsec/pdf/academic\\_policies/exam/finalgrades.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/exam/finalgrades.pdf)).

## **6. PREREQUISITES**

Unless you have either the prerequisites for a course or written special permission from your Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s).

## **7. SUPPORT**

### **Support Services**

The Brescia University College Registrar's website, with a link to Academic Advisors, is at <http://brescia.uwo.ca/academics/registrar-services/> . The website for the Student Development Centre at Western is <http://www.sdc.uwo.ca/> .

### **Mental Health and Wellness**

Students may experience a range of issues that can cause barriers to your learning, such as increased anxiety, feeling overwhelmed, feeling down or lost, difficulty concentrating and/or lack of motivation. Services are available to assist you with addressing these and other concerns you may be experiencing. You can learn more about mental health and wellness at Brescia at <http://brescia.uwo.ca/life/mental-health-wellness/>. Students who are in emotional/mental distress should refer to Mental\_Health@Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.

### **Sexual Violence**

All members of the Brescia University College community have a right to work and study in an environment that is free from any form of sexual violence. Brescia University College recognizes that the prevention of, and response to, Sexual Violence is of particular importance in the university environment. Sexual Violence is strictly prohibited and unacceptable and will not be tolerated. Brescia is committed to preventing Sexual Violence and creating a safe space for anyone in the Brescia community who has experienced Sexual Violence.

If you or someone you know has experienced any form of Sexual Violence, you may access resources at <http://brescia.uwo.ca/life/sexual-violence/>.

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Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.