



## **2260B – Middle Childhood & Adolescence**

### **School of Family Studies & Human Development**

#### **Course Information**

**Course #:** 2260B

**Section #:** 530

**Term:** Winter

**Year:** 2022

**Course Day and Time:** Thursdays 11:30am – 2:30pm

**Course Location:** Synchronously online via Zoom

#### **Instructor Information:**

**Name:** Bridget DeMarchi

**E-mail:** bdemarc@uwo.ca

**Office hours:** Before class or by appointment

**Office location:** Virtual via zoom

#### **Message to Students: Remote Proctoring**

Tests and examinations in this course will be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide personal information (including some biometric data) and the session will be recorded. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western's Remote Proctoring website at: <https://remoteproctoring.uwo.ca>.

#### **Technical Requirements for the course**

- Laptop or computer (not a tablet)
- Stable internet connection
- Working microphone
- Working webcam for exams and to be on camera during regular class lectures
- Quiet location
- Private location or headphones to be able to listen to / respond via zoom

Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation, or the participant has the prior written permission of the instructor.

**\*\*\* Pre-Requisites: Any Family Studies 1000-level course, or permission of instructor \*\*\***

### **Course Description**

This course investigates middle childhood and adolescence, exploring these developmental stages as they intersect with family, society, and cultural contexts.

### **Required Course Materials**

1. Custom Course Package available at the UWO bookstore – denoted as “CCP” in weekly course schedule
2. Komisar, E. (2021). *Chicken Little the Sky Isn't Falling*. Health Communications Inc. ISBN-13: 978-0-7573-2400-0

### **Learning Outcomes**

By the end of this course, students will be able to:

1. Discuss biological, cognitive, social and emotional development across middle childhood and adolescence.
2. Demonstrate knowledge of terminology, concepts and theories associated with middle childhood and adolescence.
3. Identify and explain differences in child development from middle childhood through to adolescence.
4. Identify and discuss communication methods and patterns of interaction that affect the parent-child relationship through this period of development.
5. Reflect upon one's own attitudes and values regarding adolescence.
6. Discuss the influence of family, teachers, peers, media, religion and culture on normal growth and development through this period of development.
7. Discuss potential challenges unique to middle childhood and adolescence, including developmental and social factors and emotional risk factors.
8. Demonstrate knowledge of how parental risk factors impact child development across middle childhood and adolescence.
9. Identify how changing family structures influence growth and development across middle childhood and adolescence.
10. Develop skills in synthesizing Family Studies knowledge while also demonstrating social awareness through engagement inside and outside of the classroom.

### **Brescia Competencies**

**Communication:** the ability to exchange information and meaning across cultures, space, and time appropriately and correctly. This competency includes oral, written, and interpersonal communication, and the ability to use current or innovative media.

**Inquiry and Analysis:** the ability to ask questions, examine issues, and reach informed conclusions by breaking down complex issues, exploring evidence, and describing relationships among persons, things or events.

**Problem Solving:** the ability to create and execute a strategy to answer a question or achieve a goal. Includes being able to anticipate the consequences of a potential solution, select a strategy among several alternatives, and decide when an acceptable outcome has been reached.

**Self Awareness & Development:** the ability to draw meaning, knowledge, and value from honest and fair reflection and self-evaluation. Students are able to recognize their emotions and patterns of thinking, their impact on others, and make a commitment to personal growth through social awareness and engagement.

**Critical Thinking:** the ability to engage in thinking characterized by the rational, informed, independent, and open-minded exploration of issues, ideas, and events before accepting or formulating a conclusion.

### Teaching Methodology

The primary teaching methodology for this course is lecture based content supplemented by in-class experiential learning opportunities and power point slides posted to OWL course site. Where appropriate and time permitted, lecture based content will be enhanced and explored using in-class activities.

### Expectations of Students

#### Expectations of students regarding use of OWL:

All course information (power point slides, syllabus, announcements etc.) will be posted to OWL. It is your responsibility to be using / checking the OWL course site on a regular basis.

#### Expectations of students regarding attendance:

Students are expected in attendance at each class, for the entire duration of the class. Attendance will be taken during each class, for the purposes of earning your participation mark. If you are absent when the attendance is taken, a deduction of 0.5% for the absence will occur. Formal academic accommodation will be required to avoid the penalty. See Academic Accommodation section contained in this syllabus.

#### Expectations of students regarding email:

Do	Do Not
Use email for addressing administrative issues: *arranging a time to meet *reporting a class absence *reporting a missed exam or assignment	Do not use email to ask questions about course material, for example, definitions, differences between theoretical perspectives.  Do not use email to ask questions about testable exam content. (See course syllabus)
Use your UWO email account for all email correspondence	Do not use email to ask me what you missed while you were absent from class. (Consult the course syllabus or a classmate)

Ensure that before you've emailed me, you've checked the course syllabus for the information	Do not use email to submit any assignments. (Use Dean's Dropbox, in hallway outside BR 136)
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### **Expectations of students regarding classroom / zoom etiquette:**

To encourage everyone to stay focussed and minimize distractions to the instructor, cell phones will be turned off or silenced AND stored away during lecture time. Computers are to be used only for course related activities. A quiet location to be at while joining in the zoom class.

If there is a problem with your classroom/ zoom conduct you may be asked to leave for the duration of the lecture.

Please note that given the nature of this course and possible disclosure of personal information and/or issues, recording devices will not be allowed for any portion of the lectures. Please refrain from sharing others' personal information when outside of the classroom forum.

This class will allow many opportunities for class interaction and discussions. I encourage and welcome your active participation. Although we may not always agree with each other, we will treat each other with respect, consideration and warmth.

### **Expectations of students regarding learning resources:**

Taking a vested interest in one's learning is a key to academic success. Some of the specific things that you can do to help with learning in this course and others include: (1) Regularly attending class; (2) Staying on top of your readings; (3) Keeping good lecture and reading notes; (4) Participating in the applied learning exercises; (5) Meeting with your professor during office hours when you need extra help or would like to discuss the course material on a more sustained basis; and, (6) Staying organized and on top of your assignment(s), and developing and executing good study habits (e.g., reviewing your material on a regular basis, without distraction of electronic devices).

### **Expectations of students regarding missed exams:**

Students, who fail to appear for an examination as indicated in the class schedule, will **NOT** be allowed to write a make-up examination unless the steps under academic accommodation have been followed.

If you are absent for an examination and intend to seek academic accommodation, **I require that you send me an email notification the same day that you miss the test**, barring an exceptional extenuating circumstance.

Similarly, missed assignments or participation marks may not be made up later and will result in the reduction of marks unless you receive academic accommodation through an Academic Advisor.

### **Copyright and Intellectual Property**

PowerPoint lecture slides and notes, lists of readings, in-class activities, assignment guidelines, and other components of the course materials are typically the intellectual property of the instructor. Unauthorized reproduction through audio-recording, video-recording, photographing, sharing on

social media, or posting on course-sharing websites is an infringement of copyright and is prohibited. Such action may be considered a Code of Conduct violation and lead to sanctions.

### Evaluation: important information

Reading assigned chapters in full is the expectation for examination purposes. Do not rely only on power point slides.

All exam formats will be multiple choice.

There will not be any make-up examinations or extra work for purpose of improving grades.

Evaluation Breakdown:

Component	Weight	Date/Deadline	Learning Outcome	Brescia Competencies
Audio File	20%	Mar 3 <sup>rd</sup>	2, 4, 5, 6, 8, 9, 10	Communication, Critical Thinking, Inquiry and Analysis, Problem Solving, Self-Awareness and Development, Valuing
Written Assignment	25%	Mar 31 <sup>st</sup>	2, 3, 5, 6, 9	Communication, Critical Thinking, Inquiry and Analysis, Problem Solving, Self-Awareness and Development, Valuing
Midterm Exam	25%	Feb 17 <sup>th</sup>	1, 2, 3, 4	Critical Thinking, Problem Solving
Final Exam	30%	TBD	1, 2, 3, 6, 7, 8, 9	Communication Critical Thinking, Inquiry and Analysis, Problem Solving

### Academic Accommodation

For course components worth 10% or more of the total course grade, please see the Academic Policies and Regulations section at the end of this course outline or consult the Academic Calendar.

### Course Content

Topics will be covered in the order listed and any dates listed are meant as a guideline.

Weekly Organizer:

Class/Topic	Date	Description	Assignments and/or Readings Due
<b>1</b>	Jan 13	Course Introduction and Expectations Cognitive Development in Middle Childhood The New Age of Anxiety	CH 12 (CCP) Kail & Zolner  CH 1 Komisar
<b>2</b>	Jan 20	Letting Your Child Know What's Okay and What's Not Embracing Normal Adolescence: A Three Phase Adventure	CH 7 (CCP) Kolari  CH 2 Komisar
<b>3</b>	Jan 27	Social and Emotional Development in Middle Childhood  Understanding the Adolescent Brain	CH 13 (CCP) Kail & Zolner  CH 3 Komisar
<b>4</b>	Feb 3	The Me to We Connection Integrating Self and Other  Anxiety and Depression: This Can Happen to Anyone's Child	CH 6 (CCP) Siegel & Bryson  CH 5 Komisar
<b>5</b>	Feb 10	The Essence of Adolescence ADHD, Learning Issues, and Social-Development Disorders	CH 1 (CCP) Siegel CH 6 Komisar
<b>6</b>	<b>Feb 17</b>	Exam (25%)	Online via proctortrack at 11:30am
<b>7</b>	Feb 24	Reading Week – No class	
<b>8</b>	Mar 3	Technology, Social Media, Gaming and Gambling Bullying and Social Media <b>Audio File Due by 11:30am (20%)</b>	CH 9 Komisar  CH 10 Komisar

<b>9</b>	Mar 10	A Secure Base: The Importance of Attachment Disordered Eating and Eating Disorders	CH 3 (CCP) CH 7 Komisar
<b>10</b>	Mar 17	Families & Poverty	CH 10 (CCP) plus additional resources posted to OWL
<b>11</b>	Mar 24	Parenting Adolescents and Teens as Parents	CH 10 (CCP) plus additional resources posted to OWL
<b>12</b>	<b>Mar 31</b>	Gender and Sexual Identity Drugs, Alcohol and Vaping <b>Written Assignment Due by 11:30am (20%)</b>	CH 4 Komisar CH 8 Komisar
<b>13</b>	April 7	Looking in the Mirror	CH 11 Komisar

## 2021-22 BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

### 1. POLICY REGARDING ACADEMIC ACCOMMODATION

The complete policy regarding Accommodation for Illness - Undergraduate Students can be found at [https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_12](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_12) .

Students who have long-term or chronic medical conditions which may impede their ability to complete academic responsibilities should seek Academic Accommodation through Student Accessibility Services

([https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_10](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_10) ).

Personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are not grounds for academic accommodation.

Students who experience an illness or extenuating circumstance sufficiently severe to temporarily render them unable to meet academic requirements may submit a request for academic consideration through the following routes:

1. Submitting a Self-Reported Absence form provided that the conditions for submission are met; 2. For medical absences, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner;
3. For non-medical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to their Academic Advisor. Students are encouraged to contact their Academic Advisor to clarify what documentation is acceptable.

#### **Requests for Academic Consideration Using the Self-Reported Absence Portal**

Students who experience an unexpected illness or injury or an extenuating circumstance of 48 hours or less that is sufficiently severe to render them unable to meet academic requirements should self-declare using the online Self-Reported Absence portal. This option should be used in situations where the student expects to resume academic responsibilities within 48 hours. Note that the excused absence includes all courses and academic requirements within the up to 48 hours, it is not intended to provide an excused absence from a single course while students fulfill their academic responsibilities in other courses during that time.

The following conditions are in place for self-reporting of medical or extenuating circumstances: 1. Students will be allowed a maximum of two self-reported absences between September and April and one self-reported absence between May and August;

2. The duration of the absence will be for a maximum of 48 hours from the time the Self-Reported Absence form is completed through the online portal, or from 8:30 am the following morning if the form is submitted after 4:30 pm;



3. The excused absence will terminate prior to the end of the 48 hour period if the student undertakes significant academic responsibilities (writes a test, submits a paper) during that time;
4. Self-reported absences will not be allowed for scheduled final examinations; midterm examinations scheduled during the December examination period; or for final lab examinations scheduled during the final week of term;
5. Self-report absences may not be used for assessments worth more than 30% of any course;
6. Any absences in excess of 48 hours will require students to present a Student Medical Certificate (SMC), or appropriate documentation;
7. Students must communicate with their instructors no later than 24 hours after the end of the period covered by the Self-Reported Absence form to clarify how they will fulfil the academic expectations they may have missed during the absence.

### **Request for Academic Consideration for a Medical Absence**

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation must be made through an Academic Advisor and include supporting documentation. Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated.

The following conditions apply for students seeking academic accommodation on medical grounds:

1. Students must submit their Student Medical Certificate (SMC) along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. An SMC can be downloaded from [http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/medicalform.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf) ;
2. In cases where there might be an extended absence or serious issue, students should submit their documentation promptly and consult their Academic Advisor for advice during their recovery period;
3. Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, scheduled tests or examinations, and other academic requirements;
4. Students must communicate with their instructors no later than 24 hours after the end of the period covered by the SMC to clarify how they will fulfil the academic expectations they may have missed during the absence;
5. Appropriate academic accommodation will be determined by the Dean's Office/Academic Advisor in consultation with the course instructor(s). Academic accommodation may include extension of deadlines, waiver of attendance requirements, arranging Special Exams (make-ups), re-weighting course requirements, or granting late withdrawal without academic penalty.

The full policy on requesting accommodation due to illness can be viewed at:

[http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_12](http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_12)

## 2. ACADEMIC CONCERNS

If you feel that you have a medical or personal challenge that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds are not normally considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult your Academic Advisor ([https://www.brescia.uwo.ca/enrolment\\_services/academic\\_advising/index.php](https://www.brescia.uwo.ca/enrolment_services/academic_advising/index.php) ). If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines; please refer to <http://brescia.uwo.ca/academics/registrar-services/> or the list of official sessional dates in the Academic Calendar (<http://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID=>).

You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

## 3. ABSENCES

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

Please note that for asynchronous online courses, attendance or participation requirements may be different than for synchronous or in-person courses

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work, and arrange academic accommodations if appropriate and warranted.

It is important to note that the Academic Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory

([http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#SubHeading\\_68](http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#SubHeading_68) ).

## 4. SCHOLASTIC OFFENCES

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence at:

[http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_20](http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_20).

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Scholastic Discipline for Undergraduate Students in the Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Academic Dean's Office, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

**Plagiarism:** Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>).

#### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

### **5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS**

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal is to be sent to the School Chair. If the response of the Chair is considered unsatisfactory to the student, they may then submit a written appeal to the Office of the Dean. If the student is not satisfied with the decision of the Dean, they may appeal to the Senate Review Board Academic (SRBA), if there are sufficient grounds for the appeal and if the matter falls within the jurisdiction of the SRBA. For information on academic appeals consult your Academic Advisor or see the Student Academic Appeals – Undergraduate in the Academic Calendar

[http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_4](http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_4).

Note that final course marks are not official until the Academic Dean has reviewed and signed the final grade report for the course. If course marks deviate from acceptable and appropriate standards, the Academic Dean may require grades to be adjusted to align them with accepted grading practices.

## **6. PREREQUISITES**

Unless you have either the prerequisites for a course or written Special Permission from the Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s)

## **7. SUPPORT**

Support Services The Brescia University College Registrar's website, with a link to Academic Advisors, is at <http://brescia.uwo.ca/academics/registrar-services/> . Students can access supports through Brescia's Student Life Centre (<http://brescia.uwo.ca/life/student-life/>) and Learning Skills Services at Western (<https://www.uwo.ca/sdc/learning/>)

### **Mental Health and Wellness**

Students may experience a range of issues that can cause barriers to your learning, such as increased anxiety, feeling overwhelmed, feeling down or lost, difficulty concentrating and/or lack of motivation. Services are available to assist you with addressing these and other concerns you may be experiencing. You can obtain information about how to obtain help for yourself or others through Health & Wellness at Brescia ([https://brescia.uwo.ca/student\\_life/health\\_and\\_wellness/index.php](https://brescia.uwo.ca/student_life/health_and_wellness/index.php)) and Health and Wellness at Western, [http://uwo.ca/health/mental\\_wellbeing/index.htm](http://uwo.ca/health/mental_wellbeing/index.htm)

### **Sexual Violence**

All members of the Brescia University College community have a right to work and study in an environment that is free from any form of sexual violence. Brescia University College recognizes that the prevention of, and response to, Sexual Violence is of particular importance in the university environment. Sexual Violence is strictly prohibited and unacceptable and will not be tolerated. Brescia is committed to preventing Sexual Violence and creating a safe space for anyone in the Brescia community who has experienced Sexual Violence. If you or someone you know has experienced any form of Sexual Violence, you may access resources at [https://brescia.uwo.ca/safe\\_campus/sexual\\_violence/index.php](https://brescia.uwo.ca/safe_campus/sexual_violence/index.php)

Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy, and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.