

## **Psychology 1000, section 532**

### **Introduction to Psychology**

**Dr. Shelley Cross-Mellor**  
**2018-2019**

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#### **COURSE DESCRIPTION**

An introductory survey of the methods and findings of modern scientific psychology. The following topics will be covered: history and methodology, biological psychology, sensation and perception, learning and motivation, verbal and cognitive processes, developmental psychology, social psychology, individual differences (intelligence and personality), and clinical psychology.

**Antirequisites:** Psychology 1100E, 1200, the former Psychology 020, 022E, 023, 100

#### **COURSE INFORMATION**

Classes: Wednesdays 6:30 – 9:30 pm, BR 136

Instructor: Dr. Shelley Cross-Mellor

Office: UH 356

Email: [scrossmellor@gmail.com](mailto:scrossmellor@gmail.com)

Office Hours: Wednesdays 5:15 – 6:15 pm

Course Website The course website, on OWL, has lecture outline notes, exam information, a copy of the course outline and other course information. You will be able to check your test and exam marks on the course website. Please check this website regularly!

#### **TEXTBOOK (Required)**

Passer, Smith, Atkinson, Mitchell, and Muir. (2017). *Psychology: Frontiers and Applications, Sixth Canadian Edition*. Toronto: McGraw-Hill Ryerson Limited.

The study guide is online through the Connect platform. This is an optional tool for your resource and not required although many students find it extremely helpful. Your access code for the online resource is on a card included in your textbook when purchased new

#### **COURSE OBJECTIVES**

By the end of this course, students should be able to:

- Compare and contrast different theoretical approaches to the study of psychology (*Brescia Competencies: critical thinking; inquiry and analysis; problem solving*)
- Understand psychology as a science, including research design and methodology used to approach the study of psychology (*critical thinking; inquiry and analysis; problem solving*)
- Recognize the different structures of the central and peripheral nervous system and their functions (*Brescia Competencies: critical thinking; inquiry and analysis; problem solving*)
- Understand how language, motivation, and cognition influence behaviour; and the processes involved in human and animal learning (*Brescia Competencies: critical thinking; inquiry and analysis; problem solving*)
- Discover how we develop as individual human beings, with unique capacities and differences in a social context (*critical thinking; inquiry and analysis; problem solving*)
- Critically analyze journal articles, and interpret the findings (*Brescia Competencies: critical thinking; inquiry and analysis; problem solving*)
- Students will also have an opportunity, via voluntary participation, to have an active role in the research process and to experience directly how psychological research is performed (*Brescia Competencies: critical thinking; inquiry and analysis; communication*)

## CLASS SCHEDULE

<b>Date</b>	<b>Topic</b>	<b>Reading</b>
<b><u>First Term</u></b>		
September 12	Introduction & Psychology: The Science of Behaviour	1
19	Studying Behaviour: Research Methods and Statistics	2, Appendix
26	Biological Foundations of Behaviour	3
October 3	Genes, Evolution, and Behaviour	4
10	FALL STUDY BREAK	
17	Review (Chpts 1-4 + Appendix)	
24	<b><i>Fall Midterm</i></b>	<b><i>Chapters 1 – 4+Appendix</i></b>
31	Sensation and Perception	5
November 7	States of Consciousness	6
14	Learning and Adaptation	7
21	Learning and Adaptation	7
28	Memory	8
December 5	Review (Chpts 5-8)	
<b><u>Second Term</u></b>		
January 9	Language and Thinking	9
16	Intelligence	10
23	Motivation and Emotion	11
30	Development Over the Life Span	12
February 6	Review (Chpts 9-12)	
13	<b><i>Spring Midterm</i></b>	<b><i>Chapters 9-12</i></b>
20	READING WEEK	

		Psych 1000.532
27	Behaviour in a Social Context	13
March 6	Personality	14
13	Stress, Health, and Coping	15
20	Psychological Disorders	16
27	Treatment of Psychological Disorders	17
April 3	Review (Chpts 13-17)	

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Topics will be covered in the order given above. *Approximate* lecture dates are listed so that you can keep up with the readings. It is best to read the assigned chapter or chapter section briefly before class, and then return to the text and reread the material more carefully after we have discussed it in class. The lectures will highlight certain aspects of each topic and may include material that is not in the text to update and expand upon the topic. Classes will include lectures, video clips, films, demonstrations and activities to help further understand material. There is not enough time to cover all of the material from the text in class; you are, however, responsible for all of the material from the text as well as material presented in class.

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## **EVALUATION & EXAM SCHEDULE**

**Fall Mid-term Test:** Scheduled for Wednesday October 24, in class. The Fall Mid-term will consist of approximately 75 multiple choice questions - and is worth 20% of your course mark. Questions will be based on material from Chapters 1 – 4 + Appendix and the corresponding classes.

**Mid-year Examination:** To be scheduled by the Registrar for the December Examination Period (December 10 – 21). The Mid-year Exam will consist of approximately 75 multiple choice questions - and is worth 25%. Questions will be based on material from Chapters 5-8 and the corresponding classes.

**Spring Mid-term Test:** Scheduled for Wednesday February 13, in class. This test will consist of approximately 75 multiple choice questions - and is worth 20% of your course mark. Questions will be based on material from Chapters 9 – 12 and the corresponding classes.

**Final Examination:** Scheduled during the Final Examination Period (April 11 - 30). The Final Exam is worth 30% and will contain approximately 100 multiple choice questions based on the text and the corresponding classes (Chapters 13-17).

### **Evaluation Summary:**

Fall Mid-term:	20%
Mid-year Exam:	25%
Spring Mid-term:	20%
Final Exam:	30%
Research participation	<u>5%</u>
	100%

Please note that grades **cannot** be adjusted on the basis of need. Your mark in the course will be the mark that you earn. Tests and exams cannot be re-written to obtain a higher mark and there are no extra credit assignments available.

For academic accommodation to be considered for any course component worth less than 10% of the final course grade, it is the responsibility of the student to approach the course instructor(s) in a timely fashion. Documentation will be required to be submitted to the academic advisor. The request for accommodation will be decided by the academic advisor in consultation with the instructor. If documentation is not required, the instructor will make the final decision. The policies governing requests for academic accommodation for course components worth 10% or more of the course grade are outlined in the Academic Policies section included at the end of the course outline.

Note that if a make-up exam is approved by your academic advisor the format of the exam may be of a different format than the original exam (e.g. including short answer and fill-in-blank questions). Make-up exams are typically held during Brescia's common make-up time of Friday afternoons (1-3pm).

## **RESEARCH PARTICIPATION**

In Psychology 1000, 5% of the overall mark is allocated to participation in Psychology with a “learn about research” theme. Such learning will be either practical or theoretical, allowing participation in research studies or production of short, general papers from reading selected research articles. All students must complete the participation requirement to gain these marks for the course. You may use any combination of papers or being a research subject as below to earn 5%.

### *Theoretical: Analysis of Research*

Students may complete up to five theoretical papers. Students will read journal articles and answer set questions on each article. Members of faculty teaching psychology will choose short, research focused articles to form a set of ten or so from which students may choose which they wish to read. Successful completion of one research paper report will be allocated a mark of 1%.

It is advised that students complete as many theoretical papers as they can early in the Academic Year as this is a time when research participation may not yet be available. Also it will be easier to get a theory paper done early on, rather than waiting until later in the term when you might be busy with research participation.

### *Practical: Research Participation*

Students will be allowed 1% per 30 min of research participation up to a maximum of 5% (2.5 hours). Participation will be rounded up to the nearest half hour; i.e. a 20 min research study will count as one “unit” of participation and be worth 1%, a 40 min session gains 2%. This option gives an opportunity to be involved in the research process and to see how psychological research is performed.

Sign-up for research studies will be done using an on-line booking system. More information regarding this booking system will be provided during the first week of class.

**If you sign up for a study but you cannot attend the scheduled appointment, un-book as soon as possible.** If you cannot attend a scheduled appointment, go online and remove your name so that the scheduled time can be used to work with another participant and so that the researcher does not show up unnecessarily. Be considerate of the researcher and if you sign up, show up.

Most of the research studies that will be available are by Psychology Honours Specialization students who are conducting the research for their Honour's Thesis. All of the research studies posted in the Psychology Research Participation binder have been reviewed and given ethics approval. Only studies included in the Psychology Research Participation website can be used toward the 5% research participation mark in your Psych 1000 course at Brescia. It is unlikely that any honours students will still be recruiting participants after mid-March. Most research studies will be looking for participants in January, February and early March. There may be a few research studies underway in November. Do not leave signing up for research participation too late.

#### Deadlines:

All participation in Psych. 1000 (research participation and theoretical paper or papers) **must be completed by April 3<sup>rd</sup>**. Any research participation or theoretical papers submitted after this deadline will not be considered. **Please note that a hard copy of the theoretical research paper(s) must be received by your instructor – email submissions will not be accepted.** **Note:** No student may be forced to participate in research studies - this is entirely a voluntary action. If you do not feel comfortable with research participation, the alternative is to complete five theoretical papers. All students have the opportunity to gain the full 5% participation mark. If you do not complete the requirements for participation before April 10<sup>th</sup> you will not be allowed to "make up" the lost marks. You are strongly advised to write papers and/or participate in research studies as participation marks cannot be gained in any other way.

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PowerPoint lecture slides and notes, lists of readings, in-class activities, assignment guidelines, and any other components of the course materials are the intellectual property of the instructor.

Unauthorized reproduction through tape-recording, video-recording, photographing, sharing on any social media site, or posting on course-sharing websites is an infringement of copyright and is prohibited. Such action may also be considered a Scholastic Offence, which may lead to sanctions.

Further information on Scholastic Offences is available at:

[http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf).

## 2018-19 BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

### 1. POLICY REGARDING MAKEUP EXAMS AND EXTENSIONS OF DEADLINES

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation.

Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete her academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated.

Students must submit their documentation along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. In cases where there might be an extended absence or serious issue, students should submit their documentation promptly and consult their **Academic Advisor** for advice during their recovery period. Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. Appropriate academic accommodation will be determined by the Dean's Office/Academic Advisor in consultation with the student's instructor(s). Academic accommodation may include extension of deadlines, waiver of attendance requirements for classes/labs/tutorials, arranging Special Exams or Incompletes, re-weighting course requirements, or granting late withdrawals without academic penalty

Please note that personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are **not** grounds for academic accommodation.

A UWO Student Medical Certificate (SMC) is **required** if a student is seeking academic accommodation on medical grounds. This documentation should be obtained at the time of the initial consultation with the physician/nurse practitioner or walk-in clinic. A SMC can be downloaded from: [http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/medicalform.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf) . The student must request documentation sufficient to demonstrate that her ability to meet academic responsibilities was seriously affected. Please note that under University Senate regulations documentation stating simply that the student "was seen for a medical reason" or "was ill" is **not** adequate to support a request for academic accommodation.

The full policy on requesting accommodation due to illness can be viewed at:

[http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_12](http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_12)

### 2. ACADEMIC CONCERNS

If you feel that you have a medical or personal challenge that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds are not normally considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult your Academic Advisor. If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines (refer to the Registrar's website, <http://brescia.uwo.ca/academics/registrar-services/> or the list of official sessional dates in the Academic Calendar, see the Sessional Dates tab at <http://www.westerncalendar.uwo.ca/index.cfm?SelectedCalendar=Live&ArchiveID=> ). You should consult with the

course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

### 3. ABSENCES

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work and arrange academic accommodations, if appropriate and warranted.

It is important to note that the Academic Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory

([http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#SubHeading\\_68](http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#SubHeading_68)).

### 4. SCHOLASTIC OFFENCES

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at:

[http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_20](http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_20).

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Scholastic Discipline for Undergraduate Students in the Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Academic Dean's Office, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

#### **Plagiarism:**

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>).

#### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software

currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

## 5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal is to be sent to the School Chair. If the response of the Chair is considered unsatisfactory to the student, she may then submit a written appeal to the Office of the Dean. If the student is not satisfied with the decision of the Dean, she may appeal to the Senate Review Board Academic (SRBA), if there are sufficient grounds for the appeal. For information on academic appeals you can consult your Academic Advisor or see the Student Academic Appeals – Undergraduate in the Academic Calendar

[http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_14](http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_14).

Note that final course marks are not official until the Academic Dean has reviewed and signed the final grade report for the course. If course marks deviate from acceptable and appropriate standards, the Academic Dean may require grades to be adjusted to align them with accepted grading practices.

## 6. PREREQUISITES

Unless you have either the prerequisites for a course or written special permission from the Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s).

## 7. SUPPORT

### Support Services

The Brescia University College Registrar's website, with a link to Academic Advisors, is at <http://brescia.uwo.ca/academics/registrar-services/>. The website for the Student Development Centre at Western is <http://www.sdc.uwo.ca/>.

### Mental Health and Wellness

Students may experience a range of issues that can cause barriers to your learning, such as increased anxiety, feeling overwhelmed, feeling down or lost, difficulty concentrating and/or lack of motivation. Services are available to assist you with addressing these and other concerns you may be experiencing. You can learn more about mental health and wellness at Brescia at <http://brescia.uwo.ca/life/mental-health-wellness/>. Students who are in emotional/mental distress should refer to Health and Wellness at Western, [http://uwo.ca/health/mental\\_wellbeing/index.html](http://uwo.ca/health/mental_wellbeing/index.html), for information about how to obtain help for yourself or others.

### Sexual Violence

All members of the Brescia University College community have a right to work and study in an environment that is free from any form of sexual violence. Brescia University College recognizes that the prevention of, and response to, Sexual Violence is of particular importance in the university environment. Sexual Violence is strictly prohibited and unacceptable and will not be tolerated. Brescia is committed to preventing Sexual Violence and creating a safe space for anyone in the Brescia community who has experienced Sexual Violence.

If you or someone you know has experienced any form of Sexual Violence, you may access resources at <http://brescia.uwo.ca/life/sexual-violence/>.

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Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.