

# **3300B – Family Life Education** School of Family Studies and Human Development

## **General Information**

Course #: 3300B Section #: 530 Term: Winter Year: 2021-22 Delivery: Online Synchronous Course Day and Time: Mondays 11:30am – 2:30pm Course Location: Synchronously only via Zoom

## Instructor Information

Name: Bridget DeMarchi E-mail: bdemarc@uwo.ca Office hours: Via zoom, before class or by appointment Office location: Virtual via zoom

## Prerequisite: 1.0 Family Studies Course at the 2000-level course, or permission of instructor

# **Message to Students: Report Proctoring**

Tests and examinations in this course will be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide personal information (including some biometric data) and the session will be recorded. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western's Remote Proctoring website at: <u>https://remoteproctoring.uwo.ca</u>

# **Technical Requirements for the course**

- Laptop or computer (not a tablet)
- Stable internet connection
- Working microphone
- Working webcam for exams and to be on camera during regular class lectures
- Quiet location
- Private location or headphones to be able to listen to / respond via zoom

Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation, or the participant has the prior written permission of the instructor.

#### **Course Description**

Theories and practices associated with planning, implementing, and evaluating family life education programs.

#### **Required Course Materials**

There is not a textbook for this course.

All required resources will be available on OWL, or through OMNI library system.

#### Learning Outcomes

- 1. Demonstrate knowledge of terminology, concepts and theories associated with family life education and evaluating family life education programs.
- 2. Identify and explain varying program evaluation methodologies.
- 3. Assess, analysis and discuss family life education programs using the Logic Model, 5 tier model and Formative vs Summative model.
- 4. Reflect and evaluate one's own attitude and values regarding differences, including distinct populations found within the family life education role.
- 5. Discuss family life education planning, needs and potential challenges unique to specific populations: adolescents; older adults; parents and specific developmental areas: sexuality; aging, pregnancy, substance use.
- 6. Identify how changing family structures influence growth, need and development of family life educator role and family education programs.
- 7. Define family life education as a profession and discuss the strengths and challenges in the field of family life education.
- 8. Expansion of skills synthesizing Family Studies knowledge, and presenting it professionally and coherently.

#### Brescia Competencies

**Communication:** the ability to exchange information and meaning across cultures, space, and time appropriately and correctly. This competency includes oral, written, and interpersonal communication, and the ability to use current or innovative media.

**Inquiry and Analysis:** the ability to ask questions, examine issues, and reach informed conclusions by breaking down complex issues, exploring evidence, and describing relationships among persons, things or events.

**Problem Solving**: the ability to create and execute a strategy to answer a question or achieve a goal. Includes being able to anticipate the consequences of a potential solution, select a strategy among several alternatives, and decide when an acceptable outcome has been reached. **Self Awareness & Development**: the ability to draw meaning, knowledge, and value from honest and fair reflection and self-evaluation. Students are able to recognize their emotions and patterns of thinking, their impact on others, and make a commitment to personal growth.

**Valuing:** The ability to make decisions or choose actions based on the consistent application of principles expressing fundamental values that are accepted on account of reason or spiritual insight.

## **Expectations of Students**

#### Expectations of students regarding use of OWL:

All course information (power point slides, syllabus, announcements etc.) will be posted to OWL. It is your responsibility to be using / checking the OWL course site on a regular basis.

#### Expectations of students regarding attendance and Zoom

Students are expected in attendance at each class, for the entire duration of the class and be **on** camera during the synchronous lecture time. Participation in class activities.

Do	Do Not
Use email for addressing administrative issues:	Do not use email to ask questions about course
*arranging a time to meet	material, for example, definitions, differences
*reporting a class absence	between theoretical perspectives.
*reporting a missed exam or assignment	Do not use email to ask questions about
	testable exam content. (See course syllabus)
Use your UWO email account for all email	Do not use email to ask me what you missed
correspondence	while you were absent from class.
	(Consult the course syllabus or a classmate)
Ensure that before you've emailed me, you've	Do not use email to submit any assignments.
checked the course syllabus for the information	(Use Dean's Dropbox, in hallway outside BR 136)

#### **Expectations of students** <u>regarding email:</u>

## Expectations of students regarding <u>classroom / zoom etiquette</u>:

To encourage everyone to stay focussed and minimize distractions to the instructor, cell phones will be turned off or silences AND stored away during lecture time. Computers are to be used only for course related activities. A quiet location to be at while joining in the zoom class.

If there is a problem with your classroom/ zoom conduct you may be asked to leave for the duration of the lecture.

Please note that given the nature of this course and possible disclosure of personal information and/or issues, recording devices will not be allowed for any portion of the lectures. Please refrain from sharing others' personal information when outside of the classroom forum.

This class will allow many opportunities for class interaction and discussions. I encourage and welcome your active participation. Although we may not always agree with each other, we will treat each other with respect, consideration and warmth.

## Expectations of students regarding learning resources:

Taking a vested interest in one's learning is a key to academic success. Some of the specific things that you can do to help with learning in this course and others include:1) Regularly attending class; (2) Staying on top of your readings; (3) Keeping good lecture and reading notes; (4) Participating in the applied learning exercises; (5) Meeting with your professor during office hours when you need extra help or would like to discuss the course material on a more sustained basis; and, (6) Staying organized and on top of your assignment(s), and developing and executing good study habits (e.g., reviewing your material on a regular basis, without distraction of electronic devices).

## Expectations of students regarding missed exams:

Students, who fail to appear for an examination as indicated in the class schedule, will **NOT** be allowed to write a make-up examination unless the steps under academic accommodation have been followed.

If you are absent for an examination and intend to seek academic accommodation, <u>I require that you</u> <u>send me an email notification the same day that you miss the test</u>, barring an exceptional extenuating circumstance.

Similarly, missed assignments or participation marks may not be made up later and will result in the reduction of marks unless you receive academic accommodation through an Academic Advisor.

#### LEARNING RESOURCES

Taking a vested interest in one's learning is a key to academic success. Some of the specific things that you can do to help with learning in this course and others include:

(1) Regularly attending class; (2) Staying on top of your readings; (3) Keeping good lecture and reading notes; (4) Participating in the applied learning exercises; (5) Meeting with your professor during office hours when you need extra help or would like to discuss the course material on a more sustained basis; and, (6) Staying organized and on top of your assignment(s), and developing and executing good study habits (e.g., reviewing your material on a regular basis).

#### Copyright and Intellectual Property

PowerPoint lecture slides and notes, lists of readings, in-class activities, assignment guidelines, and other components of the course materials are typically the intellectual property of the instructor. Unauthorized reproduction through audio-recording, video-recording, photographing, sharing on social media, or posting on course-sharing websites is an infringement of copyright and is prohibited. Such action may be considered a Code of Conduct violation and lead to sanctions.

#### Evaluation

Reading assigned chapters in full is the expectation for examination purposes. Do not rely only on power point slides.

There will <u>not</u> be any make-up examinations or extra work for purpose of improving grades **and as** such, please <u>do not ask me</u>.

Evaluation Breakdown:

Component	Weight	Date/ Deadline	Learning Outcomes	Brescia Competencies
Midterm Exam	30%	Feb 28	1, 2, 3, 4, 5, 6, 7	Communication, level 3; Inquiry & Analysis, level 3; Problem Solving, level 3; Self- Awareness & Development, level 3
Final Exam	30%	ТВА	1, 2, 5, 6, 7, 8	Communication, level 3; Inquiry & Analysis, level 3; Problem Solving, level 3
Small Group Leadership	20%	Mar 28 practice day April 4 <sup>th</sup> for marks	1, 4, 5, 6, 7	Communication, level 3; Inquiry & Analysis, level 3; Problem Solving, level 3; Self- Awareness & Development, level 3; Valuing, level 3
Written Assignment	20%	Feb 14	1, 2, 3, 5, 6, 8	Communication, level 3; Inquiry & Analysis, level 3; Problem Solving, level 3

#### Academic Accommodation

For course components worth 10% or more of the total course grade, please see the Academic Policies and Regulations section at the end of this course outline or consult the Academic Calendar.

For course components worth less than 10% of the total course grade, documentation will be required. Medical or other supporting documentation should be submitted to your Academic Advisor.

#### **Course Content**

Topics will be covered in the order listed and any dates listed are meant as a guideline.

Weekly Organizer:

Class/Wee k	Dat e	Description	Assignments and/or Readings Due
1	Jan 10	Foundations of Family Life Education	Ethical Principles of CFLE What is a Certified Family Life Educator?

2	Jan 17	Role of Educators in Prevention and Reporting of Child Abuse	https://childhealthpolicy.ca/wp- content/uploads/2018/09/RQ-12-18-Summer.pdf http://www.oacas.org/wp- content/uploads/2016/11/7798OPACYMyths-Booklayout- Web.pdf	
3	Jan 24	Program Planning, Design & Evaluation	Program Design and Development, United Way (2016) Program Evaluation: An Overview, Nova South Eastern University (n.d)	
4	Jan 31	Gender & Sexuality in Human Relations	https://www.aptireland.org/wp-content/uploads/2013/05/5- Sexuality-and-the-Good-of-Human-Relationships1.pdfSexuality Education: Emerging Trends in Evidence and Practice, Journal of Adolescent Health 56 (2015) S15eS21Coming Out: A Handbook for LGBTQ Young People, The Trevor ProjectGender and Sexuality Centre	
5	Feb 7	Maternal Health and Pregnancy	https://www.canada.ca/en/public- health/services/publications/healthy-living/maternity- newborn-care-guidelines-chapter-1.htmlHealth Effects of Cannabis Exposure in Pregnancy and Breastfeeding, Public Health Ontario (2018)Exploring interventions to address perinatal mental health in a public health context, Public Health Ontario (2016)Focus On: Alcohol warning labels and FASD, Public Health Ontario (2016)Fetal Alcohol Spectrum Disorder (CDC) https://www.cdc.gov/ncbddd/fasd/facts.html	
6	Feb 14	Older Adulthood: Issues and Intervention	Summary: Guidelines for Comprehensive Mental Health Services for Older Adults in Canada (2017) <u>https://mentalhealthcommission.ca/wp-</u> <u>content/uploads/2021/08/Summary_Senior_Guidelines_Eng.p</u> <u>df</u>	

			Mental Health & Addiction Issues for Older Adults: <u>https://ontario.cmha.ca/documents/mental-health-and-</u> <u>addictions-issues-for-older-adults-opening-the-doors-to-a-</u> <u>strategic-framework/</u> Written Assignment Due by 11:30am (20%)
7	Feb 21	Reading Week	No class
8	Feb 21	Adolescence: Issues and Intervention	The New Age of Anxiety, Chapter 1 Embracing Normal Adolescence, Chapter 2 Understanding the Adolescent Brain, Chapter 3 Komisar (2021)
9	Feb 28	Midterm Exam (30%)	On OWL course site under "Proctortrack" tab, begins at 11:30am
10	Mar 7	Child Maltreatmen t and Connection to Adult Mental Health	https://www.acesaware.org/wp- content/uploads/2020/02/ACE-Questionnaire-for-Adults- Identified-English.pdf https://www.ajpmonline.org/action/showPdf?pii=S0749- 3797%2898%2900017-8
11	Mar 14	Approaches to Relationship and Marriage Education	What is Couple Relationship Education? Why is it Needed? Chapter 1 Halford (2011) Communication. Chapter 6 Halford (2011) Managing Differences. Chapter 8 Halford (2011)
12	Mar 21	Group Leadership and Small Group Dynamics	Understanding Group Dynamics and Systems, Chapter 3 Stages of Group Development, Chapter 4 Multicultural Dimensions of Group Work, Chapter 5 Each from Kottler & Englar-Carlson (2010)
13	Mar 28	Small Group Leadership Exercise Activity for Practice	This will be our practice day for this assignment, will be done live in class, details on OWL. This date is to practice, no marks
14	Apr 4	Small Group Leadership	This will be our practice day for this assignment, will be done live in class, details on OWL. This date is for marks

xercise ctivity for		
ractice L0%)		

#### 2021-22 BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

## 1. POLICY REGARDING ACADEMIC ACCOMMODATION

The complete policy regarding Accommodation for Illness - Undergraduate Students can be found at https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&Select edCalendar=Live&ArchiveID=#Page\_12.

Students who have long-term or chronic medical conditions which may impede their ability to complete academic responsibilities should seek Academic Accommodation through Student Accessibility Services (https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&Selec tedCalendar=Live&ArchiveID=#Page\_10).

Personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are not grounds for academic accommodation.

Students who experience an illness or extenuating circumstance sufficiently severe to temporarily render them unable to meet academic requirements may submit a request for academic consideration through the following routes:

**1**. Submitting a Self-Reported Absence form provided that the conditions for submission are met; **2**. For medical absences, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner;

**3**. For non-medical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to their Academic Advisor. Students are encouraged to contact their Academic Advisor to clarify what documentation is acceptable.

#### **Requests for Academic Consideration Using the Self-Reported Absence Portal**

Students who experience an unexpected illness or injury or an extenuating circumstance of 48 hours or less that that is sufficiently severe to render them unable to meet academic requirements should self-declare using the online Self-Reported Absence portal. This option should be used in situations where the student expects to resume academic responsibilities within 48 hours. Note that the excused absence includes all courses and academic requirements within the up to 48 hours, it is not intended to provide an excused absence from a single course while students fulfill their academic responsibilities in other courses during that time.

The following conditions are in place for self-reporting of medical or extenuating circumstances: **1.** Students will be allowed a maximum of two self-reported absences between September and April and one self-reported absence between May and August;

**2**. The duration of the absence will be for a maximum of 48 hours from the time the Self-Reported Absence form is completed through the online portal, or from 8:30 am the following morning if the form is submitted after 4:30 pm;

**3**. The excused absence will terminate prior to the end of the 48 hour period if the student undertakes significant academic responsibilities (writes a test, submits a paper) during that time;

**4.** Self-reported absences will not be allowed for scheduled final examinations; midterm examinations scheduled during the December examination period; or for final lab examinations scheduled during the final week of term;

5. Self-report absences may not be used for assessments worth more than 30% of any course;

**6.** Any absences in excess of 48 hours will require students to present a Student Medical Certificate (SMC), or appropriate documentation;

**7.** Students must communicate with their instructors no later than 24 hours after the end of the period covered by the Self-Reported Absence form to clarify how they will fulfil the academic expectations they may have missed during the absence.

## Request for Academic Consideration for a Medical Absence

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation must be made through an Academic Advisor and include supporting documentation. Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated.

The following conditions apply for students seeking academic accommodation on medical grounds:

**1.** Students must submit their Student Medical Certificate (SMC) along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. An SMC can be downloaded from **http://www.uwo.ca/univsec/pdf/academic\_policies/appeals/medicalform.pdf**;

**2**. In cases where there might be an extended absence or serious issue, students should submit their documentation promptly and consult their Academic Advisor for advice during their recovery period;

**3.** Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, scheduled tests or examinations, and other academic requirements;

**4**. Students must communicate with their instructors no later than 24 hours after the end of the period covered by the SMC to clarify how they will fulfil the academic expectations they may have missed during the absence;

**5**. Appropriate academic accommodation will be determined by the Dean's Office/Academic Advisor in consultation with the course instructor(s). Academic accommodation may include extension of deadlines, waiver of attendance requirements, arranging Special Exams (make-ups), re-weighting course requirements, or granting late withdrawal without academic penalty.

The full policy on requesting accommodation due to illness can be viewed at: http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&Selecte dCale ndar=Live&ArchiveID=#Page\_12

#### 2. ACADEMIC CONCERNS

If you feel that you have a medical or personal challenge that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds are not normally considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult your Academic Advisor (https://www.brescia.uwo.ca/enrolment\_services/academic\_advising/index.php). If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines; please refer to http://brescia.uwo.ca/academics/registrar-services/ or the list of official sessional dates in the Academic Calendar

(http://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID=).

You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility*.

#### **3. ABSENCES**

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

Please note that for asynchronous online courses, attendance or participation requirements maybe different than for synchronous or in-person courses

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work, and arrange academic accommodations if appropriate and warranted.

It is important to note that the Academic Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory

(http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&Select edCalendar=LiveArchiveID=#SubHeading\_68).

#### 4. SCHOLASTIC OFFENCES

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence at:

http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&Selecte dCalendar=Live&A rchiveID=#Page\_20.

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Scholastic Discipline for Undergraduate Students in the Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Academic Dean's Office, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

**Plagiarism:** Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (http://www.turnitin.com).

#### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

## 5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal is to be sent to the School Chair. If the response of the Chair is considered unsatisfactory to the student, they may then submit a written appeal to the Office of the Dean. If the student is not satisfied with the decision of the Dean, they may appeal to the Senate Review Board Academic (SRBA), if there are sufficient grounds for the appeal and if the matter falls within the jurisdiction of the SRBA. For information on academic appeals consult your Academic Advisor or see the Student Academic Appeals – Undergraduate in the Academic Calendar

 $http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory\&PolicyCategoryID=1\&SelectedCalendar=Live&ArchiveID=\#Page_4.$ 

Note that final course marks are not official until the Academic Dean has reviewed and signed the final grade report for the course. If course marks deviate from acceptable and appropriate standards, the Academic Dean may require grades to be adjusted to align them with accepted grading practices.

## 6. PREREQUISITES

Unless you have either the prerequisites for a course or written Special Permission from the Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s)

#### 7. SUPPORT

Support Services The Brescia University College Registrar's website, with a link to Academic Advisors, is at http://brescia.uwo.ca/academics/registrar-services/ . Students can access supports through Brescia's Student Life Centre (http://brescia.uwo.ca/life/student-life/) and Learning Skills Services at Western (https://www.uwo.ca/sdc/learning/)

#### Mental Health and Wellness

Students may experience a range of issues that can cause barriers to your learning, such as increased anxiety, feeling overwhelmed, feeling down or lost, difficulty concentrating and/or lack of motivation. Services are available to assist you with addressing these and other concerns you may be experiencing. You can obtain information about how to obtain help for yourself or others through Health & Wellness at Brescia (https://brescia.uwo.ca/student\_life/health\_and\_wellness/index.php ) and Health and Wellness at Western, http://uwo.ca/health/mental\_wellbeing/index.htm

#### **Sexual Violence**

All members of the Brescia University College community have a right to work and study in an environment that is free from any form of sexual violence. Brescia University College recognizes that the prevention of, and response to, Sexual Violence is of particular importance in the university environment. Sexual Violence is strictly prohibited and unacceptable and will not be tolerated. Brescia is committed to preventing Sexual Violence and creating a safe space for anyone in the Brescia community who has experienced Sexual Violence. If you or someone you know has experienced any form of Sexual Violence, you may access resources at https://brescia.uwo.ca/safe\_campus/sexual\_violence/index.php

Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy, and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.